Ingrid Marschner, Named 2019 Employee of the Year

The Brooker Lecture Hall is never as packed as when Hospital Week is upon us. There was standing room only on May 14 for the Employee of the Year Ceremony as staff crowded in to hear Sonja LaBarbera, President and Chief Executive Officer, thank the 16 nominees for their dedication to upholding the ICARE values. Following the video introduction of all 16 nominees, Sonja announced the 28th recipient and this year’s winner - Ingrid Marschner, Outpatient Therapy. Ingrid has been with Gaylord since 1994 and works in the Outpatient Physical Therapy Department on the Wallingford campus. Nominated by two patients, one stated, “I first met Ingrid in 2001 following my first back surgery. Seventeen years later she remembered me. Her kindness inspired me daily for the last 17 years to do a 45-minute exercise program that she taught me. I felt I had come home when she became my therapist again in 2018.”

Ingrid’s supervisor, Anne Pacileo, PT states, “For those of us who know her, just saying her name brings a smile to our face and a happy thought to our hearts. What makes Ingrid such a success is her incredibly positive attitude and her genuine compassion for everyone with whom she comes in contact. Her care of each of her patients is so genuinely warm that patient’s notice it the moment that they meet her and it makes them feel that they are special. Ingrid uplifts each person even while challenging them to go beyond where they think they can. Ingrid Marschner exemplifies the letter and spirit of the ICARE concept. It is as if this award was created for her. I cannot emphasize enough how much she deserves this honor.”

Congratulations to the 2019 Employee of the Year Nominees:

Christina Drogkaris  |  BJ Palumbo  |  Meghan Chiaraluce  |  Jaclyn Borrelli  |  Georgette MacQuarrie  |  Lauren Tarsi  |  Allison Weisberger  |  Joyanna Zdrojowy  |  Human Resources  |  Inpatient Therapy  |  Inpatient Therapy  |  Inpatient Therapy  |  Inpatient Therapy  |  Development & PR  |  PTOSM NH  |  PTOSM NH  |  PTOSM NH  |  PTOSM NH  |  Nursing Services  |  Information Technology  |  Nursing Services  |  Inpatient Therapy  |  Inpatient Therapy  |  Inpatient Therapy  |  Outpatient Therapy  |  Food & Nutrition

Click here to watch the Employee of the Year video

Click here to watch Ingrid's acceptance speech
History in the Making…

A small group of employees has gathered together to discuss the history of Gaylord and the importance of various historical documents and items that are stored throughout the buildings in Wallingford. If you are aware of Gaylord items; artwork, documents, silver jewelry or Gaylord coins, books or papers appearing to have been created prior to 1970 please let one of these people know; Burt Fleischner, Susan Fanning, Wally Harper or Cindy Bartholomew. We will determine if they need to be moved to better storage or if they are okay where they are for the time being. Gaylord and the people who have made it great have a rich and fascinating history. This small group is discussing ways to preserve that history and continue to make it known through stories, articles, artifacts and eventually maybe displays.

As an aside, many of you may know that we received a grant to have a consultant write Gaylord’s nomination to become a registered historical landmark for the state of Connecticut. This is in process and we expect to learn our status in November of 2019. Once this is in place, we will be eligible for more grants that will help us preserve and repair Gaylord’s historical buildings and artifacts. We are all ‘history in the making’ here at Gaylord with our ideas, patient care, inventions, and the patient recovery we affect each and every day. Thank you for continuing to make history!

Dr. Sicklick Educates 140 Therapists on Stroke Rehab

Alyse Sicklick, MD spoke to 140 PTs, OTs and SLPs in the inpatient gym on May 2 to educate them about the latest in stroke care, prevention and research. Dr. Sicklick’s presentation covered the prevalence, incidence, risk factors and special risk factors for females related to supplemental estrogen and peripartum period. After the presentation, attendees had an opportunity to visit 13 different stations to talk with Gaylord staff on stroke technology and treatment methods.

