

# COVID-19 Recovery & **REHABILITATION SERVICES**

**Our team approach will be instrumental to a patient's COVID-19 recovery**

**As a trusted member of the healthcare community,** Gaylord Outpatient Services is uniquely qualified to help patients complete their recovery from COVID-19. Our team has successfully helped hundreds of people regain strength and cope with new circumstances following an illness. With multiple locations featuring a wide variety of rehab technology, we can help **every step of the way.**

## **Challenges resulting from COVID-19**

- Labored breathing and low endurance
- Muscle weakness, neuropathy and achy joints
- Depression and anxiety
- Cognitive processing and executive functioning difficulties;
  - Short term memory loss and "brain fog"

The Gaylord team prioritizes each patients personal goals. Our expertise in rehabilitation, experience with COVID patients and ability to customize services provides our patients with superior outcomes.

## **Now Accepting New Patients**

## **A Team of Experts**

- Physiatry / Physical Medicine and Rehabilitation Doctor
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Pulmonary Rehabilitation
- Counseling Services
- Nutritional Consultations
- Neuropsychology

No referral needed to see our physician.  
Most insurances accepted.



**Jerrold L. Kaplan, MD**  
**Medical Director,**  
COVID, Outpatient and Workers'  
Compensation Services

**Seeing patients on the  
Wallingford campus.**

**Appointments:** (203) 284-2845  
**Referral Fax:** (203) 294-8705

