

# Physical Therapists

## WALLINGFORD TEAM

**Sarah Carpenter, PT, DPT**

- Doctorate of Physical Therapy, University of Connecticut
- Member of both inpatient and outpatient staff
- Special areas of interest include treating patients with strokes and brain injuries
- Joined Gaylord in 2019

**Nicole Frey, PT, DPT, NCS**

- Doctorate of Physical Therapy, Quinnipiac University
- Board certified Neurologic Clinical Specialty (NCS)
- LSVT BIG Certified
- Special interest in patients with stroke, brain injury, and Parkinson's
- Joined Gaylord 2022

**Victoria De La Rosa, PT, DPT**

- Doctorate of Physical Therapy, Quinnipiac University
- BlazeSports America Certified Adaptive Recreation and Sports Specialist Level I
- APTA and ANPT SIG Member
- Enjoys running, yoga, and spending time with friends and family

**Sue Goldstein, PT**

- Bachelor of Science in Physical Therapy, University of Connecticut
- Advanced training and specializes in aquatic therapy
- One of the founding members of Gaylord's Aquatic Therapy Program
- Rehabilitation Specialist in acquired brain injury
- Stroke Program Committee Member
- LSVT BIG Certified
- Experience treating both children and adults
- Joined Gaylord in 1985

**Katelyn Donohue, PT, DPT**

- Doctorate of Physical Therapy, University of Hartford
- Special areas of interest include patients with spinal cord injury or amputations
- Member of the APTA
- Joined Gaylord in 2018

**James Harkin, PT, DPT**

- Doctorate of Physical Therapy, University of Hartford
- Special areas of interest in the neurological population including TBI, SCI and CVA
- Joined Gaylord in 2021

**Kimberly Eisen, PT, DPT**

- Doctorate of Physical Therapy, University of Hartford
- Co-facilitates the Amputee Support Group
- Completed a clinical rotation at the Mayo Clinic
- Joined Gaylord in 2016

**Danielle Letendre, PT, DPT**

- Doctorate of Physical Therapy from Springfield College
- Research Graduate Assistant for the Springfield College Physical Therapy Department
- Special interest in working with lower extremity strengthening, neck mobility, concussion and vestibular needs
- Enjoys exercising, hiking, kayaking and spending time with family and friends



### **Ingrid Marschner, PT**

- Bachelor of Science in Physical Therapy, University of Connecticut
- Advanced training in aquatic therapy
- Experienced with treating orthopedic and neurological conditions
- Joined Gaylord in 1994



### **Jennifer Schuster, PT, DPT, CPT, CSCS**

- Doctorate of Physical Therapy, Nazareth College
- Special areas of interest include post concussion care and return to sport rehabilitation
- Member of National Strength and Conditioning Association
- Experience working with outpatients with orthopedic conditions
- Joined Gaylord in 2017



### **Erika Ozdemirer, PT, DPT, NCS**

- Doctorate of Physical Therapy, University of Hartford
- Board certified Neurologic Clinical Specialty (NCS)
- Level III clinical expert for patients with spinal cord injury
- Member of the exoskeleton team
- Board member of the Spinal Cord Injury Association of CT (SCIACT)
- Facilitator for the Spinal Cord Injury Support Group
- Dry Needling Certified
- Joined Gaylord in 2010



### **Annette Theis, PT, MSPT**

- Master of Science in Physical Therapy, Sacred Heart University
- Advanced training in neurophysiological techniques including Neuro-Developmental and Maitland Australian Physiotherapy
- Special areas of interest include the use of aquatic therapy as a treatment modality
- Joined Gaylord in 2006

## Our Outpatient Services include **treatment for a wide range of medical and neurological conditions** including:

- Spinal cord injuries and illness
- Brain injuries, concussions and stroke
- Acute/chronic pain
- Sports injuries
- Pulmonary conditions
- Amputations
- Prosthetic and orthotic assessments
- Parkinson's disease
- Multiple Sclerosis
- ALS
- Guillain-Barré Syndrome
- Vestibular disorders
- Wheelchair usage/assessment



**Wallingford**  
50 Gaylord Farm Road  
(203) 284-2888

**North Haven**  
8 Devine Street  
(203) 230-9226

**Referral Fax** (all locations): (203) 294-8705

**Gaylord Outpatient Services** is part of **Gaylord Specialty Healthcare** - a rehabilitation-focused health system headquartered in Wallingford, Connecticut. The system provides care for people at every point in their journey to maximum recovery. Within the 30+ programs offered in Outpatient Services, we help people face a wide variety of medical and neurological conditions