Sports Association Benefits from the 30th Annual Gaylord Golf Classic

The 30th Annual Gaylord Golf Classic teed off on Monday, June 3 at The Farms Country Club. The event raised an estimated $70,000 to benefit the Gaylord Hospital Sports Association and had a crowded field of 140 golfers who played in almost perfect golf conditions, except for a few strong gusts of wind. But every golfer likes a challenge.

The Sports Association provides adaptive sport and recreation programs to people with physical disabilities. The tournament provides approximately 40% of their annual operating budget and the monies help purchase equipment, trips, instruction and the cost of three competitive teams: wheelchair rugby, sled hockey and wheelchair tennis. Since its inception, the Classic has raised over $1 million for Therapeutic Recreation and the Sports Association.

This year we had a few participants from the Sports Association playing in the tournament. "It's so great to be able to show the sponsors and the able-bodied golfers at the tournament the impact their support has. If we were not able to have adaptive golf clinics and leagues, people may not be at the point of their recovery to feel they could get back out on the golf course," said Lori Evon from the Development Office. This year SA golfer Todd Blosser participated in a 50/50 Challenge to outdrive him on hole 17. The 50/50 raised over $700 and the winner Trevor Doyon, who is a volunteer on the committee, was so moved by all the athletes that he donated the winnings back to the program.

PMA Insurance was the Title Sponsor for the 16th year in a row at the $10,000 level. CEO Sonja LaBarbera publicly acknowledged their steadfast support of this program that night at the dinner. At the dinner there were five athletes and a coach who talked about the Sports Association and what it means to them and has done for their lives. The planning committee is made up of past patients, family members, hospital vendors, community partners and friends. This is a group effort that continues to plan successful tournaments.

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If you are a golfer and would like to be on the list of employees who might be asked to fill in, please contact Lori Evon in the Development Office at extension 3454.

Music to Our Ears from Midland, Texas

Yes, Gaylord is in New England but that does not matter to The Rea Charitable Trust based in Midland, Texas. The Rea Charitable Trust has funded Gaylord's Music Therapy Program for the second year in a row even though Gaylord is not located in their preferred area. In 2018 they committed $20,000 to help us get the program off the ground and this year the Trust has funded a $20,000 expansion of the program to benefit as many as 300 patients in the next year.

This funding is due in large part to the research and work that Katie Kowlaski, CTRS, and Leigh Golembiewski, CTRS and former supervisor of Therapeutic Recreation and Gaylord's Traumatic Brain Injury Transitional Home. In 2017 and 2018 Katie and Leigh gathered proof that music has a major positive impact on rehabilitation of persons with neurological conditions, as well as many other health conditions, and proposed the first-ever Gaylord Music Therapy Program.

Continued on page 3

Our mission is to preserve and enhance a person’s health and function.
Gaylord PR & Marketing Team Brings Home Six Awards

Gaylord’s PR & Marketing Department is pleased to announce that they received six Lamplighter Awards by the New England Society for Healthcare Communications in Providence, RI, on May 30. The PR & Marketing team received six awards for projects ranging from special events, including the Gaylord Gauntlet, to media relations efforts about Tyler and Jillian’s moving stories of recovery to logo creation. The awards were presented during the Lamplighter Awards dinner at NESHCo’s yearly conference which represents healthcare organizations throughout New England. The Lamplighter Awards recognize outstanding healthcare marketing and public relations. Go Team!

Stroke Conference Committee Awarded the Gaylord Cup

Congratulations to the Stroke Conference Committee on being awarded the Gaylord Cup. This event was a resounding success with 140 therapists and clinicians attending a stimulating talk by Alyse Sicklick, MD, followed by technology demonstrations by 20 Gaylord therapists. This was the brainchild of Kevin Johnson to highlight our expertise and bring people to campus to see for themselves all that Gaylord does. This group of people not only spent hours planning it, they worked a full day taking care of our patients, and then stayed till 8 p.m. Also a shout out to Mike Moscato who provided us his sound equipment and helped us problem solve set up. Thank you to the entire team (entire team not pictured).

