

FYI

Gaylord Cup Honors Interdepartmental DPH Survey Team

Teamwork took center stage this month as the April Gaylord Cup was awarded to the interdepartmental DPH Survey Team, an extraordinary group representing nursing, therapy, respiratory, facilities, pharmacy, human resources, medical staff, and many more across the organization.

Over the course of a rigorous visit from the Connecticut Department of Public Health, the team guided surveyors through Gaylord’s licensure review, while also addressing follow-up on prior concerns. Dozens of individuals stepped forward to support the process—hosting tours,

answering detailed questions, and demonstrating the high standards that define care at Gaylord.

What makes this achievement even more remarkable is the timing. With many members of the senior leadership team away at a conference, there was understandable concern about the absence of their deep experience. Instead, it became a defining moment for emerging leaders across departments. They rose to the occasion, collaborating seamlessly, communicating clearly, and representing Gaylord with confidence and professionalism.

continued on next page...



*Pictured (left to right): Alyssa Rotman, Dr. Mike Ivy, Chris Travalli, Bogdan Stepien, Christina Drogkaris, Kelley Breyer, Todd Belcourt, Ryann Collette, Andrea Williams, Sue Stango, Lori Vickers, Alison Silva, Stephanie Wallace, Jill Matson, Nicole Morrill, Tina Ufferfilge, Sonnia Belcourt, Laurie Jano, Cammy Nigro, Jessica DiMichele, Bob Hall *Please note: not all are pictured here.*

HUMAN RESOURCES UPDATES

Benefit Holiday on April 30

There will be no benefit deductions in today's paycheck (April 30) due to there being three pay periods in April.

American Red Cross

BLOOD DRIVE

**TODAY
APRIL 30**
11 AM - 4 PM
BROOKER LECTURE HALL

To schedule an appointment call: (1-800-733-2767) or visit: redcrossblood.org-enter Gaylord
Donors will receive a \$15 e-gift card to merchant of choice.

- I nnovation
- T eamwork
- I nclusion
- S afety
- I ntegrity
- C ompassion
- A ccountability
- R espect
- E xcellence

FYI DEADLINE
Submissions for the next issue due: **Fri, May 8, 2026**
Submit requests in JIRA

OT Pops with Possibility: Celebrating Occupational Therapy Awareness Month

In honor of Occupational Therapy Awareness Month, our Inpatient Occupational Therapists are bringing a little extra energy—and a lot of purpose—to the units with their “OT Pops with Possibility” initiative. As they make their rounds with seltzer, lollipops, and popcorn, they’re also sharing insight into the vital role Occupational Therapy plays in patient recovery and independence.

Occupational Therapists and Occupational Therapy Assistants help individuals regain the skills needed for daily life following illness, injury, or changes in function. Whether it’s getting dressed, preparing a meal, returning to work, or engaging in meaningful activities, OTs focus on what matters most to each patient. Through personalized, goal-driven interventions, they support physical, cognitive, and emotional well-being.

Kudos to this team for making a meaningful impact every day.



Gaylord Cup (continued)

The surveyors took notice. In their feedback, they shared a sentiment that speaks volumes: “It is obvious that you perform miracles here daily.”

This recognition reflects not just a successful survey, but the strength of Gaylord’s culture—where preparation, pride, and partnership come together to deliver exceptional care every day.

Congratulations to the entire DPH Survey Team on this well-deserved honor.



PATIENT EXPERIENCE WEEK

April 27 - May 1

**We honor our Gaylord Staff for
their impact in improving the
patient experience every day.**



We all have a hand in patient care.

Taping Into Better Outcomes: April OT Edventure Highlights

Gaylord's Inpatient Occupational Therapists participate in a monthly education series, "OT Edventures," designed to support ongoing clinical development and evidence-based practice. The series is presented each month by Emily Meise, MS, OTR/L, CLT, CBIS, CSRS. April's in-service discussion explored taping applications for the neurologic population.

