

FYI

WELCOME



Welcome Dr. Gretchen Hermes and Introducing the Center for Neurobehavioral Health

We are excited to welcome Dr. Gretchen Hermes as our new Medical Director of Psychiatry and psychiatrist. With her leadership, we will continue to strengthen the care we offer patients with complex medical and neurological needs. Dr. Hermes will be joined by Courtney Raynor, APRN, and Gina Smith, APRN, who will serve as psychiatric nurse practitioners.

Dr. Hermes brings specialized expertise in psychiatry and a deep understanding of the unique emotional, cognitive, and behavioral challenges faced by individuals recovering from serious illness and injury. Her addition enhances Gaylord's ability to provide integrated, patient-

centered care that addresses not only physical recovery but also the mental and emotional aspects of healing.

Bringing psychiatry to Gaylord is an important step for us. To reflect our broader services, we have renamed the former Psychology Department as the Center for Neurobehavioral Health.

The Center for Neurobehavioral Health brings together four essential disciplines under one umbrella:

- Psychology
- Psychiatry
- Social Work
- Chaplaincy

continued on page 4...

Lamplighter Awards

Congratulations to Gaylord's PR & Marketing team who was recently honored by the New England Society of Healthcare Communications (NESHCo), the New England's premier professional society for healthcare communications, at its recent annual conference in Vermont.

Team Gaylord took home 5 Lamplighter Awards which recognize outstanding campaigns produced in healthcare communications across New England. There was a clear standout story which accounted for 4 of the 5 awards...

See the awards list and team photo on page 2.



Good Luck Runners!

- I nnovation
- T eamwork
- I nclusion
- S afety
- I ntegrity
- C ompassion
- A ccountability
- R espect
- E xcellence

FYI DEADLINE

Submissions for the next issue due:

Fri, June 19, 2026

Submit requests in JIRA

Planting the Seeds of Independence

Community Reintegration Program

Every Friday, Gaylord's Outpatient Community Reintegration Program takes therapy beyond the clinic walls and into the community.

Recently, residents of Traurig House and participants in the Cognitive Day Treatment program visited Beaumont Farms in Wallingford, where they selected vegetable plants for the Traurig House garden. Back at Traurig House, patients rolled up their sleeves and got planting - with a little help from staff.

These weekly outings give patients opportunities to practice real-world skills through activities such as grocery shopping, dining out, exploring local trails, and community projects like gardening. Along the way, they're building confidence and independence while working on physical, fine motor, visual, and cognitive-linguistic skills in meaningful, everyday settings.



Pictured left, Sarah Aldrich, Day Treatment Assistant, assists a patient with planting tomatoes,



while Shannon Masella, SLP and Day Treatment Co-Coordinator, (pictured right) helps another patient plant peppers.

Lamplighter Awards (cont.)



- **PUBLIC RELATIONS:**
Bella's Walk: A Graduation to Remember
- **BLOG:**
Jack's "Think Possible" story: A ballet dancer's return to the stage after brain tumor surgery

[Watch Here](#)



- **MEDIA RELATIONS**
Bella's Walk: How a creative pitch landed People Magazine
- **SINGLE PATIENT VIDEO:**
Bella's Walk: A Graduation to Remember
- **SHORT FORMAT SERIES VIDEO:**
Bella's Walk: A Graduation to Remember

[Watch Here](#)



Pictured: Kate Brophy, Dan McIsaac, Joy Savulak, Laura Phipps, Tara Knapp, Georgette MacQuarrie. Not pictured: Kevin Johnson, Kate Mongillo



Gaylord physical therapist Corey Podbielski recently presented at the Connecticut State Dental Association's Annual Conference at Mohegan Sun, sharing his expertise on the role of physical therapy in the treatment of temporomandibular disorders (TMD).

His presentation, Collaborative Solutions for TMD: A Physical Therapy Perspective, highlighted the important connection between musculoskeletal dysfunction and TMD, while emphasizing the value of interdisciplinary collaboration between dental professionals and physical therapists.

During the session, Corey discussed common musculoskeletal contributors to TMD and reviewed evidence-based physical therapy interventions, including manual therapy, dry needling, therapeutic exercise, posture training, and patient education. He also provided attendees with an overview of physical therapy assessment techniques and guidance on identifying patients who may benefit from referral to physical therapy services.

