

**Gaylord Specialty Healthcare** is a rehabilitation-focused, nonprofit health system that provides inpatient and outpatient care for people at every point in their journey from illness or injury to maximum recovery.

It is anchored by Gaylord Hospital, a long-term acute care hospital, and includes Gaylord Outpatient Services and Gaylord Physical Therapy for patients who require diagnosis and treatment on an outpatient basis.

Gaylord's Milne Institute for Healthcare Innovation is a hub for accelerating world-class rehabilitative research, technology development and innovation to improve the quality of life and function of people around the world. The newly launched residency program in Physiatry, a joint program with UConn School of Medicine and Hartford Hospital, will educate the next generation of rehabilitation doctors in Connecticut and beyond. Together, these entities deliver a complete continuum of rehabilitative care driven by clinical experience, innovation and human compassion.

## Executive Leadership



**Sonja LaBarbera, MSOL, MS CCC/SLP**  
**President and Chief Executive Officer**

With over 20 years in the healthcare industry, Ms. LaBarbera is experienced in clinical operations, strategic planning, business development and philanthropic fundraising. She works with healthcare systems, academic and research institutions to foster collaborative efforts to support superior patient outcomes.



**Michael Ivy, MD**  
**Vice President and Chief Medical Officer**

Board-certified in general surgery and surgical critical care, Dr. Ivy is responsible for upholding Gaylord's mission of caring for people at every point in their journey from illness or injury to their most advanced state of recovery possible. Dr. Ivy has more than 20 years of experience in leadership roles at Yale New Haven Health and Hartford Healthcare.



**GAYLORD HOSPITAL** in Wallingford, Conn. is licensed for 137 beds and provides intensive medical rehabilitation following an acute illness, traumatic accident or other serious health events. Gaylord is known for its treatment of a wide range of conditions that demand advanced rehabilitation and medical management. Hospital physicians and staff are highly rated by patients for the depth of their clinical excellence, compassion and outstanding outcomes achieved as a team.



**GAYLORD OUTPATIENT SERVICES** delivers expert, compassionate care to help patients move better and feel better:

### Neurological Rehabilitation

Comprehensive physical, occupational, aquatic, and speech therapy programs support individuals recovering from stroke, spinal cord or brain injury, and other neurological conditions.

### Orthopedic & Sports Rehabilitation

From post-surgery recovery to peak performance, our team helps patients - from weekend warriors to elite athletes - restore strength, mobility, and confidence.

### Interventional Pain Management

Physician-led, evidence-based, non-surgical, and non-opioid treatments designed to relieve pain, improve movement, and enhance quality of life.

With convenient locations in **Wallingford, Cheshire, Cromwell, Fairfield, Guilford, Madison, and North Haven**, Gaylord combines clinical excellence, compassionate care, and cutting-edge technologies to help every patient achieve their highest level of independence and performance.

**MEDICAL DIVISION**
**Pulmonary Program**

- Vent Weaning
- Home Vent Training
- Complex Pneumonia
- Severe COPD
- Chronic Emphysema
- Respiratory Insufficiency
- Tracheostomy Care
- Pulmonary Edema
- COVID

**Medically Complex Program**

- Sepsis/Infectious Disease
- Congestive Heart Failure
- Post Op complications (cardiac, GI, etc.)
- Complex Wound Care/ Osteomyelitis
- Pre/Post transplant
- Oncology

**REHABILITATION DIVISION**

- Brain Injury (acquired and traumatic injuries)
- Complex stroke patients with co-morbidities
- Spinal Cord Injury (illness or injury affecting spinal function)
- Complex Orthopedic Injuries
- Complex Neurological Diagnoses

**CARE TEAM INCLUDES:**

- Medical Staff, includes Hospitalists (on-site 24/7), Intensivists and Physiatrists
- Consultant Specialists
- Nursing (ACLS & CRRN)
- Respiratory Therapy
- Physical/Occupational/Speech Therapists, including Clinical Specialists in Neuro (NCS),
- Orthopedic (OCS) and Geriatric (GCS)
- Care Management
- Dietary
- Psychology/Neuropsychology
- Therapeutic Recreation

**ADDITIONAL ONSITE SERVICES:**

- Pharmacy
- Bronchoscopy
- Laboratory, including ABGs
- Radiology
  - CT Scan
  - Ultrasound
  - X-ray
  - C-ARM
  - PACS

**CLINICAL CAPABILITIES:**

- Central line insertion and management
- IVs • TPN
- Chest tubes • LVAD/HVAD
- High flow O2
- PICC insertion and management
- Telemetry
- Peritoneal and Hemodialysis
- Ventilator weaning and home teaching
- State-of-the-art wound management
- Modified Barium Swallow
- Fiberoptic Endoscopic Evaluation of Swallowing (FEES)
- SCI Model Center
- Neurorobotic Therapy, featuring: Myomo | Bioness | Ekso Bionics
- Intravenous medication administration protocols (Insulin, Heparin, Cardizem, Milrinone)
- Pain management


**ADMISSIONS:**

(203) 284-2810  
 (203) 294-8701 FAX

**Kathleen Sullivan MSPT, MHA**

Director, Admissions Department  
 (203) 294-3222  
 ksullivan@gaylord.org

Outpatient medical and therapy services at Gaylord are devoted to helping people achieve their optimal levels of functioning while resuming independence in the community. In addition to offering physician medical services, Gaylord offers the following services that enhance the care and treatment of our patients:

