



# FALL Adaptive Sports Programs 2021

The Gaylord Sports Association is a program of Gaylord Specialty Healthcare offering adaptive sports programs for individuals ages 16 and up who have a physical disability or visual impairment, including veterans. Visit us at [www.gaylord.org/sports](http://www.gaylord.org/sports) for more information.

## Sports Programs

### Archery Clinics

Tuesdays, Sept. 7, Oct. 12, Nov. 2, Nov. 30  
2:00-3:00 PM or 3:15-4:15 PM  
Gaylord Specialty Healthcare, Wallingford, CT

### Cycle Rides

Thursdays, Sept. 2, Sept. 30  
4:00 - 6:00 PM  
Cheshire Linear Trail

### Golf Clinics

Tuesdays, Sept. 14, Oct. 19, Nov. 9, Dec. 7  
2:00-3:00 PM or 3:15-4:15 PM  
Gaylord Specialty Healthcare, Wallingford, CT

### Boccia

Tuesdays, Oct. 26, Nov. 16, Dec. 14  
2:00 PM – 3:30 PM  
Gaylord Specialty Healthcare, Wallingford, CT

### Pickleball

Thursday, Sept. 23  
6:00 pm – 8:00 pm  
Gaylord Tennis Courts

### Kayak Class

Saturday, Nov. 6  
1:00 PM – 4:00 PM  
Gaylord Pool

## Virtual Fitness

Thursdays, Oct. 21 – Dec. 9  
6:00 PM – 7:00 PM  
Zoom

## Ski and Snowboard Discovery Night

Thursday, Dec. 16  
6:00 PM – 7:30 PM

## Team Sports

### Sled Hockey Team

Practice Begins Oct. 10  
Westminster School, Simsbury

### Wheelchair Rugby Team

Practice Begins Oct. 16  
Wilson Grey YMCA, Hartford

## Special Events

### Dave Parcels Madison Triathlon

September 11, 2021  
Madison Surf Club

### Sled Hockey League Games

Saturday, September 18  
Champions Skating Center  
Cromwell, CT

### Veterans Fishing Tournament

Tuesday, September 21  
Candlewood Lake

**REGISTRATION:** Most programs are offered at no-cost unless specified. Pre-registration is required. In-person classes have a maximum capacity due to COVID; All participants will be screened for COVID prior to participation and infection control procedures will be utilized during programs. To register, please call the Gaylord Sports Association at 203-284-2772 or email [sports@gaylord.org](mailto:sports@gaylord.org). The Gaylord Sports Association is a program of Gaylord Specialty Healthcare, located in Wallingford, CT.

Thank you to our  
program sponsors:



Werth Family  
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