The Stroke Program at Gaylord Hospital provides comprehensive medical and therapeutic services to patients following stroke. Recognized for outstanding care and treatment, Gaylord delivers patient centered care with an emphasis on safety and function. The team has extensive training and expertise allowing patients to successfully maximize functional gains.

Gaylord Specialty Healthcare offers the only transitional living center for brain injury and stroke survivors in Connecticut.

The Louis D. Transitional Living Center is an 8-bed facility that prepares residents, and their families, for independence following discharge. Traurig residents participate in a comprehensive therapy program coordinated through Gaylord’s Outpatient Services.

Technology Based Therapy:
- MYOMO: Neurobotic technology for retraining arm muscles after stroke
- Neuro optometry physician consultant
- Vision Rehab Program
- Splinting
- Aquatic Therapy
- Modified Barium Swallow (MBS) and FEES
- Assistive and Adaptive Technology Lab staffed by specialists to introduce augmentative and alternative communication devices to aid in functional communication and cognition needs. Technology includes iPad and Dragon dictate software.

**STROKE PROGRAM**

**ADMISSIONS:** (203) 284-2810

Turn over for inpatient program outcomes

**Specialty Programs:**
Dedicated Young Stroke Program for patients headed back to work or school.
Average Length of stay: 20-25 days

Early Recovery Program intended for patients early in their recovery with an expected longer than average length of stay. Requires family conference pre-admission.
Average Length of stay: 60 days

[Staff | Services | Capabilities]

- A multidisciplinary team led by Physiatrists with over 20 years experience with stroke survivors
- Certified Rehabilitation Registered Nurses 24/7
- Team includes Physical, Occupational, Speech and Recreational Therapy experts
- Caring psychology and medical subspecialty consultations
- Nutritional Management by Register Dieticians
- Pulmonary Medical experts on site and Registered Respiratory Therapists 24/7
- Assistive technology, including communication devices and speaking valves
- Pain management
- Neurorobotic technology and staff with advanced training with the technology
- Our on-site laboratory, pharmacy and radiology suite, allow patients the benefit of diagnostic services without traveling off campus
- Discharge tools for continued success at the next level of care
- Cardiac monitoring
- Compassionate care managers, chaplaincy services and support groups assist patients and their families
At the heart of our Stroke Program is our interdisciplinary team. The members of our team include Rehabilitation Nursing, Occupational Therapy, Physical Therapy, Speech-Language Pathology, Care Management and Medical Staff. The team may also include Psychology, Nutritional Services, Respiratory Therapy and Therapeutic Recreation.

Our expert clinical team works in partnership with each patient and family to provide an individualized plan for rehabilitation. Each plan is designed to optimize the person’s level of function including mobility, dressing, eating, memory, comprehension and communication. In order to accomplish these goals, each patient receives a range from 1-3 hours of therapy per day based on his/her ability to participate and the parameters of their program.

Although many view successful rehab as a discharge directly to home, this is not always possible. We call upon the experience and expertise of our clinical team to make the best possible discharge destination a reality. Through hard work, determination, and perseverance of our patients and their support systems, we have successfully helped our patients meet their goals, with a majority of our patients returning to the community.

At over the past five years, Gaylord has helped nearly 1100 patients through its Stroke Program. Patients come to the hospital from all areas of the Northeast and beyond to experience the strength of our clinical team and our dedication to positive patient outcomes. Patients who completed their Press Ganey survey recommended our Stroke Rehabilitation Program at 90%.

<table>
<thead>
<tr>
<th>Patient Satisfaction Scores 2013</th>
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<tbody>
<tr>
<td>Rehab Program Met Goals</td>
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<tr>
<td>Likelihood of Recommending</td>
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<tr>
<td>Overall Care</td>
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75% 85% 95%

97% Patients Rated Gaylord’s Stroke Program ability to meet Rehab Goals

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Gaylord Hospital has positively influenced the lives of many patients over the years. Our environment of compassion and clinical excellence rank us among the leaders in medical care and allow us to deliver upon our mission, which is “to preserve and enhance a person’s health and function”.

![Discharge Location by Age Group](image)

Discharge Information based on data gathered Oct 2012 - Sept 2013.