The presentation focused on helping dental professionals better integrate musculoskeletal considerations into their clinical decision-making, fostering improved communication across disciplines and ultimately supporting better, longer-lasting outcomes for patients.

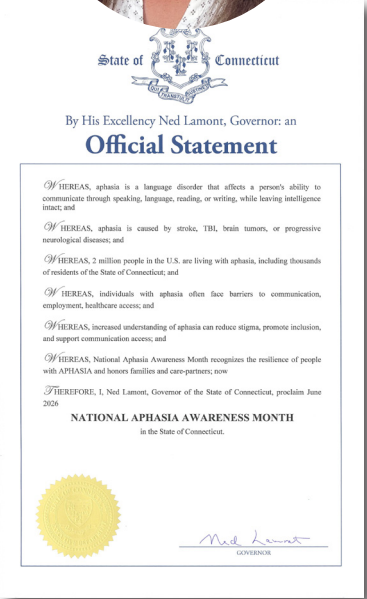
Corey's participation in the conference reflects Gaylord's ongoing commitment to education, clinical excellence, and collaboration with healthcare professionals throughout the region.

Giving Aphasia a Voice: Gaylord Speech-Language Pathologist Helps Secure Statewide Awareness



June has officially been recognized as National Aphasia Awareness Month in Connecticut, thanks in part to the advocacy efforts of North Haven Speech-Language Pathologist **Shari Mayerson, MS, CCC-SLP**.

As a National Aphasia Association Ambassador, Shari worked alongside former Gaylord patient Laura Malis to help secure an official proclamation from Governor Ned Lamont recognizing aphasia awareness across the state. The proclamation highlights the impact aphasia has on communication and the importance of improving understanding, inclusion, and access to support for those affected. Aphasia is a language disorder that can affect a person's ability to speak, read, write, and understand language, often following a stroke or other neurological injury.



Continuing those awareness efforts, Shari will join former Gaylord patients Laura Malis and Paula Gallagher for a free community presentation on aphasia on June 16 at Scranton Library in Madison. The event is designed to raise awareness, share resources, and connect individuals, care partners, and community members with information and support.

The presentation also provides an opportunity to highlight Gaylord's speech-language pathology services, including services available through Gaylord's newest outpatient speech location in Guilford.

Interested or know someone who would like to the event on the 16th? Check out the flyer on page 12.



D.E.B.I. Celebrates *Pride Month*

June 2026

Check out page 14 for more info

Neurobehavioral Health (*continued from page 1*)

This new name reflects both the breadth of services offered and the specialized needs of our patients. Neurobehavioral health focuses on the complex relationship between the brain, behavior, emotions, and cognition. Many people recovering from stroke, brain injury, spinal cord injury, prolonged critical illness, or other neurological conditions experience changes in thinking, mood, personality, behavior, or emotional regulation. These challenges can have a significant impact on recovery, quality of life, and family dynamics.

By uniting these disciplines within the Center for Neurobehavioral Health, Gaylord is reinforcing its commitment to caring for the whole person. The Center's interdisciplinary approach recognizes that healing is more than just physical recovery. It often requires working together to provide coordinated support for emotional well-being, cognitive functioning, spiritual needs, family adjustment, and psychiatric care.

The Center will continue to play a vital role across the continuum of care, supporting patients and families navigate the challenges of rehabilitation and recovery. The addition of psychiatry further enhances our ability to deliver comprehensive, evidence-based care that addresses the full spectrum of patient needs.

Please join us in welcoming Dr. Hermes to Gaylord and celebrating the Center for Neurobehavioral Health.

LAST CHANCE

Survey closes June 22



Great Place To Work survey 2026
Look for an email from Great Place To Work

Welcome

to the Gaylord Team!

