Meet Our Physical Therapists ► Cheshire Team

**Jacob Hunter PT, MSPT, OCS**
Manager for Orthopedics and Sports Medicine
- Master’s of Science in Physical Therapy from University of Hartford
- Board Certified Orthopedic Specialist
- Integrative Dry Needling provider
- Selective Functional Movement Assessment
- Graston Technique provider

**Philip Silverio PT, DPT, OCS**
Team Leader
- Doctorate of Physical Therapy from Sacred Heart University
- Board Certified Orthopedic Specialist
- Section member of Orthopedics and Sports Physical Therapy through the American Physical Therapy Association
- Advanced Manual Therapy trained (NAIOMT)
- Functional Dry Needling provider
- Selective Functional Movement Assessment

**Eric Sokolowski PT, DPT**
- Doctorate of Physical Therapy from University of Hartford
- Section member of Orthopedics and Neurology through the American Physical Therapy Association
- Advanced Manual Therapy trained (NAIOMT)
- Functional Dry Needling provider

**Eric Lagoy PT, DPT, OCS**
- Doctorate of Physical Therapy from University of Connecticut
- Board Certified Orthopedic Specialist
- Integrative Dry Needling provider
- Only official Clinical Athlete provider in Connecticut
- Integrative Dry Needling provider

**Jennifer Adams PT, DPT, CPT, CSCS**
- Doctorate of Physical Therapy from Nazareth College
- Certified Personal Trainer, American Council on Exercise
- Certified Strength and Conditioning Specialist

**Kate Grevelding PT, DPT, ATC, OCS**
- Doctorate of Physical Therapy from Massachusetts General Hospital Institute of Health Professions
- BSEd from the University of Virginia in Sports Medicine
- Board Certified Orthopedic Clinical Specialist
- Certified and licensed Athletic Trainer
- Member of the National Athletic Trainers Association
- Adjunct professor at Quinnipiac University
- Integrative Dry Needling provider

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Open 7am-7pm Monday-Thursday and 7am-5pm Friday

www.rehabwithapro.org
SPECIALTY TREATMENT TECHNIQUES

- Advanced Manual Therapy Techniques
- Medical Exercise Therapy
- Aquatic Therapy
- Pilates & Dance Medicine
- Graston Technique

- Selective Functional Movement Assessment
- Taping Techniques including Kinesio Taping
- Dry Needling/Intramuscular Manual Therapy
- Mechanical Traction
- Orthotic Assessment
- Temporomandibular Disorders