Gaylord Hospital is a 137-bed long-term acute care hospital that specializes in the care and treatment of medically complex patients and rehabilitation. Long-Term Acute Care (LTAC) is a recognized designation by the Centers for Medicare and Medicaid Services for hospitals whose average length of stay is at least 25 days. LTAC hospitals provide specialized care services to manage medical conditions, so that patients with catastrophic or acute illnesses and injuries can work toward recovery.

As an LTAC, Gaylord Hospital is staffed and equipped to handle the specific needs of acutely ill or chronically disabled patients who require a hospital level of care. Gaylord Hospital is also able to treat those who need rehabilitation for illnesses or injuries related to the brain and nervous system, bones and joints, lungs, heart and other conditions. This way, we can continue to meet our patients’ needs through every stage of their recovery.

**EXECUTIVE LEADERSHIP BIOS**

**George Kyriacou, M.S.P.H.**  
*President and Chief Executive Officer*

With over 30 years in the healthcare industry, Mr. Kyriacou is experienced in strategic planning, business development, philanthropic fundraising, corporate financing, mergers and acquisitions, and physician recruitment and integration within acute care hospitals and ambulatory centers in the Northeast.

**Stephen Holland, M.D.**  
*Vice President and Chief Medical Officer*

Board certified in internal medicine and emergency medicine, a fellow of the American College of Emergency Physicians as well as the American Professional Wound Care Association, Dr. Holland brings 20 years of medical leadership experience to Gaylord.

**INPATIENT SERVICES**

**MEDICAL DIVISION**

**Medically Complex Program**

The Medically Complex program is for patients with serious medical issues due to illness or injury and who require 24-hour medical and nursing supervision.

**Ventilator Care**

Gaylord’s respiratory staff has acclaimed expertise in the care and weaning of patients from ventilators used for breathing.

**Pulmonary Program**

The Pulmonary program offers services to those with chronic respiratory insufficiency. Patients undergo general conditioning and mobilization programs.

**REHABILITATION DIVISION**

**Brain Injury**

**Neurological Rehabilitation**

**Orthopedics**

**Spinal Cord Injury**

**Stroke**

**OUTPATIENT SERVICES**

Gaylord has more than 40 outpatient services provided by medical specialists and therapy staff aimed to enhance a person’s health and function.

One such comprehensive program is the Gaylord Center for Concussion Care featuring specialty trained experts who provide an individualized concussion management program for teens and adults.

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Gaylord Hospital, located in Wallingford, Connecticut, is New England’s premier long-term acute care hospital (LTACH).

**MEDICAL DIVISION**

**Pulmonary Program**
- Vent Weaning
- Destination Vent Training
- Complex Pneumonia
- Severe COPD
- Chronic Emphysema
- Respiratory Insufficiency
- Tracheostomy Care
- Pulmonary Edema

**Medically Complex Program**
- Sepsis/Infectious Disease
- Congestive Heart Failure
- Post Op complications (cardiac, GI, etc.)
- Complex Wound Care/ Osteomyelitis
- Pre/Post transplant
- Oncology

**REHABILITATION DIVISION**
- Brain injury (Acquired and Traumatic)
- Complex stroke patients with co-morbidities
- Spinal Cord Injury (Illness or injury affecting spinal function)
- Complex Orthopedic Injuries
- Complex Neurological Diagnoses

**CARE TEAM INCLUDES:**
- Medical Staff, includes Hospitalists (on-site 24/7), Intensivists and Physiatrists
- Consultant Specialists
- Nursing
- Respiratory Therapy
- Physical/Occupational/Speech Therapists, including Clinical Specialists in Neuro (NCS), Orthopedic (OCS) and Geriatric (GCS)
- Care Management
- Dietary
- Psychology/Neuropsychology
- Therapeutic Recreation

**CLINICAL CAPABILITIES:**
- Central line insertion and management
- IVs TPN
- Chest tubes LVAD
- High flow O2
- PICC insertion and management
- Telemetry (36 beds)
- Peritoneal and Hemodialysis
- Ventilator weaning and home teaching
- State-of-the-art wound management
- Modified Barium Swallow
- Neurorobotic Therapy, featuring: Myomo| Bioness| Ekso Technology
- Intravenous medication administration protocols (Insulin, Heparin, Cardizem, Milrinone)
- Pain management

**ADDITIONAL ONSITE SERVICES:**
- Pharmacy
- Bronchoscopy
- Laboratory, including ABGs
- Radiology
  - CT Scan
  - Ultrasound
  - X-ray
  - C-ARM
  - PACS

**ADMISSIONS:**
- 203 284-2810
- 203 294-8701 FAX

Katherine Reilly RN, MS, ACM
Director, Admissions and Care Management

Gaylord Farm Road
P.O. Box 400
Wallingford, CT 06492

www.gaylord.org
The Louis D. Traurig House has served as a stepping stone in the rehabilitation continuum of care for 25 years. Traurig House is the only transitional living center for people with acquired brain injury in Connecticut. Located in Wallingford on the Gaylord Hospital campus, the Traurig House is an 8-bed coed facility with an average length of stay of 35 days.

| SERVICES | GOALS |

Residents at Traurig will benefit from a structured environment in order to maximize independence and work towards a specific discharge plan.