Anna Acevedo	LPN- Lyman 2	Ashley Padilla	LPN- M1
Gabriella Angeletti	OT- Fairfield/Wlfd	Caitlyn Pasquine	SNT- Lyman 1
Julia Chapell	PT- Inpatient	Debra Peel	LPN- Lyman 2
Dylan Cirino	Rehab Therapy Aide- IP	Justin Riggs	LPN-Milne 2
Max Colaccino	Mobility Technician- Float	Derek Rodriguez	Mobility Technician- Float
Leah Fenton	PT- Fairfield	Jeremy Romero	EVS Aide
Fedare Frasier	LPN- Hooker 2	Mariam Sano	SNT- Lyman 1
Kate Frioni	Mobility Technician-Float	Alexa	
Elisha Griffing	Fluro Technologist	Schweighoffer	Occupational Therapist- OP
Carolyn Ives	Enhanced Clinical Experience PT	Triana Smith	Respiratory Therapy Aide
Jasmine Johnson	SNT- Lyman 1	Tamyra Stanley	PCT-Milne 2
Nakisha Joseph	GN-Milne 1	Jamare Thomas	PCT-Float Pool
Fatiha Khanchouli	SNT- Lyman 1	Presilia Tshinguta	SNT- Lyman 1
Olivia Labella	Enhanced Clinical Experience PT	Yasin Uzun	Rehab Therapy Aide- IP
Maya Marin	SNT- Lyman 1	Charmaine Waller	LPN- Float Pool
Ariette Mata-Aquino	SNT-Lyman 1	Olivia Zalinsky	PCT-Hooker 2
Chasity McGriff	LPN- Hooker 1	Qianwen Zeng	SNT- Lyman 1
Dayhana Mir	EVS Aide	Sydney Clarke	Graduate Nurse Milne 1
Launas Mwape	RN- Lyman 1		
Jeremy Newton	PCT-Float Pool		



MAY

Service Awards

Thank you and congratulations to the following employees for their years of service to Gaylord:

5 YEARS

Brandon Taylor
Food & Nutrition

Taylor Erickson
Inpatient Therapy

Elle Maron
Patient Experience &
Volunteer Services

Lael Amendol
Food & Nutrition

Rosie Vecchitto-Baez
Nursing Services

15 YEARS

Beatrice Toupou
Nursing Services

Shannon McCarthy-Budd
Patient Financial Services

Maria Rosa
Respiratory Therapy

20 YEARS

Sylvie Duarte
Nursing Services

Mark Morariu
Accounting



WELLNESS FAIR 2026
HEALTHY HABITS, HEALTHIER LIFE

TUESDAY, JUNE 16
BROOKER LECTURE HALL
11 AM - 3 PM

Gaylord
Specialty Healthcare

Health Information • Healthy Snacks & Recipes • Financial Planning • Raffles
• And more! For information visit the intranet homepage/PULSE



Congrats!

to our Nursing Staff on their Recent Promotions and Career Moves



Courtney Raynor (M2 Nurse Manager) is moving to Psychology and is now an **APRN**

Heather Errichetti (formerly M2 UNL) will be taking the role of **Nurse Manager, Milne 2**

Alexia Amenta (staff RN M2) will be taking the role of **Unit Nurse Leader, Milne 2**

MISSION COMPLIANCE

MONTHLY INTEL FROM THE RISK SQUAD:

IT, PRIVACY, AND COMPLIANCE

See Something? Say Something.

Protecting our patients, colleagues, and organization is everyone's responsibility. If you have a compliance concern, question, or potential issue to report, help is just a phone call away.

Compliance Hotline: 203-679-3537 (or ext. 3537)

The Compliance Hotline is available for reporting compliance concerns, and messages may be left anonymously if preferred.

Reporting a Privacy Incident

If you become aware of a privacy-related incident or potential HIPAA/privacy concern, please complete the Privacy-Security Incident Reporting Form available on the SharePoint Forms page under Compliance.

Quick Path:

SharePoint > Forms > Compliance > Privacy-Security Incident Reporting Form






Remember:

- Report concerns promptly.
- You may report anonymously through the Compliance Hotline.
- Privacy-related incidents should be submitted using the Privacy-Security Incident Reporting Form.

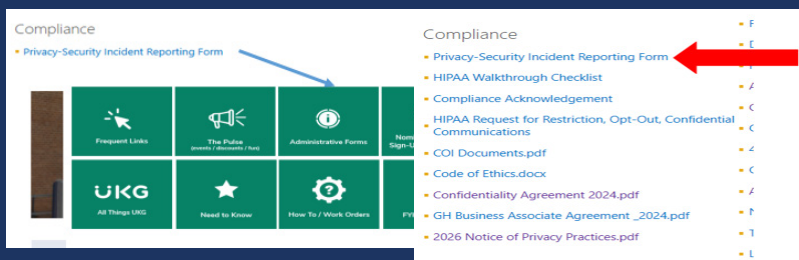
**Need to access Gaylord's Employee Assistance Program?
Call (860) 233-6228.**



