**How do I know which services I may need?**
If you have recently seen your primary care provider or a specialist, ask them for a referral. A prescription or Gaylord’s Referral Form can be sent via FAX which will prompt Gaylord’s scheduling specialist to contact you. You can also make an appointment to see a Gaylord physician who will prescribe the appropriate services.

**Will my medical insurance cover services?**
Therapy is covered by most commercial insurances, as well as Medicare and Medicaid. Gaylord staff will work with you to verify benefit coverage and will discuss treatment costs that may not be covered by insurance.

**Why are neurological services only available on your Wallingford campus?**
Therapy needs for patients with a neurological diagnosis require space and equipment specifically designed for a successful therapy experience. Combine this environment with our staff who specialize in neurological needs, and this dedicated location contains all you will need to maximize your recovery. Gaylord offers dedicated orthopedic physical therapy and sports medicine services in North Haven.

**What else does Gaylord Specialty Healthcare offer?**
Gaylord Hospital is a specialty hospital that provides inpatient care for complex medical patients needing intensive rehabilitation.

Gaylord provides outpatient physiatry (physical medicine and rehabilitation physicians), audiology, psychology, wheelchair assessment services and the Gaylord Center for Concussion Care. Gaylord sponsors support groups and can provide recommendations when prosthetics, orthotics and rehabilitation equipment are required.

Gaylord Physical Therapy Orthopedics and Sports Medicine, 8 Devine Street in North Haven, specializes in musculoskeletal conditions requiring therapy, sports injuries and return-to-play progression following concussion.

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**Referrals and Appointments**
Appointment requests are available online at outpatientscheduling@gaylord.org or by calling the number below. For more information on services and locations, visit us at www.gaylord.org.

**Location**
Gaylord Hospital and  
Gaylord Outpatient Services  
Neurological Specialists  
50 Gaylord Farm Road  
Wallingford, CT 06492  
203-284-2888 Appointments, Option 1  
203-294-8705 Fax

www.gaylord.org

Use the main entrance at Jackson Pavilion.
Neurological Rehabilitation Center at The Jackson Pavilion on the Wallingford Campus

The 12,500 square foot therapy gym contains state-of-the-art specialized equipment including an RT1300 Stimbike, Biodex Unweighted Gait System, BTE Work Simulator, Visipitch and Walkaide. Our newest neurorobotic additions are Ekso Bionics, which aids those with paraplegia to walk, and Bioness H200 for treatment of hand dysfunction and weakness. The Flagg Pool is available for treatment, as well as a fully functional kitchen and private office space. The therapists work as a team and use the space in creative ways to enhance quality of care.

Patients are encouraged to transition into a post-rehabilitation program using the gym and/or the pool to continue their recovery. Therapists provide recommendations and supervision in these settings.

Gaylord also hosts a large number of support groups for patients recovering from illness or injury which has caused life altering circumstances. Visit www.gaylord.org and click on Patient Information, then Support Groups for more information.

The Gaylord Advantage

Our therapy team includes physical, occupational, and speech therapists. Frequently a physiatrist, a physician specializing in physical medicine and rehabilitation, is part of the treating team.

Our highly skilled staff specializes in treating the following diagnoses:
- Amyothropic Lateral Sclerosis (ALS or Lou Gehrig’s Disease)
- Amputation
- Brain Injury
- Cerebral Palsy
- Concussion management
- Guillain-Barre Syndrome (GBS)
- Multiple Sclerosis (MS)
- Parkinson’s disease
- Spinal Cord Injury
- Stroke and many other conditions

Patients who require a fitting for a prosthetic or orthotic, or need a wheelchair evaluation, can be seen in our dedicated clinics by certified specialists.

Neurological Therapy

Our therapy team includes physical, occupational, and speech therapists. Frequently a physiatrist, a physician specializing in physical medicine and rehabilitation, is part of the treating team.

Our highly skilled staff specializes in treating the following diagnoses:
- Amyothropic Lateral Sclerosis (ALS or Lou Gehrig’s Disease)
- Amputation
- Brain Injury
- Cerebral Palsy
- Concussion management
- Guillain-Barre Syndrome (GBS)
- Multiple Sclerosis (MS)
- Parkinson’s disease
- Spinal Cord Injury
- Stroke and many other conditions

Patients who require a fitting for a prosthetic or orthotic, or need a wheelchair evaluation, can be seen in our dedicated clinics by certified specialists.

What does each therapist specifically do to assist me in regaining function?

The focus for **physical therapy** is to improve a person’s movement, mobility, and strength, in order to restore and promote optimal physical function. Many people find their balance has been affected and will benefit from vestibular rehabilitation.

**Occupational therapy** (OT) helps patients develop or relearn activities of daily living (ADL) and identify the impact the cognitive, visual and or physical changes have had on these tasks. ADL’s can include eating, bathing, dressing, and meal preparation. OT teaches adaptation skills and provides assessments for assistive technology.

**Speech and language pathology**, or speech therapy, determines the extent and severity of a person’s cognitive impairment and affect on communication. Therapists assess memory, language formation, voice and swallow abilities and create a treatment plan. This may include programs to stimulate and improve speaking, reading, writing and comprehension. Technology such as iPads are often used for learning and communication.

For more speech-based programs, see our brochures titled **Aphasia Day Treatment Program** and **Cognitive Day Treatment Program**, or visit our website at www.gaylord.org, click on Services, then Rehabilitation.