

Sports Association Volunteer Opportunities



The Sports Association relies on volunteers to run over 200 programs per year! There are a variety of volunteer opportunities, from a one-time volunteer experience, to a committed volunteer role with one of our programs. Several of our volunteer opportunities are described below. If you are interested in volunteering, please complete a Volunteer Profile Form, Wavier and return to us by mail or email. Please contact us for additional information!

Special Event Volunteer: Help out at one of our special events that run throughout the year, including the Ken Murphy Memorial Open "KMMO" golf tournament, Gaylord Gauntlet, Gaylord Rugby Invitational Wheelchair Rugby Tournament and the SMASHBOWL AB Wheelchair Rugby Tournament.

Adaptive Sports Clinic Volunteer: Volunteer at one of our Archery Clinics, Golf Clinics, Kayak Clinics or Annual Cycle Clinic, held during the Spring, Fall and Summer months.

Specialty Sport Clinic Volunteers: Adaptive Rock Climbing, Cross-Country Skiing, Wheelchair Curling, or any adaptive sport clinic held one time per year.

Alpine Ski Club Volunteer: Ski Club Trip Assistant on one or more of our five trips to a ski mountain.

Cycle Club Volunteer: Volunteer cyclist on our monthly cycle club rides throughout the summer. Volunteers are paired with an adaptive rider during the group ride.

Water Ski Club Volunteer: Volunteer at one or both of our water ski clinics, held on Saturdays during the summer on Pachaug Pond in Griswold, CT. Volunteers are needed for instruction, water assist, land assist, lunch and equipment tracking.

Team Coach: The Jammers Quad Rugby Team, the Connecticut Hornets Wheelchair Tennis Team, the CT WolfPack Sled Hockey Team and the Paratriathlon Team are coached by volunteers who dedicate time to weekly practices and competitions.

Wheelchair Rugby Team Support Person: The Jammers Quad Rugby Team practices weekly at New Horizons Village in Unionville on Sundays, September through January. The team also travels to 3-4 weekend tournaments throughout the Northeast. A team support person helps with equipment management, team needs and with practices.

Wheelchair Tennis Support Person: Assist with team practices May through September on Thursday evenings at Gaylord Hospital.

Paratriathlon Volunteer Athlete Guide: Pair up with an adaptive athlete for triathlon training group sessions, and individual sessions, then accompany the athlete on race day.

Equipment Manager: Person needed to assist with setting up sports wheelchairs, arranging repairs and maintaining equipment in stock. Wheelchair or Bicycle repair experience is helpful.

Adaptive Sport Instructor: The Sports Association utilizes trained and certified volunteer instructors to help teach our adaptive sport classes and clinics.

Photographer/Videographer: Taking photos and video is important to showcase what we do!

Fundraising Committee: Gaylord Hospital hosts multiple fundraising events for the Sports Association, including the Gaylord Golf Classic (Golf Tournament), and the Gaylord Gauntlet (5K Obstacle Run). Opportunities include joining an event committee or seeking sponsorships/donations.