Calendar of Engagement Events JUNE

	TUE 16 JUNE	Wellness Fair 11am-3pm Brooker Lecture Hall	Questions? Contact Jessica DiMichele x2848 or email jdimichele@gaylord.org
	THUR 18 JUNE	Onsite Massages 12pm-4pm Library	
	WED 24 JUNE	Onsite Massages 9am-1pm Library	
	THUR 25 JUNE	Ice Cream Emergency 11:30am-1:30pm 4:30pm-6pm Milne Circle	
	TUE 30 JUNE	Social Security & Medicare Presentation 12:10pm Brooker Lecture Hall	

When in doubt, report it. Early reporting helps us address concerns quickly and maintain the trust our patients place in us every day.



Key HIPAA policies can be found on SharePoint under **Policies -> Administrative**

GAYLORD'S

CHAMPIONS OF SERVICE

The following employees were named for providing exceptional service in a patient satisfaction survey and/or patient rounding in FY26 Q1-Q2 (Oct-Mar):

Care Management

Gina Smith
Heather Hull
Jaime Kaska
Jennifer Kleinschmidt

Kacey Gifford
Katelyn Wentz
Lauren Rescsanski
Madison Quirk
Maggie Hayes
Meghan O'Brien

Aubrey Marotta
Carrie Cuozzo
Cezary Wroblewski
Christy-Ann Lauber
Colin Call
Cyndy Najac

Odalys Delgado
Olga Dryfoos
Pat Haskell
Priscilla Flores
Rosie Vecchitto-Baez
Shikiya Harding

Eric Sokolowski
Erika Lopez
Garrett Linske
Ingrid Marschner
Jaclyn Skirkanich
James Harkin

Facilities

Bill Harpin
Tim Casey

Michelle Saunders
Natalie Veneri
Nicole Frey
Nicole Lundstrom

Danielle Joy
Dawn Brown-Riddick
Donna Thatcher
Jallisa Rodriguez

Sullivan Kopylec
Susana Nunes
Tabatha Madgic
Tanisha Brown

Jillian Cacopardo
Kristina Cartier
Lauren Como
Lauren Pocius

Food & Nutrition

Services

Brenda Paluszewski
Claudia Torres

Olivia Labella
Paula Savino
Rossella Graniero
Stefanie Gaidos
Stephanie Zanvettor

Janelle Roman
Jaymelee Boucher
Joelle Sanjurjo
Joseph Dessino
Karen Doukas

Tina Ufferfilge
Tonya Bell
Vanessa De La Rosa
Vanessa Dube
Yazmin Ortiz

Morgan Raymond
Shane Gallagher
Tammy Spurgeon

Inpatient Therapy

Alexandra Maneen
Allison Greco
Amy Thomas
Bradley Douglas

Taylor Erickson
Taylor Pagnam
Victoria DeLaRosa
Zakaria Hamdi

Kelly Seifert
Kendra Wilson
Kristina Clodfelter
Latoya Dale
Latoya Moore

Outpatient Medical Services

Christine Rutigliano
Jennifer Hall

Physician Services

Annette Macannuco
Anton Cherry
David Chen
David Rosenblum
Frank Wendt

Brooke Marconi

Dan Bergeron
Donna Piercey
Dylan Cirino
Elena Cirillo
Emily Cahill
Finn LaPierre

Nursing Services

Alan Abayao
Alberto Candelario
Alexa Apotria
Alexis Clarke
Alexis Langston
Alicia Hagan

Lizdaisy Delgado
Lisa Rebmann
Marcus Moody
Mario D'Amore
Mary Ann St. Martin
Marzena Michallik
Matt Morrill

Outpatient Therapy

Bianca Tata
Brian Callegari
Brian Reis
Caleb Mayer
Christine Sloss
Corey Podbielski

Hongmei Wang
Jerrold Kaplan
Kasandra Erazo
Luci Juvan
Patrick Siegele
Sarah Bullard
Susan Paxton

Heidi Becker
Heidi Fagan
Jaclyn Lavigne
Jaime Cassidy
Jill Hellstrand

Alyson Yakowicz
Amy Parker
Andrea Fairchild
Ashley Aleia
Ashley Hanning

Matthew Day
Michelle Macahasa
Michelle Wyda
Nia Mayo
NOUNGNING Rogozinski

Danielle McGuire
Dimitri Cotman
Eddie Pomales
Eric Lagoy

Psychology

Emily Williamson
Lynn Lostocco
Meghan Gilmore



POLLINATORS IN CONNECTICUT

Pollinators are insects, birds and mammals that unintentionally transfer pollen from the male part of flowers to the female part of flowers, thereby fertilizing plants and allowing them to reproduce. They are responsible for one third of the food we eat.