What is the Gaylord Cup?
The Gaylord Cup recognizes the achievements and contributions of a department and that department’s employees. The Gaylord Cup is awarded to a deserving department at each Management Meeting. The Management Executive Committee (senior management) selects the department each month, with each Vice President bringing those qualities, behaviors, standards, values and results that make the department worthy of this designation.

Next Casual for Causes: Friday, June 7

For a small donation, staff can dress casually for the day and help a local charity on Friday, June 7. Employees need a button or a Casual for Causes sticker to indicate their participation. Stickers can be purchased in the Cafeteria, Human Resources, Jackson 2 Outpatient, North Haven, Cheshire and the Servery. The cost of the sticker is $2. All proceeds benefit ALS-Local Chapter.

Volunteers Needed

To sign up visit: gaylordgauntlet.org

For questions or further information please contact Kim Childs, kchilds@gaylord.org, extension 2883 or Linda Krampitz, lkrampitz@gaylord.org, extension 2874

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Updated Gluteal Flap Admission Order Set

The Gluteal Flap Admission Order Set has been updated. It now includes Pastoral and Therapeutic Recreation consults in the default orders. Patients who are admitted with skin flaps are typically on bed rest for weeks. Along with the Psychology order, this new order set provides opportunity to receive interventions that will empower the patient to explore various options to keep them actively engaged in spiritual, emotional and recreational activities that fit into the physical limitations they are experiencing while on bed rest. This is another way Gaylord is providing patient-centered, team care to patients along the continuum of care throughout their life.

Music Article Continued from Page 1

According to one study shared with our grant writer, 'Research shows that patients with neurocognitive impairment benefit from music. Music affects pain control, aphasia, heart rate and respiration, speech, and recovery of neurological functions.' (David Aldridge, 'Music Therapy Research', MT Review c. 2000).

The Rea Charitable Trust, managed by Wells Fargo Wealth Management in Midland, Texas, was created in 2009 with its primary purpose being the promotion of the arts. Isabel McClintic Rea was born on December 31, 1917 into a well-known Midland ranching family. She was the daughter of Mr. and Mrs. C. A. McClintic. She attended high school in Midland, Texas, graduating with the class of 1935. She majored in music at Mary Baldwin College in Staunton, Virginia. She married Bryce Rea, Jr. and had one son, Charles Bryce Rea. Mrs. Rea was known as one of Midland's most talented pianists. She passed away on August 26, 2004.

We are now looking to the future to be able to make this program a regular part of what is offered through the Therapeutic Recreation department. If you know of foundations or groups who give donations to support music as therapy which could be used to expand Gaylord's programming, please let Katie or Cindy Bartholomew know.
LEAN Project Update: Out-trips

Our recent Lean project focused on reducing the amount of scheduled out-trips. Scheduled out-trips can put the patients at risk for safety events and missed therapies, not to mention the physical toll and discomfort the patients experience during the trip. Additionally, the transportation costs of these trips are often not covered by insurance, and Gaylord pays for the transportation for those covered by Medicare. Our project team looked for ways to reduce the number of out-trips that occur while the patient is at Gaylord, utilize in-house consultants effectively and create a consistent process throughout all the units. Some patients are admitted to Gaylord with 8-10 requests for appointments, and some are already scheduled!

The team developed a process to fax the external medical staff requesting the trip to determine if the appointment was needed during Gaylord stay or could it be postponed until after discharge. Many of those providers were not aware that their patients have physician coverage 24/7 during their Gaylord stay as well as many consultant physicians that provide service to our patients on site. Jan Miller, Milne 1 Unit secretary, participated in the project and trialed the new process on Milne 1 from April 15th – to date. Patients were admitted with 45 outside appointments requested. With the new process, we were able to reduce that number to only 20 that were truly needed. With an average transportation cost of $600/trip, Gaylord could realize a savings of $15,000. More importantly, our patients are better able to focus on their recovery and to work uninterrupted to achieve their maximum functional status.

