How do I know if a physiatrist can help me?
If you have an illness or injury that interferes with your ability to function independently, a physiatrist may be able to help. Ask your doctor or call Gaylord for an appointment.

Where can I see a Gaylord physiatrist?
Physiatry services are available at Gaylord’s main campus in Wallingford. A physician’s referral is not necessary for all insurances, but is required for some. For directions and other contact information, please visit our web site at www.gaylord.org.

Will my medical insurance cover services?
Physiatry is covered by most commercial insurance, as well as Medicare and Medicaid. Gaylord staff will work with you to verify benefit coverage.

What else does Gaylord Specialty Healthcare offer?
Gaylord Hospital is a specialty hospital that provides inpatient care for complex medical patients needing intensive rehabilitation.

Gaylord provides audiology, psychology, wheelchair assessment services and the Gaylord Center for Concussion Care. Gaylord sponsors support groups and can provide recommendations when prosthetics, orthotics and rehabilitation equipment are required.

Gaylord Physical Therapy Orthopedics and Sports Medicine, at 8 Devine Street in North Haven, specializes in musculoskeletal conditions requiring therapy, sports injuries & return-to-play progression following concussion.

Referrals and Appointments
Appointment requests are available on-line at outpatientscheduling@gaylord.org or by calling the number below. For more information on services and locations, visit us at www.gaylord.org.

Location
Gaylord Hospital and Gaylord Outpatient Services
50 Gaylord Farm Road
Wallingford, CT 06492
203 284-2845 Appointments
203 294-8705 Fax
www.gaylord.org

Use the Main Entrance indicating Outpatient Services.
What is a physiatrist?
A physiatrist, (pronounced fizz i’ a trist), is a physician who has received specialized training in physical medicine and rehabilitation (PM&R). PM&R, or physiatry, is the branch of medicine emphasizing the prevention, diagnosis, treatment, and rehabilitation of disorders that produce temporary or permanent problems with function. All of Gaylord’s physiatrists are medical doctors certified by the American Board of Physical Medicine and Rehabilitation.

Can a physiatrist make a difference?
At Gaylord, the major concern of the physiatrist is to restore the patient’s function as completely as possible. Since the physiatrist is concerned with the rehabilitation of the total person - socially, vocationally and medically - the physiatrist contributes substantially to the patient’s quality of life.

How do rehabilitation physicians diagnose?
Rehabilitation physicians utilize standard diagnostic tools, such as medical history, physical examination and imaging studies. They also use electrodiagnostic testing including nerve conduction studies (NCS) and electromyography (EMG) to assist diagnosis. These techniques help the rehabilitation physician to evaluate and to diagnose conditions that cause pain, weakness and numbness.