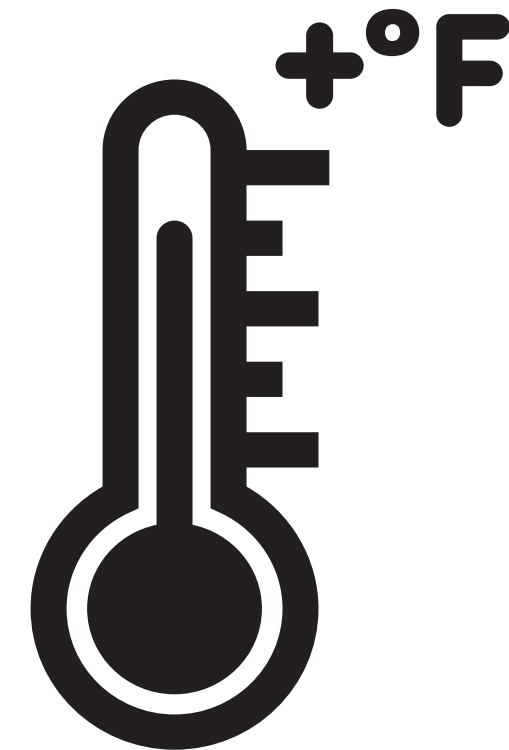


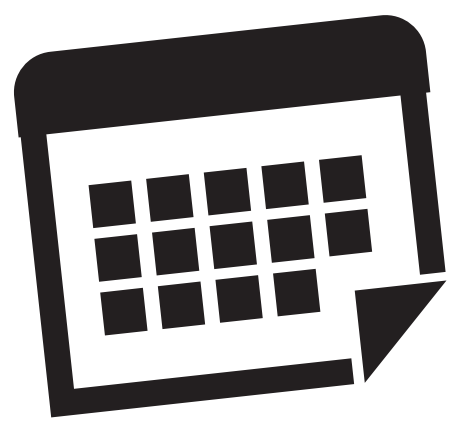
CRITERIA FOR PARTICIPATION & SCREENING PROTOCOLS



All staff and participants will be screened for symptoms



Temperature screening must be under 100.4

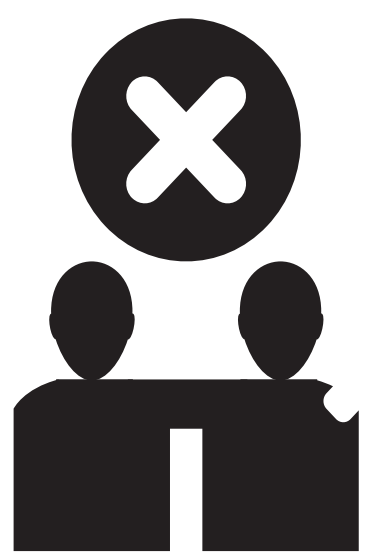


**14
DAYS**

No signs or symptoms of COVID-19 in past 14 days



No travel to high risk areas within the past 14 days.



No sustained close contact with anyone who is sick or suspected contact with Covid-19 within 14 days of program.

For COVID-19, a close contact is defined as anyone who was within 6 feet of an infected person for at least 15 minutes starting from 48 hours before the person began feeling sick until the time the patient was isolated.



If you have a documented case of COVID-19 infection, a note from your doctor is required indicating that you are cleared to participate in sports.

SCREENING QUESTIONS



- 1. Have you experienced any of the below symptoms in the past 14 days?**
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Muscle or body aches
 - Recent loss of taste or smell
 - Sore throat
 - Congestion
 - Nausea or vomiting
 - Diarrhea
- 2. Within the past 14 days, have you been in close physical contact (6 feet or closer for at least 15 minutes) with a person who is known to have laboratory-confirmed COVID-19 or with anyone who has any symptoms consistent with COVID-19?**
- 3. Have you travelled to a high risk area as defined by the CT governor within the past 14 days? A listing of locations for CT travel advisory can be found at <https://portal.ct.gov/coronavirus/travel>**
- 4. Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?**
- 5. In the last 14 days, have you had a positive or pending COVID-19 test?**
- 6. Have you had a positive COVID-19 test in the past? If yes, a note from your doctor is required indicating that you are cleared to participate in sports.**

**Did you answer
NO to ALL QUESTIONS?**



You are cleared to participate.