Apart from European honeybees, which are not native to the state, Connecticut has over 370 native species of bees, which don't produce honey for harvest, but are excellent pollinators. Among them are the bumble bee, squash bee and the extremely efficient and solitary mason bee. Amazingly, it takes only a handful of mason bees to pollinate an entire apple tree compared to thousands of honeybees.

Other pollinator insects in Connecticut include butterflies, beetles, flies and wasps, and the only bird pollinator native to Connecticut, is the Ruby-throated hummingbird; however, other birds act as occasional pollinators when they visit flowers for a snack. In other parts of the world, bats, rodents, and other mammals are crucial pollinators in their ecosystems. This, however, is not true for Connecticut.

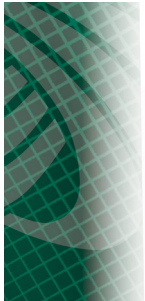
Protecting Pollinators

- Limit pesticide use. A perfectly manicured grass lawn is a sign of pollinator starvation and a severely damaged ecosystem.
- Create a zone-based approach, dividing your yard into lawn parts and pollinator habitat areas using native plants, rocks and sticks for shelter and laying eggs.
- Delay the first spring lawn cut until dandelions and clover appear; they provide the first seasonal nutrients for bees.



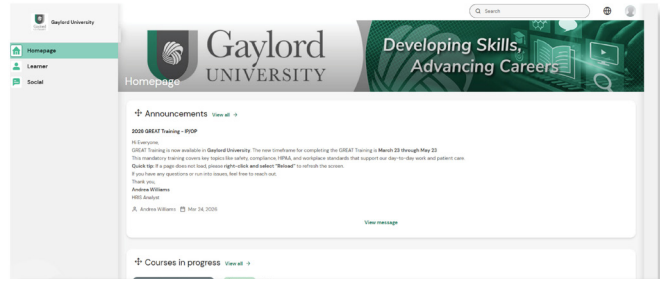
Pollinators are a vital part of Connecticut's ecosystem; with them nature is vibrant, healthy and alive.





NEW LOOK
Coming to Gaylord University on July 13

SCAN TO WATCH A VIDEO TO LEARN MORE

May/June Featured Courses:

- [Leading an Innovation Culture to Future-proof Your Organization](#) (0.5 credit hrs.)
- [Leveraging AI as a Team Member](#) (0.5 credit hrs.)
- [Customer Service: Adapting to Your Customers' Cues](#) (0.75 credit hrs.)
- [Transfers: Using a Gait Belt](#) (0.1 credit hrs.)

Is someone you know interested in starting a career in healthcare?

Our CNA Academy is Now Accepting Applications!

Flip to page 16 for more info

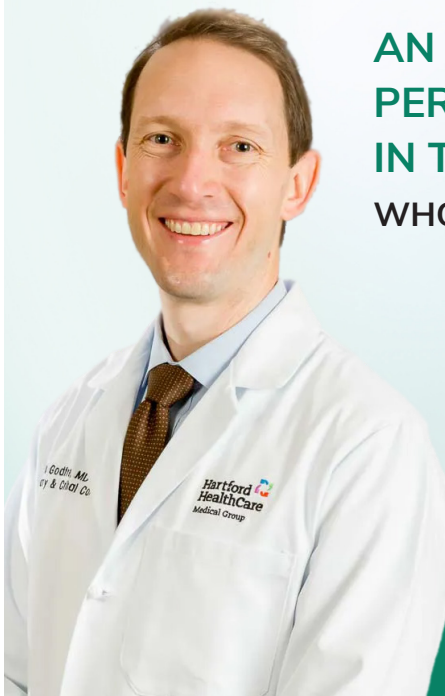


Every **two months**, one lucky scholar will win a raffle prize by completing any one of the bi-monthly featured courses above in Gaylord University!

June 3 Grand Rounds with Dr. Fesharaki



A Grand Rounds Presentation, brought to you by Gaylord's Center for Education



AN INTERVENTIONAL PULMONOLOGY PERSPECTIVE ON TRACHEOSTOMY IN THE CRITICALLY ILL:

WHO, WHEN, WHERE, HOW, AND NOW WHAT?

