



(Office use only)

Date: \_\_\_/\_\_\_/\_\_\_ Initials:

New Member

Updated Profile

## GAYLORD SPORTS ASSOCIATION MEMBER PROFILE

Please print legibly. Please use other side or additional paper as needed.

### CONTACT INFORMATION

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

PHONES: Mobile: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_  Male  Female Height: \_\_\_' \_\_\_" Weight: \_\_\_ lbs Shirt Size: \_\_\_

Are you your own legal guardian?  Yes  No

**If the answer is NO, your legal guardian or legal representative must sign the waiver and release of liability agreement on your behalf. Please provide the following information about your guardian.**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name of person completing this form: \_\_\_\_\_ Relationship: \_\_\_\_\_

### MILITARY INFORMATION

Are you a Veteran?  Yes  No

If Yes: Service Branch: \_\_\_\_\_ Rank: \_\_\_\_\_

Vet/No War  Korea  Vietnam  Gulf  Iraq  Afghanistan

Are you currently:  Active Military Duty  Reserve  Veteran  OEF/OIF

Where were you stationed? What division?: \_\_\_\_\_

Please tell us of any Military Awards Conferred: \_\_\_\_\_

Do you have a military disability classification?  Yes  No If YES, what % Disabled?: \_\_\_\_\_

Are you currently receiving INPATIENT care at a medical facility?  Yes  No **If YES, MD note required\***

Which VA Medical Center do you utilize for your care?: \_\_\_\_\_

## BACKGROUND INFORMATION & INTERESTS

How did you hear about the Sports Association?: \_\_\_\_\_

What are your adaptive sport goals?: \_\_\_\_\_

Have you been a Gaylord inpatient or outpatient?  Yes  No If YES, please specify: \_\_\_\_\_

Have you participated in a Sports Association Event in the past?  Yes  No

Are you currently working?  / attending school?  / volunteering?  (check which applies)

Do you have a service dog?  Yes  No Will you bring the dog to this event?  Yes  No (No family pets please)

### **I am interested in these sports offered by the Sports Association:**

- |                                             |                                           |                                            |
|---------------------------------------------|-------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Archery            | <input type="checkbox"/> Golf             | <input type="checkbox"/> Sled Hockey       |
| <input type="checkbox"/> Boccia             | <input type="checkbox"/> Kayaking         | <input type="checkbox"/> Wheelchair Tennis |
| <input type="checkbox"/> Wheelchair Curling | <input type="checkbox"/> Wheelchair Rugby | <input type="checkbox"/> Triathlon         |
| <input type="checkbox"/> Cycling            | <input type="checkbox"/> Rock Climbing    | <input type="checkbox"/> Water Skiing      |
| <input type="checkbox"/> Fishing            | <input type="checkbox"/> Skiing, Downhill | <input type="checkbox"/> Yoga              |

### **Other Sports of Interest:**

- |                                                   |                                              |                                                |
|---------------------------------------------------|----------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Indoor Cycle Training    | <input type="checkbox"/> Horseback Riding    | <input type="checkbox"/> Wheelchair Basketball |
| <input type="checkbox"/> Sailing                  | <input type="checkbox"/> Swimming            | <input type="checkbox"/> Rowing                |
| <input type="checkbox"/> Seated Fencing           | <input type="checkbox"/> Road Racing/Running | <input type="checkbox"/> Other: _____          |
| <input type="checkbox"/> Fitness/Strength Classes | <input type="checkbox"/> Target Shooting     |                                                |
| <input type="checkbox"/> Scuba Diving             | <input type="checkbox"/> Cross Countr Skiing |                                                |

Do you have intermediate or advanced level skills in any of the above sports (pre-injury or post-injury)?  Yes  No

If so, please describe: \_\_\_\_\_

I have participated in water based activities within the past year?  Yes  No (Please note, participants must meet essential eligibility requirements for water sports. Please contact us for details).