During this hands-on demonstration, Emily guided therapists through the clinical reasoning behind taping techniques, emphasizing how strategic tape placement can support muscle activation, improve joint alignment, and enhance functional movement patterns. The session also highlighted the importance of thorough skin assessment, including identifying contraindications, monitoring for sensitivity, and ensuring safe application and removal.



Participants explored different types of therapeutic tape and discussed how to select the most appropriate option based on patient presentation, goals, and tolerance. The group reviewed common neurologic diagnoses such as stroke, brain injury, and spinal cord injury, with a focus on how taping can be used to facilitate motor control, manage edema, provide proprioceptive input, and support postural stability.



Through guided practice and peer collaboration, therapists had the opportunity to apply taping techniques in real time, reinforcing best practices and building confidence in incorporating these interventions into treatment sessions. This session reflects the team's commitment to advancing clinical skills and improving patient outcomes through continued education and shared expertise.

Did you know Gaylord holds a weekly 'Photo of the Week' Contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to publicrelations@gaylord.org with your name, department, title and brief description of the photo.



 **Nurses Week**
2026
You Make the Magic Happen

May 4
MONDAY

You Make The Magic Happen

The Magic Kingdom comes to you! Look out for a cart full of theme park treats
All shifts, all units



May 5
TUESDAY

Circle of Care

Blessing of the Hands

Snack boxes delivered to the nursing units.

Get your animal print on!



May 6
WEDNESDAY

You've Got a Friend In Me

Pizza Planet Party
Lunch & Dinner (day & evening shift)

"Be our Guest Party"
Cafeteria, 1-2:30am (night shift)
(Wednesday night into Thursday)



May 7
THURSDAY

Just Keep Swimming

Snack boxes restocked for all nursing units

Ice cream cart rounding on night shift beginning 1am
(Thursday night into Friday)



May 8
FRIDAY

Some People are Worth Melting For

Ice cream cart & Popsicle Cart continues rounding on day and evening shift



Gifts and awards throughout the week. Disney attire is strongly encouraged all week!

Happy **HOSPITAL WEEK** 

May 11-15, 2026

MONDAY MAY 11	TUESDAY MAY 12	WEDNESDAY MAY 13	THURSDAY MAY 14	FRIDAY MAY 15
<p>Innovation of the Year Award / CHAMP Awards 12 p.m. Brooker Lecture Hall</p> <p>Scholarship Presentation Brooker Lobby 3:00 p.m.</p>	<p>Committee Engagement Fair 11a.m.-2 p.m. Brooker Lecture Hall</p>	<p>Recognize a Star Event</p>	<p>*Appreciation Meal Wallingford campus 11:30 a.m.-1:30 p.m. 4:30 p.m.-6:00 p.m.</p> <p>Appreciation Dinner Night Shift (1a.m.-3:am Thursday, May 14)</p> <p>Offsites will have meal delivered</p> <p>Gaylord Gear Showcase Cafeteria</p>	<p>Free Dress Down Day</p>

THANK YOU!
for all that you do

MISSION COMPLIANCE

INTEL FROM THE RISK SQUAD: IT, PRIVACY, AND COMPLIANCE

IT Spring Updates 2026

Our Technology Is Blooming

After a long winter focused on strengthening our foundations and resolving key issues, IT is stepping into spring with meaningful improvements across the organization.

We're enhancing the tools and systems that support our staff, improve patient care, and streamline the way we work—every day.

Clinical Advancements

We're introducing updates that better support our care teams and enhance patient safety.

- Launching MEDITECH Traverse, improving interoperability with other healthcare systems and data
- Updating ordering and documentation for isolation precautions
- Expanding CareAI virtual nursing, in partnership with Nursing, to further support bedside care and clinical efficiency

Office & Workforce Technology

We're making everyday work smoother, faster, and more connected.

- Rolling out fully integrated O365 + Teams for a more seamless, collaborative experience
- Introducing a simplified, more reliable VPN process
- Partnering with Outpatient Therapy to provide upgraded laptops for greater flexibility across locations

Patient Experience Enhancements

Patients will also see improvements designed to make care more accessible and easier to navigate.

- Launching a refreshed patient portal with a more intuitive, user-friendly experience

These updates reflect how far we've come—and we're just getting started. We're excited about what's growing now, and what's still to come.



