Year in Review
2019

The Sports Association is dedicated to improving the lives of individuals with physical disabilities and visual impairments through adaptive sports and recreation.

The Sports Association has completed its 24th year of providing adaptive sports and recreation to individuals with physical disabilities and visual impairments. Each year, we strive to reach as many individuals as possible, while providing a diverse, high quality adaptive sports program. 2019 proved to be another fantastic year of adaptive sports with new adventures and accomplishments.

15
Different adaptive sports offered

242
Individual athletes served in 2019

210
Adaptive sports opportunities, including 95 events (46 clinics, 28 club events, 18 classes, 3 Discovery Nights and trainings), 74 sports team practices and 41 competitive opportunities.

157
Volunteers who helped to run our programs

73%
Percent increase in participants over the past 6 years

33
Number of media features for 13 different events

61
Number of injured military veterans who joined our programs

15
Coaches and instructors

496
Hours of adaptive sports programming

717
Number of individuals served over the past 5 years!
Persons Served

- 3% Spina Bifida
- 5% Cerebral Palsy
- 5% PTSD
- 6% Visual Impairments
- 10% Traumatic Brain Injury
- 10% Amputee
- 16% Stroke
- 18% Other
- 27% Spinal Cord Injury

Demographics

- 72% Male
- 28% Female

- 14% Age 30 and under
- 52% Ages 30-60
- 34% Age 60 and older

Sports Offered

- Archery
- Boccia
- Cycling
- Fishing
- Golf
- Kayaking
- Para Dance Sport
- Paratriathlon
- Rock Climbing
- Sled Hockey
- Wheelchair Rugby
- Wheelchair Tennis
- Water Skiing
- Yoga

Programs

- Adaptive Sport Clinics
- Club Sports
- Competitive Teams
- Classes
- Tournaments
- Special Events

Competitive Teams & Programs

- Gaylord Wolfpack Sled Hockey Team
- Gaylord Sports Association Jammers
- Wheelchair Rugby
- Gaylord Sports Association Hornets
- Tennis Team
- Paratriathlon Training Program

“The Sports Association turns disability into ability.”
Program Highlights 2019

New in 2019

- The Sports Association was able to purchase a Paramobile, also called the Paragolfer, which is an all-terrain wheelchair that raises the user into a standing position, allowing a more conventional golf swing.
- Partnered with the Fred Astaire Dance Studio in West Hartford to offer a Para Dance Sport clinic.
- Held our annual Adaptive Cycle Clinic at Southern Connecticut State University’s Moore Field House, a new indoor location.
- Partnered solely with STRIDE Adaptive Sports and Ski Sundown in New Hartford, CT for our adaptive ski and snowboard program.
- Offered an expanded Adaptive Cycle program including increased individual cycle fittings and additional rides specifically for new participants.
- Katie Joly, Sports Association Program Manager, was recognized by the Hartford Business Journal as a Healthcare Hero.

Special Events

- Hosted the 2nd annual SMASHBOWL, able bodied Wheelchair Rugby Tournament, in conjunction with Southern Connecticut Statue University.
- The Gaylord Rugby Invitational Wheelchair Rugby Tournament hosted teams from around the northeast at the Sports & Medical Sciences Academy in Hartford, CT.
- Introduced adaptive cycling to 18 participants during the annual Adaptive Cycle Clinic held at Southern Connecticut State University in May 2019.
- Our annual Adaptive Climbing Clinic at Prime Climb enabled eighteen participants to challenge themselves and reach new heights.

Veterans Programs

- 61 Veterans joined the Sports Association for programs in 2019.
- Hosted two 25-boat Veteran’s Fishing Tournaments in collaboration with the CT BASS Nation and the Maj. Steven Roy Andrews Fishing Outreach Program.
- Offered a 6-week Golf Class for Veterans at Sleeping Giant Golf Course.

gaylord.org/sports
Thank You

Sports Association programs are fully funded through individual donors, corporate sponsors, grants and fundraising events. Without the generous support from our donors and the efforts of the fundraising committees, our programs would not be possible. Thank you to the Gaylord Hospital Development Department, the Gaylord Golf Classic Committee and the Gaylord Gauntlet Committee for their dedication and fundraising efforts. Every donation, small or large helps to support our mission to improve the lives of persons with physical disabilities through adaptive sports and recreation. Although we can’t list all our donors here, we appreciate each and every donation and thank all our supporters for making this program POSSIBLE!

Fundraising Events

The Gaylord Golf Classic was held in June and is our premier fundraising event. Thanks to our dedicated committee, sponsors and donors, $73,000 was raised for the program!

The sixth running of the Gaylord Gauntlet, a 5K obstacle trail run, was held in June 2019. The Sports Association’s team conquered the course with adaptive athlete, Jason Ross. Almost 1000 athletes competed in the event, which raised $82,000 for the Sports Association!

We Thank All Our Sponsors And Donors for Their Dedication and Support

Income

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Program Revenue</td>
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<tr>
<td>Fundraising Events</td>
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<td>Sponsorships &amp; Donations</td>
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<tr>
<td>Grants</td>
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<tr>
<td>Endowments</td>
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We are grateful for the support of our partners and sponsors. In addition to our primary sponsors, we also gratefully acknowledge the contribution of our In-Kind Donors & Program Partners.

We Thank All Our Sponsors And Donors for Their Dedication and Support

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Prime Climb
Sleeping Giant Golf Course
Southern Connecticut State University
Sports and Medical Sciences Academy
Ti-Trikes
The Farms Country Club
Valley Shore YMCA
Westminster School
Wilson-Gray YMCA, Hartford
Winding Trails

*A complete list of sponsors and donors is included in the Gaylord Annual Gift Report

To make a donation, please visit www.gaylord.org/donateSA
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