Thank You Volunteers

The Community Relations Committee would like to thank: Ann Dwyer, Dawn Peck, Lisa DeSandre, Cindy Bartholomew, Melody Espada, Lori Evon, Georgette MacQuarrie, Stef Landry, Karen Ingham, Nicole Fields, Kristen Cashman, Corie Pantanella, Emily Phipps, Laura Phipps, Cammy Nigro, Ralph Nigro, Scott Sieptowski, Scott Jungeblut, Bogdan Stepien, Kim Tetreault, and Sue Shara for volunteering at the Annual Ellie Brown Memorial Roadside Clean-up on May 8. The group picked up several bags of trash on the hospital property as well as along the road from Traurig House to the Laskara parking lot. Committee Member Lori Evon states, “It’s amazing what you will find, never know what people want to discard of. Without our employees volunteering we would not be able to keep that area looking so great. It’s important for all Gaylord employees to take pride in our facility; if you see trash pick it up and if you see a larger problem please let Facilities know so we can get it cleaned up. The road is the first image of Gaylord that people have so let’s keep it nice.”

Coaches Wanted!

The Sports Association is looking for a Wheelchair Tennis Coach and a Wheelchair Rugby Coach. Help us spread the word! This is a fun and rewarding opportunity to get involved with adaptive sports. If you know someone who may be interested or would like more information, please contact Katie Joly at extension 2772 or email kjoly@gaylord.org. For more information on the Sports Association, visit www.gaylord.org/sports.
Do You Hear Music Playing?

The intent of the overhead music is to trial an innovative way to provide a relaxing environment for our patients. Many studies have demonstrated the therapeutic qualities of music during rehabilitation and many other hospitals have started corridor music programs. We have the ability to pick different types of music and will be enlisting staff with expertise in this area to help make future selections. Some staff have noted it to be distracting, so the start of the music each day will be pushed back to noon. Gaylord has limited capabilities to modulate volume in different areas, but we are trying. We ask that everyone cooperate with this pilot for the next several weeks to determine if it is indeed something that will benefit patients, visitors and staff alike.

We will soon be offering similar music capabilities within the patient rooms (via their televisions) to access something called the C.A.R.E. channel. More details to come on the C.A.R.E. channel in the near future.
Scholarships Awarded During Hospital Week

Two Barbara Chase Lane Scholarships and one Dolly Parisi Scholarship were awarded to Gaylord staff and family members during a presentation on May 17 during Hospital Week in the Brooker Lobby.

The Barbara Chase Lane Scholarship was created in the 1970s to honor the Director of Volunteers and former Auxiliary member, Barbara Chase Lane. This scholarship is awarded to a volunteer or child of a volunteer; an employee or child of an employee who is pursuing a degree in the allied health field. Proceeds from the Gaylord Gift Shop help fund this scholarship. The Dolly Parisi Scholarship was created to honor Dolly Parisi, former Director of Nurses, upon her retirement. This scholarship is awarded to someone studying in an allied health field who shows both strong academic records and financial need.

The scholarship winners:

$1,500 Barbara Chase Lane Scholarship - 2 winners: (Pictured top left) Kyra Connolly, daughter of Michele Connolly in Admissions, is pursuing a Nursing degree from Quinnipiac University. (Pictured top right) Jackie Skirkanich, is studying for her Physical Therapy Doctorate at Mercy College.

$1,500 Dolly Parisi Scholarship winner: (Not pictured) Morelle Marra, North Haven PT Rehab Aide is attending Quinnipiac University to pursue a degree in Nursing.

Did you know that your purchases at the Gift Shop help support two endowed funds set up by the auxiliary? One is the Barbara Chase Lane Scholarship and the other is the Auxiliary Endowment for Patient Equipment. To create a named endowment at Gaylord you need a minimum of $25,000. Then each year the interest generated from the endowment is used to provide scholarships or equipment. So that gum, scarf or candy bar is an investment in one another and our patients.

Patient experience quotes continued from page 3

Overall Assessment OUTPATIENT

"We have been to a different physical therapist for my son and the differences are night and day. I will never use any other office if the need arises again. Excellent work!"