Need to communicate to all staff in a snap?

If you would like a SnapComms screen saver created, submit a request through **JIRA** (via Sharepoint) to let us know.

Please note: requests emailed directly to team members cannot be guaranteed to be received or processed.

Thank you!

JOIN GAYLORD RESEARCHERS TO CELEBRATE

INTERNATIONAL CLINICAL TRIALS DAY

Come celebrate *International Clinical Trials Day* at Gaylord with an afternoon of research and discovery.

FRIDAY, MAY 15, 2026
12:00PM - 1:00PM
THE INSTITUTE FOR ADVANCED REHABILITATION AT GAYLORD



- Poster Displays
- Mix & Mingle
- Refreshments



SAFETY STARTS WITH ME

NEAR MISS OF THE MONTH

The Safety Coaches have selected to celebrate **Vatsana Bratton, LPN**, from **Lyman 1** and her use of our CHAMP tools to catch and report a Near Miss submitted on her behalf by Lyman 1 Nurse Manager, Nicole Morrill in February.

During an admission, Vatsana used **STAR (Stop – Think – Act – Review)** when she noticed the new Hercules bed does not have a bed alarm. She then **Spoke Up for Safety** and called Agiliti, the equipment company. She was told that this bed does not have an alarm.

Thanks to Vatsana's 200% accountability, a long alarm pad was brought up from central supply to be used on the bed.

We'd like to acknowledge the following staff who submitted Near Misses in February:

- Caroline Loverud
- Emily Clifford
- Samantha Pierpont
- Todd Belcourt

Thank You for
Speaking Up for Safety

See something that doesn't feel right?
Say something.

Near Miss reports help us learn, improve, and prevent harm — even when nothing goes wrong.

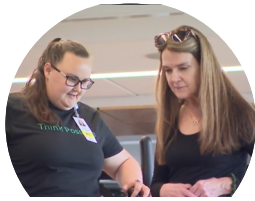
You might never know the impact — but your voice matters.

Near Miss Reporting can be found on Sharepoint, under Frequent Links: Quick Launch

This Recognition Includes:

- A Safety Huddle shout-out
- A feature in FYI
- A gift card
- A visit from the Safety Gnome

GAYLORD IN THE



news12

News 12 CT & News 12 Westchester:
Fairfield crash victim shares
miraculous survival story after internal
decapitation

Featuring Fairfield clinic supervisor, Jadean Hoff,
PT, DPT, and patient, Joan McHugh

[Check out the full story here](#)



NEWS 8
wtnh.com

WTNH: Gaylord's Interventional
Pain Center goes beyond the disc

Featuring Anton Cherry, lead PA in our
Interventional Pain Center

[Check out the full story here](#)



EVERYDAY HEALTH

Everyday Health: 8 Exercises to
Improve Your Balance When You
Have MS

Featuring Kim Hopkins, Physical Therapist in
our Cheshire Clinic

[Check out the full story here](#)

**Spring
Craft Fair**
May 7 • Jackson Lobby • 8 am - 5 pm

STICKER SALE
Thursday, May 7
Craft Fair
Jackson Lobby
9AM - 5PM
Cost: \$2-\$3
Cash or Venmo

TAKING ORDERS
CUSTOM GAYLORD **crocs**
Speckled Gaylord Crocs

April 23-May 8
Contact Georgette MacQuarrie
gmacquarrie@gaylord.org
or stop by B316

Available for order at Craft Fair • Form on pg 16

**6th Annual
CHAMP Awards**

Vote on the best performances in our
"Message in a Minute" videos...

- Best Actor
- Best Supporting Actress
- Best Actress
- Best Safety Comedy
- Best Supporting Actor
- Best Safety Drama

Voting is open until noon, May 7
Awards Ceremony:
Monday, May 11
Brooker Lecture Hall-12pm

On the Move? Know Your Telemetry Zones

The weather is getting warmer and patients want to get moving! So – where can my patient on telemetry go? Here's a quick guide to where monitoring is available.

