Graston Technique® is recognized and used...

In Leading Colleges and Universities
Georgia Southern University
Indiana University
New York Chiropractic College
Old Dominion University
Palmer College of Chiropractic
Texas Tech University
    Health Sciences Center
University of Indianapolis
University of South Carolina

By Leading Health Care Institutions
ATI Physical Therapy
Jacksonville Orthopedic Institute
Kaiser Permanente
NovaCare Rehabilitation
OSI Physical Therapy
Physiotherapy Associates
Summa Health Systems

In Industry and Entertainment
Cirque du Soleil
Disneyland Entertainment
Naval Special Warfare Groups
Frito Lay
Toyota Family Health Center
U.S. Army Medical Centers

By Amateur Sports Teams
Duke University
Florida State University
Indiana University
Michigan State University
UCLA
University of Alabama
University of Kansas
University of North Carolina
University of Texas
University of Washington
University of Wisconsin
USA Volleyball
U.S. Olympic Training Centers

By Professional Sports Teams
Atlanta Falcons
Cleveland Indians
Indianapolis Colts
Miami Heat
New England Patriots
New York Giants
Philadelphia 76ers
PGA Tour
St. Louis Cardinals
Texas Rangers
Toronto Maple Leafs

GrastonTechnique.com

Help Your Patients Heal Better and Recover Faster.

Refer Them to a Graston Technique® Provider for Treatment of Soft Tissue Injuries.

The Graston Technique® instruments are exempt from FDA regulations.

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Please see the GT website for a complete list.
Graston Technique® effectively breaks down scar tissue and reduces inflammation that causes pain and restricted mobility.

Graston Technique® provides clinicians worldwide with an improved diagnostic and treatment technique for many challenging musculoskeletal conditions. Used by physical and occupational therapists, hand therapists, chiropractors and athletic trainers, stainless steel instruments comb over and “catch” on fibrotic tissue, which immediately identifies areas of restriction. The instruments enable clinicians to treat soft tissue lesions in a precise manner and with greater specificity. Once the tissue dysfunction has been identified, the instruments break up the scar tissue so it can be absorbed by the body.

By incorporating stretching, strengthening and ice in the treatment and rehab process, clinicians can rebuild the soft tissue injury into healthy functioning tissue.

Graston Technique® speeds rehabilitation and recovery, reduces the need for anti-inflammatory medication and allows patients to continue everyday activities. GT gives back the control that often is lost when injury strikes.

GT is Clinically Proven to Achieve Quicker and Better Outcomes in Treating:

- Achilles Tendonitis
- Carpal Tunnel Syndrome
- Cervical Sprain/Strain
- Fibromyalgia
- Lateral Epicondylitis
- Lumbar Sprain/Strain
- Medial Epicondylitis
- Patellofemoral Disorders
- Plantar Fasciitis
- Rotator Cuff Tendonitis
- Scar Tissue
- Shin Splints
- Trigger Finger
- Women's Health (Post-Mastectomy and Caesarean Scarring)

Patients usually receive two treatments per week during a four- to five-week period. Most patients have a positive response by the third to fourth treatment. Historically, the Graston Technique® has had positive outcomes in 75–90 percent of all conditions treated.

If your patients are suffering from challenging musculoskeletal conditions, refer them to a Graston Technique® provider.

For More Information About GT, Contact:

Gaylord Physical Therapy
Orthopedics and Sports Medicine

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