GET INVOLVED

JOIN
Joining the Sports Association is EASY and FREE. To learn more about our programs and how to join, visit our website or call today.

VOLUNTEER
Our programs are made possible with help from over 150 volunteers each year. Volunteering your time will help make a difference in the lives of others.

DONATE
Sports Association programs are made possible through generous funding from individual donors, corporate sponsors and grants. Making a donation or attending a fundraising event will help support our programs.

OUR MISSION
We are dedicated to improving the lives of persons with physical disabilities through adaptive sports and recreation.

OUR VISION
The Sports Association strives to provide diverse and high quality adaptive sports and recreation programs, support Paralympic progression, and offer opportunities for our members to experience adaptive sports and recreation.

“"The Sports Association has shown me that 'I CAN'. I CAN have ability...I CAN be strong...I CAN build self-confidence...I CAN BE ME!""

CONTACT INFORMATION
Gaylord Sports Association
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About the Sports Association
For over twenty years, the Sports Association has been dedicated to helping people with physical disabilities experience the benefits of adaptive sports and recreation. We offer the most diverse adaptive sports program in the state of Connecticut with over a dozen different sports. Programs range from introductory clinics to competitive sports teams.

Our team of dedicated staff, coaches and volunteers provide instruction, adaptive equipment and activity modification with an individualized approach to maximize the independence of each participant. We strive to provide a safe, fun and supportive environment for all participants and their families. Instruction is based on each participant’s level of ability and skill. We welcome everyone from casual beginners to competitive athletes.

Our goal is to assist participants in gaining the confidence, independence and skills to meet their adaptive sports goals. We believe adaptive sports can inspire individuals to overcome obstacles and lead a happier and healthier life.

Athletes of All Abilities
We serve individuals ages 16 and up with a permanent physical disability or visual impairment. Our members include people who have experienced a spinal cord injury, amputation, stroke, traumatic brain injury, multiple sclerosis, spina bifida, visual impairment, neurological condition and other physical disabilities. Veterans who meet our criteria are encouraged to participate.

Sports Offered
- Alpine Skiing
- Archery
- Boccia
- Cycling
- Curling
- Golf
- Kayaking
- Paratriathlon
- Rock Climbing
- Sled Hockey
- Tennis
- Veteran’s Fishing
- Water Skiing
- Wheelchair Rugby
- Yoga

Our Programs
Introductory Clinics: Hands-on experience and expert instruction to learn or re-learn a sport.
Discovery Nights: Presentation highlighting information and resources on a specific sport.
Clubs: Join a group to practice a specific sport during scheduled sessions.
Instructional Classes: Learn and develop new skills in a specific sport during scheduled sessions.
Veteran’s Programs: SAVES, Sports Association Veteran Events Series, offers a variety of programs specifically for veterans, including those with PTSD.

Competitive Opportunities:
- Gaylord Jammers Wheelchair Rugby Team
- Gaylord Hornets Wheelchair Tennis Team
- Gaylord Wolfpack Sled Hockey Team
- Paratriathlon Training Program
- Ken Murphy Memorial Open (KMMO) – A golf tournament for golfers with a disability.
- CT Classic Wheelchair Rugby Tournament

Fundraising Events
Gaylord Golf Classic – Our premier fundraising event located at the Farms Country Club in Wallingford, CT.
Gaylord Gauntlet – An exciting 5K obstacle mud run on the Gaylord campus in Wallingford, CT.

www.gaylord.org/sports