PRESENTED BY:
MARK GODFREY, MD
Pulmonary & Critical Care Medicine
Hartford Hospital

WEDNESDAY, JUNE 17, 2026
12:00 - 1:00 PM
BROOKER LECTURE HALL



1 AMA PRA Category 1 Credit(s)™

Seating is Limited, Sign up in Gaylord University, using the Training Calendar

Accreditation: Gaylord Hospital is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians



Gaylord Takes Part in Wallingford 250

For staff looking for something to do next weekend, Wallingford's 250th anniversary festivities will be taking place throughout town, with Gaylord represented in Saturday's parade.

Thank you to the following employees for their creativity and hard work in bringing the project to life:

Tara Knapp	Michele Connolly	Bob Hall
Valerie Acabbo	Caitlin Cote	Kris Provost
Amy Benoit	Kara Dorsey	Paige Reinwald
Kristen Berg	Cat Dubail	Jim Russo

Whether you're attending for the music, the food, the parade, or simply to spend time with family and friends, keep an eye out for Gaylord's float as it makes its way through downtown Wallingford.



Join us as we celebrate 250 years of history, community, and patriotism in Wallingford, Connecticut!

THURSDAY JUNE 18	FLAG DAY CELEBRATION 6:30 p.m. Parisi Auditorium, Town Hall			
FRIDAY JUNE 19	JUNETEENTH Explore Wallingford's Witness Stones through a self-guided walking tour and companion podcast	RED, WHITE & HUE ART SHOW 1 p.m. to 5 p.m. Mellon Humanities Rotunda, Choate Rosemary Hall	MOVIE NIGHT 8:30 p.m. Parade Grounds	
SATURDAY JUNE 20	RED, WHITE & YOU PARADE 10 a.m. to 12 p.m. Dutton Park to Prince Street	SHOP, SIP & STROLL 1 p.m. to 5 p.m. Wallingford Center	CLASSIC CAR SHOW 1:00 p.m. to 9:00 p.m. North Main Street	AMERICAN DANCE REVOLUTION 6:00 p.m. to 9:00 p.m. Parade Grounds
SUNDAY JUNE 21	PORCH BEATS & PATRIOTIC SEATS 12 p.m. to 5 p.m. Uptown Wallingford	RED, WHITE & HUE ART SHOW 12 p.m. to 5 p.m. Mellon Humanities Rotunda, Choate Rosemary Hall	FAMILY DAY FUN 1 p.m. to 4 p.m. Choate Campus at the Corner of Christian St. & North Main St.	WSO PATRIOTIC POPS CONCERT 7 p.m. Lawn in Front of St. John Chapel on the Choate Rosemary Hall Campus

Let's make history together!
 Learn more at wallingford250.org

Follow us on Facebook
 at [Wallingford 250](https://www.facebook.com/Wallingford250)

Do you have
APHASIA?

Know someone who does?

Or just want to learn about it?

Come to our presentation!

Tuesday, June 16 at 4pm

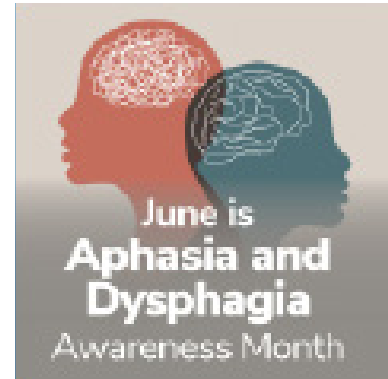
Lifelong Learning Room
Scranton Library
801 Boston Post Rd.
Madison, CT 06443

Hosted by:

Speech-Language Pathologist
Shari Mayerson MS, CCC-SLP
and

Two area women who have aphasia
Laura Malis and Paula Gallagher

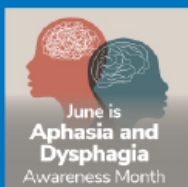
Aphasia is a language disorder that can affect a person's ability to speak, read, write and understand language. It is most often caused by a stroke or other brain injury. It does not affect intelligence. Over two million people in the United States have aphasia.