---

## PRIMARY DIAGNOSIS

Date of Injury or Onset: \_\_\_\_/\_\_\_\_/\_\_\_\_

Spinal Cord Injury: Level: \_\_\_\_\_  
 Complete  Incomplete

Traumatic Brain Injury

Multiple Sclerosis

CVA/Stroke

PTSD

Acquired Brain Injury: Please specify:  
\_\_\_\_\_

Amputee:

Leg:  Right  Left

Above Knee  Below Knee

Arm:  Right  Left

Above Elbow  Below Elbow

Other Diagnosis: (orthopedics, neurological, spina bifida, cerebral palsy): Please provide details:  
\_\_\_\_\_

## MEDICAL HISTORY

Please check if you have history of any of the below items:

- |                                                                                                 |                                                                                            |                                                   |
|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Anxiety / Panic Disorders                                              | <input type="checkbox"/> Asthma                                                            | <input type="checkbox"/> Cancer                   |
| <input type="checkbox"/> Readjustment issues since injury                                       | <input type="checkbox"/> Prescribed blood thinners such as Coumadin                        | <input type="checkbox"/> Pressure Ulcers          |
| <input type="checkbox"/> Chronic pain requiring narcotics                                       | <input type="checkbox"/> Cardiac Condition (Coronary Heart Disease, Myocardial infarction) | <input type="checkbox"/> Acute Tuberculosis       |
| <input type="checkbox"/> Drug / Alcohol Use                                                     | <input type="checkbox"/> Heat Stroke                                                       | <input type="checkbox"/> COPD / Pulmonary Disease |
| <input type="checkbox"/> Surgical Procedures: Date(s): _____ Type: _____                        |                                                                                            | <input type="checkbox"/> Hepatitis                |
| <input type="checkbox"/> Autonomic Dysreflexia If yes, How frequently? / Last occurrence: _____ |                                                                                            | <input type="checkbox"/> Skin Infections          |
| <input type="checkbox"/> Diabetes Type: _____                                                   |                                                                                            |                                                   |
| <input type="checkbox"/> Spinal Surgery Date: ___/___/___                                       |                                                                                            |                                                   |
| <input type="checkbox"/> Hospitalization within past year. If yes, Date and Reason: _____       |                                                                                            |                                                   |
| <input type="checkbox"/> Have you ever had seizures? Date of last seizure: ___/___/___          |                                                                                            |                                                   |
| Type of seizure (Focal, Grand Mal, Petite Mal): _____                                           |                                                                                            | How frequently?: _____                            |
- 

## MEDICAL INFORMATION

Do you have any ALLERGIES?  Yes  No Please List: \_\_\_\_\_

Do you have any DIETARY REQUIREMENTS?  Yes  No Please Describe: \_\_\_\_\_

Do you SMOKE?  Yes  No (Please note that Sports Association complies with Gaylord Hospital's No Smoking Policy)

Are you currently taking any MEDICATIONS?  Yes  No If YES, please list and indicate any pertinent side effects (please attached list if you need additional space): \_\_\_\_\_

---

Do you currently have any open wounds?  Yes  No If YES, stage / condition: \_\_\_\_\_

Do you have any BLADDER or BOWEL ADAPTATIONS (such as catheter or leg bag)?  Yes  No Please List: \_\_\_\_\_

---

Do you require an attendant (to assist you)?  Yes  No If YES, will you bring someone to assist you? \_\_\_\_\_

(We are not able to provide assistance with personal care needs)

Are you able to obtain a doctor's note for participation in adaptive sports?  Yes  No (A doctor's note may be required based on medical history or requirements for participation in a specific sport.)