## **SERVICES**

- Adaptive Technology (AT)
- Augmentative and Alternative Communication (AAC)
- Aphasia Treatment
- Aquatic Therapy
- Arthritis Rehabilitation
- Back programs
- Baclofen Pump Management
- Balance and Vestibular Dysfunction Therapy
- Botox Treatment
- Brain Injury Evaluation
- Cognitive Day Program
- Communication Disorders
- Concussion Care
- Electrodiagnostic Testing
- Hand Therapy
- Intramuscular Manual Therapy (AKA dry needling)
- Interventional Pain Evaluation
- Interventional Pain Specialists
- Medical Nutrition Therapy
- Multiple Sclerosis Treatment
- Neuromuscular Re-Education: RT300 stim bike, Xcite 2, Transcutaneous Stimulation for SCI: ARC-EX

- Neuropsychology Evaluation
- Neurological-based Therapy, includes: Physical Therapy, Occupational Therapy, Aquatic and Speech Therapy
- Neuro-Optometry/Vision Clinic
- Neurorobotic Therapy featuring: Ekso Bionics, Bioness, Myomo
- Orthopedic Physical Therapy and Sports Medicine, featuring: Graston Technique, Aquatics, Sport Specific Rehab
- Osteoporosis Therapy
- Post-Polio Care
- Prosthetic/Orthotic Evaluation and Care
- Psychology Services
- Pulmonary Rehabilitation
- Rehabilitation Physician Care
- Spasticity Management
- Spinal Cord Injury Day Treatment Program
- Swallowing Services
- Temporomandibular Joint Dysfunction (TMD or TMJ-D)
- Wheelchair Assessment



## **CONTACT INFORMATION**

Jerrold Kaplan, M.D.  
Medical Director:

Jacob Hunter, PT, MSPT, OCS  
AVP Outpatient Clinical Services:

### **Orthopedic Physical Therapy Locations**

**Cheshire, CT**  
415 Highland Ave  
(203) 679-3533

**Cromwell, CT**  
50 Berlin Road  
(203) 284-3020

**Madison, CT**  
28 Durham Road  
(203) 284-2929

### **Neurologic & Orthopedic Therapy Locations**

**Fairfield, CT**  
75 Kings Highway Cutoff  
(203) 284-2770

**North Haven, CT**  
8 Devine Street  
(203) 230-9226

**Wallingford, CT**  
50 Gaylord Farm Road  
(203) 284-2888

### **Speech Therapy Location**

**Guilford, CT**  
669 Boston Post Road  
(203) 949-3800

**Referral FAX**  
(203) 294-8705

**Physician Services**  
(203) 284-2845

**Interventional Pain Specialists**  
(203) 284-2825

**Work Force**

**Gaylord employees:** 1,061, Full-time 609, Part-time 154, Per diem 298

**Average tenure of employees:** 7.0 years

**Retention rate** 85%


**Financials**

**\$94,792,414**

**Patients and Visits**

**Outpatient locations:** 6

**Inpatients served:** 1,408

**Outpatients served:** 9,167

**Licensed inpatient beds on Wallingford, Conn. campus:** 137



**Number of states/countries represented by inpatient population in the last two years:** 20

**Number of inpatient services offered:** 45

**Number of outpatient services offered:** 33

**Number of referring hospitals for inpatients:** 62

**Patient Satisfaction**

**Inpatients :** 99%

**Outpatients:** 97%


**Research**

**Number of Research Papers Published:** 2

**Number of Clinical Presentations:** 16 (5 oral presentations, 11 poster presentations)





Gaylord is accredited for inpatient and outpatient programs as a long-term acute care hospital (LTACH) with additional accreditation for spinal cord injury, stroke and brain injury programs.

Commission on Accreditation of Rehabilitation Facilities (CARF) certification is a rigorous process that ensures our programs meet the highest standards of patient care.

## CARF Accreditation Details

### How does Gaylord compare?

The Commission on Accreditation of Rehabilitation Facilities (CARF) certification is a rigorous process that ensures programs meet the highest standards of patient care. Those utilizing health and human services are likely to see the internationally recognized CARF symbol proudly displayed at many providers of care across the United States, Canada and Brazil.

CARF offers a wide variety of accreditation opportunities spanning rehabilitation services, vocational education and many community services. Gaylord has earned additional accreditation for spinal cord injury, stroke and brain injury programs; which means our CARF designation carries even more weight as we have earned the right to say -

**We are one of a kind in the United States.**

**Gaylord is one of 368 organizations in the world earning accreditation for:**  
Interdisciplinary Outpatient Medical Rehabilitation Programs

**Gaylord is one of 16 organizations in the world earning accreditation for:**  
Inpatient Rehabilitation Programs, Long-Term Acute Care Hospital  
\*One of two in New England, the other is Hebrew Rehab Center, MA

**Of these 16, Gaylord is one of three with the additional accreditation:**  
Spinal Cord Specialty Program

**Of these 16, Gaylord is one of 11 with the additional accreditation:**  
Brain Injury Specialty Program

**Of these 16, Gaylord is one of three with the additional accreditation:**  
Stroke Specialty Program

as of November 2023

Note: No other LTACH has specialty certification in the three programs that Gaylord is accredited for.

**Therefore, Gaylord is one of two in the world, and the only of its kind in the US, with our unique level of CARF accreditation.**