“**Your story still matters, even when words are hard to find.**”

- Morgan Harper
Nichols, Artist

**Dysphagia:
Who does it affect?**



95%
of people with Motor Neuron Disease



65%
of people who have had a stroke



32%
of people with Alzheimer's Disease



85%
of people with Huntington's Disease



50%
of people with Parkinson's Disease



25%
of people with Traumatic Brain Injury



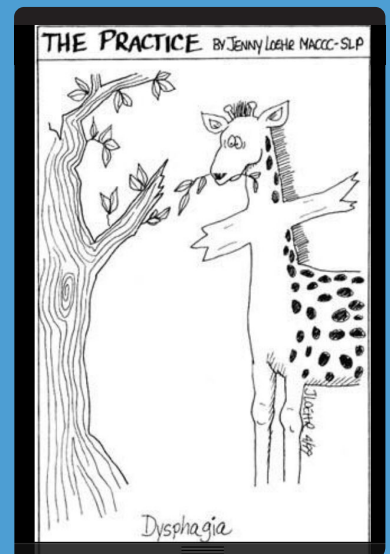
68%
of people with dementia in care homes



33%
of people with Multiple Sclerosis



15%
of people with a learning disability





— ONSITE —

FARMER'S MARKET

↗ FRESH AND LOCALLY GROWN ↖

<p>EVERY MONDAY</p>	<p>10AM-2PM JACKSON ENTRANCE</p>
<p>July-November</p>	<p>PAYMENT ACCEPTED: Cash, credit cards, Venmo, SNAP and EBT</p>


Enjoy a wide range of seasonal items, including fresh fruits and vegetables, honey, eggs, jams, relish, and more!
Half-share or full-share CSA options available as well.

Provided by:
Killam & Bassette Farmstead



GAYLORD TO-GO:

Skip the Lunch Line, Order Ahead Online!



Order online and save time! The cafeteria offers online ordering for lunch. Place your order in advance and pick it up at your scheduled time for a faster, line-free lunch

Find the Order Online link:

Open SharePoint.

Select Food & Nutrition (under "Departments")

Click Menus > Order Online (right side of the page).

Cafeteria Menu


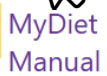
Breakfast

Breakfast Menu

Lunch & Dinner

Lunch & Dinner Menu

[Order Online](#)

Order by 10AM, and skip the lunch rush!

Happy Finance and Accounting Week

This week, we celebrate the incredible contributions of our number crunchers, budget jugglers, and spreadsheet superheroes who expertly keep our hospital's finances healthy and our operations humming! Our Finance and Accounting team does way more than balance books – they power smart decisions, fuel our growth, and make sure every dollar works hard for our hospital's mission. Because of their behind-the-scenes brilliance, our clinicians can stay focused on what truly matters: delivering outstanding patient care.

Thank you for keeping us in the black and on track – we appreciate you more than you know!









D.E.B.I.'S CULTURE CORNER

LANGUAGE SHIFT: INCLUSIVE TERMS

Language is powerful. The words we choose can either reinforce old stereotypes or open the door to a more welcoming, inclusive environment. We encourage everyone to reflect on common workplace language and update phrases that may be unintentionally exclusive.

Try this swap:

- **Instead of:** "Manpower"

Try: Workforce, Staff, or Team Members

Why? Terms like "manpower" center one gender and exclude others. Inclusive and gender-neutral language shows respect for all.

LGBTQ+ INCLUSION IN HEALTHCARE

June is Pride Month—a celebration of the LGBTQ+ community and a call to recognize the importance of affirming care in all spaces, especially healthcare.

At Gaylord, inclusive care means more than just clinical expertise—it means honoring the full identity of every patient, visitor, and team member.

Here's how we can continue to foster inclusive care:

- **Ask, don't assume.** Confirm a patient's name and pronouns. Using "they" or "partner" by default avoids assumptions about gender or orientation.
- **Reflect inclusion in documentation.** Use forms that offer more than binary gender options and recognize non-traditional family structures.
- **Understand unique health needs.** LGBTQ+ individuals, especially transgender people, face higher rates of discrimination, mental health challenges, and barriers to care. Culturally competent care improves outcomes and trust.

Tip: If you're unsure about someone's pronouns, try saying, "Hi, I'm [Your Name], and I use she/her pronouns. How about you?" It's a simple way to show respect and build rapport.