Comments OUTPATIENT

"Natalee and the staff have been excellent, all around. Each and every person has gone above and beyond in helping me and still accommodating me to reach my goal."

Occupational Therapy OUTPATIENT

"Robert was excellent at engaging my father and keeping interested as best he could. Made him feel like they were old friends."

May is Better Speech & Hearing Month

Did you know that speech therapists help with speech-related issues and also with problems related to swallowing - known as dysphagia. There is a lot that can be done to help swallow issues, and Gaylord Speech and Language Pathologist Rachel Noia talks about dysphagia and how she can assess your situation. Click the picture above to watch Rachel's video.

Volunteers Needed

To sign up as a volunteer visit: gaylordgauntlet.org
Kelly Romano and Ed McAnenny, from Radiology Department prevented the wrong patient from getting an x-ray. The doctor ordered a Stat x-ray on the wrong patient and their good attention to detail as well as their validating and verifying information, helped them to identify the error. Thank you to Kelly and Ed!

We had 8 near misses reported in April 2019 and we are meeting the goal of >80 near misses in FY19. The following people submitted the near miss occurrences in April.

- Alice Wang
- Allison Weisberger
- Bradley Fletcher
- Djevaire Zulali
- Heather Hancort
- Kelly Romano
- Klaudia Montalvo
- Sandra Macmillan

Brooker Building In the Midst of Exterior Improvements

(Top photo) The Brooker Building chimneys are being fixed and the plastic removed after years of being covered. (Below photo) Bogdan Stepien, Facilities, works on scraping and painting the exterior of Brooker.
May 20 Was International Clinical Trials Day

This day was launched to commemorate the day that James Lind started his famous scurvy clinical trial on May 20, 1747. Dr. Lind selected 12 sailors with scurvy on the same ship and began various treatments in pairs. He took extensive notes and found two oranges and a lemon eaten daily was the best treatment and prevention available on the ship.

Modern Day Human Subject Protection Programs

In July 1972, and after two unsuccessful attempts to protest the abuse of human subjects, the design and protocol of the Tuskegee Syphilis Study, Peter Buxtun, an employee of the United States Public Health Service, gave information about the study to a Washington Star reporter. The story was picked up by multiple newspapers and Senator Edward Kennedy immediately called for Congressional hearings to investigate. The study was forced to end shortly thereafter.

In 1974, the passage of the “National Research Act” established the “National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research”. The Commission met from 1974 to 1978 and issued reports and recommendations identifying the basic ethical principles that should underlie the conduct of biomedical and behavioral research involving human subjects. The Commission also recommended guidelines to ensure that research is conducted in accordance with those principles.

Those reports and recommendations all relate to human subject protection and include the Belmont Report, which is based on three principles: beneficence, justice, and respect for persons. This report still guides researchers today along with the establishment of the Office for Human Research Protections (OHRP) which provide leadership for all federal agencies that conduct or support human subject research under the Federal Policy for the Protection of Human Subjects, also known as the Common Rule.

Gaylord Hospital and every other healthcare facility conducting research in the United States, is governed by the OHRP. With oversight provided by Gaylord’s Institutional Review Board (IRB), Gaylord researchers adhere to the OHRP standards. We are proud to uphold the standards set to insure beneficence, justice, and respect for persons across all our research activities.

Recent studies conducted at Gaylord involved many different rehabilitation areas including: spinal cord injury, stroke, respiratory, cardiovascular, amputations, speech, sleep, wound care, aquatics and spiritual health. Please visit our website for more information about research at Gaylord:

www.gaylord.org/About/Research
Join Us at
Laskara
295 Parker Farms Road, Wallingford

As We Celebrate the Life of

Leslie Coburn
(Retired Nursing Supervisor, Lyman 2)
Who Passed Away on May 9

Friday, June 21
4pm-?

Cash Bar
Pay as You Go Appetizers

Bring your memories to share as we remember Leslie