---

## PHYSICAL FUNCTIONING

Do you use a wheelchair for mobility?  Yes  No If YES, what type (manual, power)? \_\_\_\_\_

Do you require assistance for wheelchair mobility? \_\_\_\_\_

Do you use an assistive device(s) for mobility?  Yes  No If YES, what type (cane, walker)? \_\_\_\_\_

Do you use other adaptive equipment for mobility? If YES, please specify: \_\_\_\_\_

Do you require assistance to transfer yourself from one surface to another, such as into a vehicle or onto the floor?

Yes  No If YES, please describe: \_\_\_\_\_

Do you have any difficulty breathing?  Yes  No

Do you need to limit your activities for any reason?  Yes  No Please describe: \_\_\_\_\_

Do you participate in any exercise program?  Yes  No Please describe: \_\_\_\_\_

Do you have LIMITED RANGE OF MOTION?  Yes  No Please indicate location and describe: \_\_\_\_\_

How would you describe your endurance:  Excellent  Good  Fair  Limited

Do you have impaired strength, muscle tone, spasticity or paralysis?  Yes  No If YES, indicate affected area and describe: \_\_\_\_\_

Do you have difficulty with balance?  Yes  No Describe: \_\_\_\_\_

Do you have any difficulties feeling hot and cold normally?  Yes  No If YES, describe: \_\_\_\_\_

## VISION & HEARING

Do you wear glasses?  Yes  No Do you wear contact lenses?  Yes  No

Please mark any of the following that are true about your vision:

Legally Blind (best corrected <20/200ou)  Totally Blind  Double Vision

Visual Field Loss: Please describe: \_\_\_\_\_

Other Visual Problems (Perceptual, Depth, Neglect, etc.) Please describe: \_\_\_\_\_

Do you have a hearing impairment?  Yes  No Please explain: \_\_\_\_\_

If YES, please specify:  Left ear affected  Right ear affected  Both ears affected

Do you use a hearing aid?  Yes  No

**COMMUNICATION**

Do you have difficulty making needs known to instructor?  Yes  No

Do you have difficulty speaking or communicating?  Yes  No

Do others have difficulty understanding you?  Yes  No

Do you have difficulty remembering things?  Yes  No

Do you have difficulty in learning new things?  Yes  No

Do you have difficulty following directions?  Yes  No

If YES to any of these questions, PLEASE EXPLAIN:\_\_\_\_\_

Do you use non-verbal communications?  Yes  No If YES, which type:\_\_\_\_\_

**BEHAVIOR / EMOTIONS**

Are you ever impulsive?  Yes  No

Do you become easily frustrated?  Yes  No

Do you become angry easily?  Yes  No

Do you ever physically or verbally lose control?  Yes  No If YES, please describe in detail:\_\_\_\_\_

Do you know of any reason you should not participate in any of these adaptive sports or special events?

Yes  No If YES, please explain here:\_\_\_\_\_

**PLEASE PROVIDE ANY ADDITIONAL INFORMATION THAT MAY HELP US TO PREPARE FOR A SUCCESSFUL ADAPTIVE SPORTS EXPERIENCE:**\_\_\_\_\_

---

**ACKNOWLEDGEMENT**

By signing below, I verify that the above information is current and accurate. I understand that the above information will be kept confidential. In order to provide a safe and fun experience your information may be shared with: (1) Sports Association staff, coaches or instructors (2) other adaptive sports programs who will be working with you (3) medical professionals in case of emergency (4) as required for Sports Association grant reports. I understand that it is my responsibility to inform the Sports Association regarding changes to my: (1) contact information such as address, phone and email; (2) medical status including new diagnosis, surgery or medical changes; (3) any other information that is relevant to the safety of myself or others regarding my participation in Sports Association programs.

Printed Name of Participant or Legal Guardian:\_\_\_\_\_

Signature of Participant or Legal Guardian:\_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

**Please Mail, Fax or Email completed member profile to:**

Gaylord Hospital, Sports Association, PO Box 400, Wallingford, CT 06492, sports@gaylord.org  
FAX: 203-284-2813 Attn: Sports Association, PHONE: 203-284-2772