**Did you answer
YES to ANY QUESTION?**



You are not cleared to participate. Please contact your healthcare provider for further instructions.

Thank you for helping us to protect you and others at this time.

COVID-19 GUIDELINES FOR SPORTS PARTICIPANTS



Face masks that cover nose and mouth are required at all times for all attendees. If necessary, athletes may remove masks while engaged in strenuous physical activity if 12 ft. of distance can be maintained.



Practice social distancing by maintaining at least 6 feet of space



Practice frequent hand washing or use of hand sanitizer



Avoid touching your face



No sharing of personal equipment



Travel alone or only with members of your immediate household, if possible.

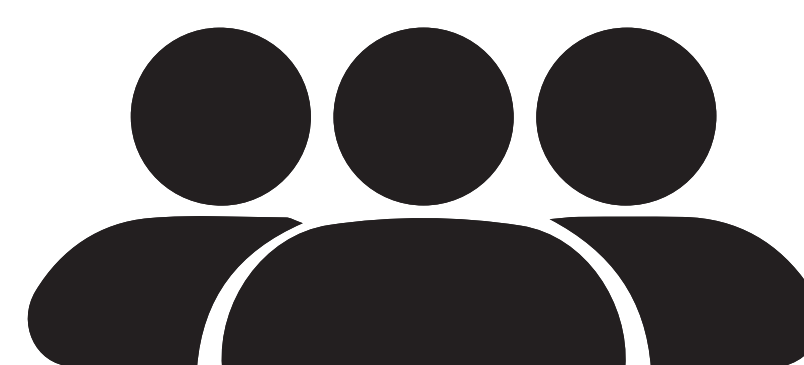


At risk individuals are encouraged to stay safe and stay home.

GAYLORD SPORTS ASSOCIATION COVID-19 INFECTION PREVENTION MEASURES



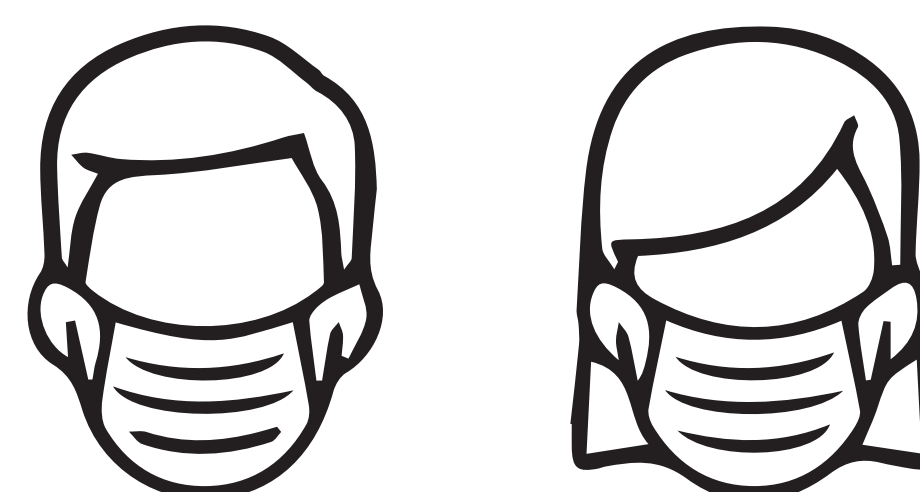
Pre-registration required for all programs



Group sizes will be limited



Maintain social distancing between participants, staff, instructors and volunteers



Face coverings required for staff, coaches, instructors, volunteers, participants and guests



Minimize sharing of equipment. Any shared equipment will be sanitized before and after use.



Frequent sanitization of hands before and during program as well as between participants



Sanitize high touch surfaces and equipment between programs



Abide by Gaylord Specialty Healthcare and State regulations as well as recommendations from sport-specific organizations