Telemetry coverage is in:

- ✓ Milne 1 and Milne 2
- ✓ Lyman 1
- ✓ Hooker 1
- ✓ Luscomb Building (including therapy gym and radiology)

There is NO TELEMETRY COVERAGE in:

- ✗ Jackson Building (including Therapeutic Recreation and Outpatient Therapy)
- ✗ Cafeteria
- ✗ Brooker Building
- ✗ Rehab units: Hooker 2 and Lyman 2
- ✗ Outdoors (including gardens and courtyard)

Help us keep our patients safe by knowing where there is telemetry coverage!



Congratulations to the following staff who were recognized by their peers in the month of February. Each month a name is pulled to win a prize.

Georgette MacQuarrie	Devo/PR Assistant
Donna Peluso	Rehab Therapy Aide OP
Casey Kennedy	Clinical Support Associate
Kathy Popolizio	Clinical Support Associate
Dawn O'Connor	Clinical Support Associate
Tina Nepal	Registered Nurse
Kelly Seifert	Patient Care Technician
RAFFLE WINNER Evelyn McInnis	Team Lead Regional Healthcare Manager
Joan Macdonald-Buckley	Clinical Admissions Rep
Karen Ingham	Medical Records Coordinator
Alyssa Rotman	Clinical Informatics and Lab Manager
Sharon Sullivan-Griffin	Release Of Info Coordinator

Did your
co-worker go
above and
beyond?



Scan the
QR code to
recognize
them!



\$5,000 SCHOLARSHIP OPPORTUNITY!

Apply Now for May 4th Start
Info on page 14



Every two months, one lucky scholar will win a raffle prize by completing any one of the bi-monthly featured courses above in Gaylord University!



Is someone you know interested in starting a career in healthcare?

APPLY NOW

Classes begin
May 26 & June 27



- ✓ Application fees waived
- ✓ Potential for full tuition reimbursement

Flip to page 15 for more information

April Featured Courses:

- [Building Up Your Emotional Intelligence](#) (0.5 credit hrs.)
- [Enhancing Communication Through Listening](#) (0.5 credit hrs.)
- [Preventing And De-Escalating Crisis Situations](#) (1.25 credit hrs.)
- [Daily Time Management Skills for Success](#) (0.5 credit hrs.)

Keep an eye out in the May 14th edition for the March/April Scholar Spotlight Winner!

CPR CLASS

for Non-Clinical Staff



Earn a American Heart Association Basic Life Support (BLS) certification

Who should attend?

This CPR class is intended for staff members whose roles do not require CPR certification, but who would like to be prepared and confident in an emergency.

Class Details

- 📍 Clinical Education Classroom, Jackson Ground
- 📅 Wednesday May 20, 2026
- 🕒 8AM-12PM
- 💰 \$20 Fee

Registration

- Seats are limited
- Advance registration is required
- Register through Gaylord University



Refer A Friend

Employee Referral Bonus Program

Featured Open Position

Patient Care Technician (PCT)

Refer them to Gaylord and you could receive a
\$1,000 referral bonus

Contact HR for details



Learn essential, potentially life-saving skills



innovation OF THE Year Award

May 11 • 12pm
Brooker Lecture Hall

May 7 is the last day to VOTE

Help us choose the winner!

Read about each one and cast your vote today!



SCAN OR
CLICK TO VOTE



Finalists



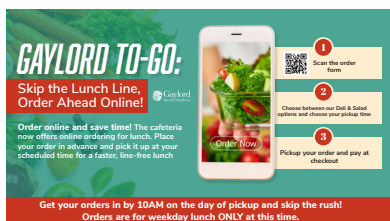
Non-Clinical CPR Class



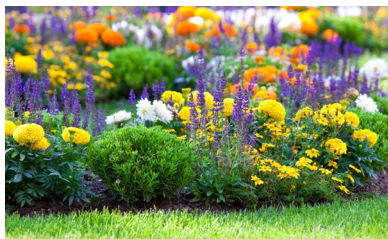
Live Stream Prayer Services



Cafeteria Order Ahead



North Haven Gaylord Gardens: Grow & Give Program



Reuse Opportunity



PAINT Party



TUESDAY, MAY 19

4-5 PM

Doors open at 3:30pm

BROOKER LECTURE HALL

Light refreshments and
guided facilitator

Please RSVP to hr@gaylord.org
by Friday, May 15



On-Site Biometric Screening

THURSDAY, MAY 21
7AM - 11AM
BROOKER LECTURE HALL

Visit the intranet homepage/
PULSE for more information



Gaylord Required Education Annual Training (GREAT)

Completion Deadline: May 23

Training is Mandatory.
Compliance is a condition of employment and
is required to remain in good standing.