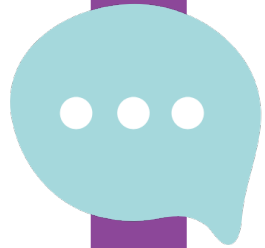
HONORING JUNETEENTH: A LEGACY OF FREEDOM

Juneteenth (June 19) marks the day in 1865 when enslaved people in Galveston, Texas were informed of their freedom—more than two years after the Emancipation Proclamation was signed. It's a moment of celebration, but also reflection.

Why Juneteenth matters in healthcare:

- **Historical trauma has health implications.** Black Americans have faced generations of systemic injustice that continue to impact access, trust, and health outcomes.
- **Representation matters.** Inclusive hiring, leadership development, and community engagement help address disparities and build equity.
- **We can act.** Educate yourself, support Black-owned businesses, amplify Black voices, and reflect on how our own practices and assumptions may need to shift.

Want to learn more? Consider watching "13th" on Netflix, reading "The Warmth of Other Suns" by Isabel Wilkerson, or joining a local Juneteenth event.





Put it on the Calendar!

- Mondays: Weekly Zumba Series, 4:10pm, Inpatient Gym
- Tuesdays: "Take a Breath Tuesdays" - Ten Minute Meditative Moment, 12:10pm, Chapel on Jackson Ground
- Wednesdays: Weekly Yoga, 4:10pm, Brooker Lecture Hall

- Sa 6/13: Gaylord Gauntlet!
- M 6/15: First Farmers Market
- T 6/16: Wellness Fair
- W 6/17: Grand Rounds Presented by Mark Godfrey, MD
- F 6/19: Jeans for Charity/ Fun Scrubs for Charity Juneteenth
- M 6/22: Last Day to submit Great Place to Work Survey Farmers Market
- Th 6/25: Ice Cream Emergency Truck
- M 6/29: Farmers Market
- F 7/10: Jeans for Charity/ Fun Scrubs for Charity



REMINDER:
Please close the outdoor table umbrellas when you are done. Don't want them flying away.

Gaylord
Specialty Healthcare



Friday, June 19

The featured organization is:

ALS – Connecticut Chapter

The ALS Association Connecticut Chapter supports people living with ALS and their families through care services, advocacy, and research funding.

[Click here to learn more](#) or visit: www.als.org/support/states/connecticut

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.



Gaylord Crew getting their workout glisten on at last weekend's event hosted by OrangeTheory Fitness in Hamden



Friday, June 19

Sticker: \$2

Fun Scrub Fridays supports with the same charities featured for each Jeans for Charity event going forward, and therefore will use the same stickers and buttons for participation.



Jump start your career in healthcare **TODAY!**

Become a Certified Nursing Assistant and begin a rewarding career in healthcare. With our dedicated simulation lab and clinical learning on Gaylord's state-of-the-art rehabilitation units, you can complete all of your training under one roof. Let Gaylord be the catalyst for your healthcare career by becoming a CNA!



Student Benefits

- Immediate employment after course completion for eligible candidates
- Potential reimbursement of program fees with employment commitment
- Shadowing and mentoring opportunities with RN, LPN, PT, OT, and RT staff



Student Requirements

- 18 years or older
- Fluent in English
- High school diploma or GED
- Resume
- Flu shot required
- Must pass a criminal background check, physical and drug screening



Then Join Our Team & Enjoy Our Employee Benefits!

- Tuition reimbursement for college courses
- Dedicated to work-life balance with robust programs promoting health and wellness
- Opportunities to gain valuable clinical experience:
Progressive care, stroke, traumatic brain injury, telemetry, medical pulmonary and more



Apply for an upcoming session TODAY!

Scan our QR Code to apply online or email CNAacademy@gaylord.org.

Visit gaylord.org/center-for-education/cna-academy

Contact
(203) 284-2784
for questions.

Summer II 2026

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
WEEK 1	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
WEEK 2	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	
9	10	11	12	13	14	15
WEEK 3	CLASS/LAB 8:00 a.m. - 3:00 p.m.	CPR COURSE 8:00 a.m.-1:00p.m.	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	
16	17	18	19	20	21	22
WEEK 4	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	
23/30	24/31	25	26	27	28	29
WEEK 5	CLASS/LAB 8:00 a.m. - 3:00 p.m.	MAKE UP DAY CLINICAL/SKILLS 8:00 a.m. - 3:00 p.m.	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	

Students who are eligible for hire will be required to attend New Employee Orientation September 7-11, 2026, followed by Skills Week from September 14-18.