They will receive support from staff to remain motivated and achieve the benefits available from both group and individual outpatient therapies. Residents participate in either the Cognitive Day Program or Aphasia Day Program, provided by Gaylord Outpatient Services on the Wallingford campus.

Residents at the Louis D. Traurig House will work toward:

- Maximizing their mobility, communication and thinking skills
- Acquiring the basic skills of independent living
- Regaining the necessary skills for reentering the community

When a brain injured patient has completed inpatient rehabilitation, but is still not ready to go home because of language, physical and or cognitive problems, Traurig House provides the necessary transition to ease the patient from hospital to home.
Outpatient medical and therapy services at Gaylord are devoted to helping people achieve their optimal levels of functioning while resuming independence in the community. In addition to offering physician medical services, Gaylord offers the following services that enhance the care and treatment of our patients:

**SERVICES**

- Adaptive Technology (AT)
- Augmentative and Alternative Communication (AAC)
- Aphasia Treatment
- Aquatic Therapy
- Arthritis Rehabilitation
- Audiology
- Back programs
- Baclofen Pump Management
- Balance and Vestibular Dysfunction Therapy
- Botox Treatment
- Brain Injury Evaluation
- Center for Concussion Care
- Cognitive Day Program
- Communication Disorders
- Electrodiagnostic Testing
- Hand Therapy
- Medical Nutrition Therapy
- Multiple Sclerosis Assessment
- Neuropsychology Evaluation
- Orthopedic Physical Therapy and Sports Medicine, featuring: Graston Technique|Dance Medicine| Pilates|Athletic Training|Aquatics| Intramuscular Manual Therapy (AKA Dry Needling)
- Osteoporosis Therapy
- Neurologically-based Therapy, includes Physical Therapy, Occupational Therapy, Aquatic and Speech Therapy
- Neuro-optometry/Vision Clinic
- Neurorobotic Therapy, featuring: Ekso Technology|Bioness | Myomo
- Pain Management Evaluation
- Post-Polio Assessment
- Prosthetic/Orthotic Evaluation
- Psychology Services
- Pulmonary Rehabilitation
- Rehabilitation Physician Evaluation
- Spasticity Management
- Swallowing Services
- Wheelchair Assessment

**OUR CARE PHILOSOPHY**

Gaylord treats each patient as an individual with individual needs. We respect, listen and work together to help people achieve their optimal level of function.

**CONTACT INFORMATION**

Medical Director:
David Rosenblum, M.D.

Vice President, Operations & Strategy:
Sonja LaBarbera, MSOL, MS CCC-SLP

Practice Manager:
Margaret Kelley, M.A.

Mailing Address:
Gaylord Farm Road
P.O. Box 400
Wallingford, CT  06492
www.gaylord.org

Gaylord Outpatient Locations
Gaylord Physical Therapy Orthopedics and Sports Medicine
8 Devine Street | North Haven
203 230-9226

Gaylord Physical Therapy Orthopedics and Sports Medicine
1154 Highland Ave | Cheshire
203 679-3533

Gaylord Neurologic Medical and Therapy Services
50 Gaylord Farm Road | Wallingford
203 284-2888

Referral FAX 203 294-8705

www.gaylord.org
Gaylord Hospital: A History

Gaylord Hospital was founded in 1902 as a tuberculosis sanatorium and provided long-term treatment during the 50 years when the disease was epidemic. Gaylord's expertise became recognized nationwide, and many well-known individuals - including American playwright Eugene O’Neill - took advantage of its rehabilitative care and services.

In the 1950s, with the discovery of medications that successfully curved the disease's progress, Gaylord turned its expertise to other forms of rehabilitation, beginning with chronic pulmonary disorders, then stroke, brain injury and spinal cord injury. Today, Gaylord is well known among health care professionals throughout southern New England and metropolitan New York.

**Gaylord Sanatorium founded to treat tuberculosis**

**1902**

**1926** Gaylord became the first sanatorium in the country to offer its facilities to the United States Public Health Laboratory National Research Committee

**1948** Gaylord Farm Sanatorium became Gaylord Hospital to address the health care issues of people with chronic illnesses

**1954** Gaylord became New England’s first hospital specializing in comprehensive rehabilitation

**1989** Dedication of The Louis D. Traurig House, a transitional living facility for people with brain injuries

**1996** Gaylord joins the National Handicapped Sports Association

**1997** Acquisition of the New Haven Sleep Disorders Center

**2006** Gaylord partners with Healthtrax Fitness and Wellness to open a state-of-the-art fitness center, housing Gaylord Physical Therapy Orthopedic and Sports Medicine and Gaylord Sleep Medicine

**2008** Gaylord opens the 36-bed Milne Pavilion

**2011** Gaylord is the first hospital in the state to receive funding for a solar thermal hot water heating project

**2012** The Gaylord Center for Concussion Care begins providing comprehensive care for adolescents and adults

**2016** Gaylord Physical Therapy Orthopedic and Sports Medicine opens Cheshire location

[www.gaylord.org](http://www.gaylord.org)