Login to UKG,
click on **Gaylord
University**
button to access
training



Interested in volunteering
at our event table?

Contact:

Kate Brophy kbrophy@gaylord.org
or Kim Fredsall kFredsall@gaylord.org



**JOIN THE
Gaylord Team!**



Walk MS
Sunday, May 3
Cheshire High School

Sign Up Now!

13TH ANNUAL PATH OF HOPE 5K

Presented by Hartford HealthCare Cancer Institute

MAY 9, 2026
Bushnell Park, Hartford, CT

[Click Here to register](#)



We Saved You A Spot!

Gaylord is proud to sponsor this year's Path of Hope 5K — and even more honored to be recognized with the 2026 CT Brain Tumor Alliance Community Impact Award.

This recognition is especially meaningful as CTBTA is led by CEO Christopher Cusano, a former Gaylord patient and brain cancer survivor, whose journey continues to shape and inspire his work.

The 13th Annual Path of Hope 5K brings the community together to raise funds, celebrate survivorship, and honor those impacted by brain tumors.

Want to join us?

We have **8 free spots available** —
use code GSH2026.

Recruiting walkers and runners!



Saturday, May 9

Sherwood Island State Park
Westport, CT
Check-in 9am
Walk begins at 10am



**JOIN Gaylord's
HEART WALK TEAM**



Scan to register

For questions, contact Gaylord Team Captain, Stephanie Zanzvetor at szanzvetor@gaylord.org

Join the Gaylord stroke committee as they participate in the 2026 Fairfield Heart Walk & 5k Run in support of the American Heart Association

Saturday, May 9, 2026
Sherwood Island State Park
Sherwood Island Connector
Westport, CT 06880

[Register Here](#)

For more information contact Stephanie Zanzvetor at szanzvetor@gaylord.org



- **May 3** - MS Walk, Cheshire
- **May 9** - Path of Hope 5k (CT Brain Tumor Alliance)
- **May 21** - Middlesex Chamber Golf Tourn. Tee Sponsor
- **Aug 2** - Southington-Cheshire YMCA Charity Golf Tournament

● Community Events ■ Sponsorships



Friday,
May 1

The featured organization is:

Spinal Cord Association

The Christopher & Dana Reeve Foundation supports individuals living with paralysis through research funding, advocacy, and comprehensive resources for patients and families.

[Click here to learn more](http://christopherreeve.org) or visit: christopherreeve.org

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.

Friday, May 1
Sticker: \$2

Innovation Idea

Fun Scrub Fridays supports with the same charities featured for each Jeans for Charity event going forward, and therefore will use the same stickers and buttons for participation.



Mondays:	Weekly Zumba Series, 4:10pm, Inpatient Gym
Tuesdays:	"Take a Breath Tuesdays" - Ten Minute Meditative Moment, 12:10pm, Chapel on Jackson Ground
Wednesdays:	Weekly Yoga, 4:10pm, Brooker Lecture Hall
Th 4/30:	Blood Drive
F 5/1:	Jeans for Charity/ Fun Scrubs for Charity
5/4-5/8:	Nurses' Week
W 5/6:	On-site Massage Appointments, 9am-1pm
F 5/8:	On-site Massage Appointments, 12-4pm
M 5/11:	Committee Fair
5/11-5/15:	Hospital Week
F 5/15:	FREE Jeans for Charity/ Fun Scrubs for Charity
W 5/20:	CPR Class for Non-Clinical Staff
Th 5/21:	Q3 Employee Meeting
S 5/23:	Annual GREAT Training Due
F 5/29:	Jeans for Charity/ Fun Scrubs for Charity





\$5,000 SCHOLARSHIP OPPORTUNITY!