Jan states “There has been talk for years on all the out trips that the new admissions come to Gaylord with. This committee has worked hard to come up with a better way. This “new fax sheet” has totally changed the process and now the new patients go out only when absolutely necessary. Total out trips deferred is not only a huge cost savings to Gaylord but most importantly keeps our patients safer and allows more therapy time as well. It’s a win/win. I am completely surprised, but extremely happy and thrilled with this new procedure.”

With early successes noted, the process will be rolled out to all the units in early June. Jan will be orienting the unit secretaries to the new process. We have already started on Hooker 1 and have had similar success there too! Questions on the new process can be directed to the project team leader, Kathy Reilly, or Leigh Golembiewski, Process Improvement Manager.

Order Your Gaylord Gear Online

Get your Gaylord Gear! Did you know you can purchase Gaylord Gear online? The link to Gaylord Gear can be found on the intranet homepage or you can click on the logo below. You can purchase your gear using a credit card only, no payroll deduction and no returns. Orders will be delivered once a month to Gaylord. You will receive notification.

Click here to purchase your Gaylord Gear

Support Gaylord

By shopping online at: smile.amazon.com

Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice, Gaylord Hospital.

IT’S EASY.

1. Visit smile.amazon.com

2. Login to your Amazon account or create an account if you don’t have one already.

3. Select a charitable organization (Gaylord Hospital) to receive donations from eligible purchases before you begin shopping.

Support Gaylord
Welcome the Latest Group of New Employees

Kayla Buffington, SNT, H1
Emily Dillon, SNT, H1
Korrina Falis, Unit Secretary, L1
Candice James, SNT, L1
Allyson Kaechele, SNT, M2
Madison Levesh, PCT, L1
Kerry Martin, SNT, M1
Ijeoma Nwachukwu, PCT, M2
Diane Oakes, RN, M1
Amanda Perriello, RD
Kyle Pierson, SNT, H1
William Russo, PT-North Haven
Rita Salinas, PCT, L1
Matthew Scavo, PT-North Haven
Jasmine Sharma, RN, H1
Diana Soriano, SNT, L1
Olivia Thomas, TR Student
Michael Velasquez, PT-North Haven

Gaylord Specialty Healthcare recognizes the important contributions our Patient Care Techs make in the lives of our patients. A Patient Care Tech (PCT) needs special training to work with patients and must be certified by the State of Connecticut as a CNA. Patient Care Techs are on the front line of patient care, assisting patients with their activities of daily living; such as bathing, dressing, eating and ambulating. Since the PCT spends so much time with the patient, they can alert the nurse to subtle changes in the patient’s condition, playing a vital role in patient safety. In addition to providing direct care to patients, PCTs often lend a listening ear and a comforting presence to those in their care. Thank you for being there for our patients!

Celebrate Patient Care Techs
June 10 - 14
Thank you for all that you do for our patients!

Next On-site Biometric Screening, June 7

This is the easy way to have your biometrics done! Gaylord and ConnectiCare partnered to bring biometric screening on-site for employees and spouses. Pre-registration is required. You will need your ConnectiCare ID number.

Friday, June 7
Brooker Lecture Hall
11:30am - 3:30 pm

Click here to make an appointment

Follow Gaylord Specialty Healthcare on Facebook!
www.facebook.com/gaylordspecialtyhealthcare

Gaylord is also on YouTube.
www.youtube.com/user/GaylordHealthcare

Check out Gaylord’s boards on Pinterest.
pinterest.com/gaylordhealth

Follow Gaylord on Twitter.
twitter.com/GaylordHealth
Dr. Maria Henry, MD is establishing an onsite clinic at Gaylord on June 14th from 8am to 3pm to perform your preventive annual check-up. Your visit is completely confidential and is covered free of charge by your health insurance (excluding Medicare and Medicaid) everyone is welcome including employees, spouses and contractors)

Dr. Maria Henry, MD
Residency: Yale-New Haven Hospital
Board Certified: Internal Medicine

Services to be provided include:
• Primary-care physical exam
• Cardiology Consultation
• Diabetes screening
• Medical nutritional advice

go to ourdoctor.us to book an appointment