What do I need to bring to Traurig?
Comfortable clothing and shoes. A washer and dryer are available at the house for residents to use.

Who cooks the meals at Traurig House?
Breakfast and lunch are buffet style and may include hot and cold options. Each resident signs up once a week, as a therapeutic activity, to cook dinner with assistance as needed from the staff. Weather permitting, residents can use the outside patio area and grill. Staff will assist in making sure that special diets are accommodated.

Could insurance pay for my stay at the Traurig Transitional Living Center?
You should discuss your particular insurance coverage with your care coordinator/discharge planner or insurance case manager to determine if you are eligible to participate under your benefit plan.

Can my family visit?
Family and friends are welcome to visit when residents are not in therapy sessions. The best time to visit is typically in the late afternoon or early evening.

What are my weekends going to look like?
Weekend trial visits home are a part of your therapy. These trial visits provide the residents and their families the opportunity to gradually transition to home.

What else does Gaylord Specialty Healthcare offer?
Gaylord Hospital is a specialty hospital that provides inpatient care for complex medical patients needing intensive rehabilitation. Gaylord Hearing Center, Gaylord Center for Concussion Care and physiatry consultations are among the many outpatient services available. Information on all services and support groups available can be found on our website.
How and when do I go to therapy?
Residents have an individualized therapy schedule Monday through Friday. A Traurig House staff member escorts residents to and from therapy as needed, which is provided on campus through Gaylord Outpatient Services.

Can I watch television?
Yes, there are three television sets in the house. One is in the family room and two are in smaller lounges located at each end of the house. You are welcome to watch TV whenever you have free time. Netflix is available as well as a Wii gaming system.

Is there a computer with Internet access?
Yes, you will have access to the computer and Internet when you are not at therapy. There is also free wireless access if you want to bring your own laptop or smartphone. Ipad activities are provided as an adjunct to your therapies as suggested by your speech or occupational therapist.

Do I go out on any trips?
Residents involved in the Day Treatment Programs have a weekly out trip as part of their therapy schedule. Residents participate in planning their evening activities with house staff which include community out trips, such as going to the movies.