Apply Now for May 4th Start

Two students will receive a \$5,000 tuition scholarship!

Available for new students enrolling in Post University Online Programs (Non-Nursing)

APPLY NOW!

HOW TO QUALIFY IN 3 SIMPLE STEPS:

1. Apply.

Apply to a Post University online program

2. Enroll.

Get accepted and enroll

3. Start!

Begin classes on May 4, 2026

Deadline: Student must start classes by May 4, 2026.

HOW THE SCHOLARSHIP WORKS

- \$5,000 applied as a **tuition reduction**
- Applicable to **online undergraduate, graduate, and certificate programs (non-nursing)**
- Can be combined with employer tuition benefits (if eligible)
- Distributed across multiple terms beginning in your **second term**
- Requires **continuous enrollment**

Get Started Today!

Contact your dedicated Post University Strategic Partnerships Manager,
Edgar Glascott
eglascott@post.edu
475.559.8781



Or, scan the QR code

* Two scholarship recipients will be selected by random drawing on May 15, 2026 from eligible students who apply, enroll, and begin classes for the May 4, 2026 start. New students only. Must be accepted into an eligible online (non-nursing) program. No cash value; non-transferable. Terms and conditions apply. Post University reserves the right to modify or withdraw this scholarships at any time.

Jump start your career in healthcare TODAY!

Become a Certified Nursing Assistant and begin a rewarding career in healthcare. With our dedicated simulation lab and clinical learning on Gaylord's state-of-the-art rehabilitation units, you can complete all of your training under one roof. Let Gaylord be the catalyst for your healthcare career by becoming a CNA!



Student Benefits

- Immediate employment after course completion for eligible candidates
- Potential reimbursement of program fees with employment commitment
- Shadowing and mentoring opportunities with RN, LPN, PT, OT, and RT staff



Student Requirements

- 18 years or older
- Fluent in English
- High school diploma or GED
- Resume
- Flu shot required
- Must pass a criminal background check, physical and drug screening



Then Join Our Team & Enjoy Our Employee Benefits!

- Tuition reimbursement for college courses
- Dedicated to work-life balance with robust programs promoting health and wellness
- Opportunities to gain valuable clinical experience:
 - Progressive care, stroke, traumatic brain injury, telemetry, medical pulmonary and more



Scan our QR Code to apply online or email CNAacademy@gaylord.org.

Visit gaylord.org/center-for-education/cna-academy

Apply for an upcoming session TODAY!

Contact
(203) 284-2784
for questions.



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- 7 16
- 8 17
- 9
- 10

PAYMENT

- Venmo - @gaylord-hospital
- Cash
- Check
- Payroll Deduction - 2 payments of \$37.50 each _____



VENMO

Signature/Date _____

CONTACT INFO

Name: _____

Department: _____

Ext: _____

Cell: _____

Email: _____

Bags & Blooms

2ND ANNUAL HEALTH AND WELLNESS EVENT

MAY 7TH | 5:30PM - 8PM

EVENT DETAILS

Join Carabetta Cares Inc. for an inspiring evening of philanthropy, community, and wellness at the elegant grounds of the Wadsworth Mansion at Long Hill Estate.

Event Schedule

5:30 PM – Cocktail & Garden Reception

- Strolling small bites & cocktails
- Designer handbag & luxury prize raffles

6:45 PM – Keynote Presentation

Guest Speaker

Antonio Giordano, MD, PhD

President & Founder, Sbarro Health Research Organization

Professor of Biology, Temple University

Event Highlights

- Designer Handbag Raffle
- Health & Wellness Keynote
- Special Bloom Gift for Each Lady

Proceeds support Carabetta Cares Inc., expanding health education initiatives and community outreach.



SCAN TO PURCHASE TICKETS

WADSWORTH MANSION
THURSDAY, MAY 7TH 2026

421 WADSWORTH ST,
MIDDLETOWN, CT 06457