



SPRING Adaptive Sports Programs 2023

The Gaylord Sports Association is a program of Gaylord Specialty Healthcare and is based out of Wallingford, CT. We serve individuals ages 16 and up who have a physical disability or visual impairment, including veterans. All programs require registration and most events are free unless otherwise noted. For more information on our programs, please visit us at www.gaylord.org/sports.

Sports Programs

Archery Clinics

Tuesdays, April 4, May 2, June 6
2:00-3:00 PM or
3:00-4:00 PM
Gaylord Specialty Healthcare
Wallingford, CT

Golf Clinics

Tuesdays, April 11, May 30, June 27
2:00-3:00 PM or
3:00-4:00 PM
Gaylord Specialty Healthcare
Wallingford, CT

Boccia

Tuesdays, March 21, April 18
2:00-3:30 PM
Gaylord Specialty Healthcare
Wallingford, CT

Kayak Class*

Fridays, March 17 April 28 or June 2
1:00-4:00 PM
Gaylord Pool
Wallingford, CT

Virtual Adaptive Boxing

Thursdays, March 9, March 23, April 6, April 27
6:00-7:00 PM
Virtual via Zoom

Seated Yoga Classes

Thursdays, Feb 2, Feb 16, March 2, March 16, March 30, April 13
6:00-7:00 PM
Gaylord Specialty Healthcare
Gaylord or Virtual via Zoom

Adaptive Rock Climbing Clinic

Saturday, April 1
1:00 PM - 3:30 PM or
4:30PM - 7:00PM
Central Rock Climbing Gym,
Glastonbury, CT

Adaptive Cycle Clinic

Saturday, May 20
1:00-2:00PM, 2:00-3:00pm or
3:00-4:00PM
Moore Field House
Southern CT State University
New Haven, CT

Pickleball Clinic

Wednesday, May 24
10:00AM-12:00PM
Tennis Courts
Gaylord Specialty Healthcare
Wallingford, CT

Veterans Programs

SAVES Fishing

Tournament
Tuesday, May 9
7:00AM-4:00PM
Candlewood Lake,
Danbury, CT

Team Sports

ParaTriathlon Team / Training Program*

Paratriathlon Discovery Night
Wednesday, April 19
6:00-7:30 PM
Gaylord Specialty Healthcare
Wallingford, CT

Program Kick-Off
Wednesday, May 31
7:00-8:00 PM

Sled Hockey Team

NESHL playoffs
March 17-19, 2023
Flyers Training Center
Vorhees, NJ

Amelia Park Sled Hockey Tournament

March 31-April 2, 2023
Amelia Park Skating Center
Westfield, MA

For full schedule of league games: www.neshl.org

Wheelchair Rugby Team

USWRA Western Semi-Finals
March 31-April 2, 2023
University of Nevada
Las Vegas

Ongoing practices through April
Wallingford Park and Recreation Department
Wallingford, CT

Fundraising Events

Gaylord Golf Classic
Monday, June 19, 2023
Great River Golf Course
Milford, CT

Gaylord Gauntlet

Saturday, June 24, 2023
Gaylord Specialty Healthcare,
Wallingford, CT
www.gaylordgauntlet.org

*Watersport programs have additional essential eligibility criteria to attend; please contact us for details.

REGISTRATION: Most programs are offered at no-cost unless specified. Programs have a maximum capacity and pre-registration is required. To register, please call the Gaylord Sports Association at 203-284-2772 or email sports@gaylord.org.



Thank you to our program sponsors:

MOVE UNITED WARFIGHTERS

