DIRECTIONS to GAYLORD NORTH HAVEN

Pictured below, Gaylord Physical Therapy Orthopedics and Sports Medicine, located in North Haven, Connecticut.

CONTACT US:
Gaylord Physical Therapy Orthopedics and Sports Medicine
8 Devine Street
North Haven, CT 06473
(203) 230-9226 Appointments
(203) 230-9950 FAX

From Hartford via I-91
• Take I-91 south to exit 10 (CT-40N, Mt. Carmel/Hamden).
• Take exit 1.
• Turn left onto Devine Street.
• Take the first right into the driveway.

From Cheshire via Route 10
• Take Route 10 and merge onto the CT-40 south exit in Hamden.
• Take exit 1.
• Turn right onto Dixwell Avenue.
• Turn right onto Hartford Turnpike.
• Turn right onto Devine Street.
• Turn left into driveway.

From New Haven via I-91
• Take I-91 north to exit 10 (CT-40N, Hamden/Cheshire).
• Take exit 1.
• Turn left onto Devine Street.
• Take the first right into the driveway.

From Hartford via Rt 15
• Take Exit 63 (CT-22/North Haven).
• Turn left onto Hartford Turnpike.
• Turn left onto Devine Street (second set of traffic lights).
• Take the first left into the driveway.

From New Haven via Rt 15
• Take Exit 62 (Dixwell Avenue).
• Turn left onto Dixwell Avenue.
• Turn left onto Hartford Turnpike.
• Turn right onto Devine Street.
• Take the left into the driveway.