

# FYI

## 12th Annual Gaylord Gauntlet Breaks Records

This year was our largest Gauntlet to date! We sold out completely, hosting 1,200 participants!

The Gaylord Gauntlet serves as the signature fundraiser for the Gaylord Sports Association, helping provide year-round adaptive sports and recreation opportunities for individuals with physical and visual disabilities throughout Connecticut. The event highlights the life-changing impact of adaptive sports and the important role they play in recovery, confidence, health, and community connection.

The success of the Gauntlet would not have been possible without a very dedicated team of employees who have poured their heart and soul into creating an unforgettable experience for participants of all abilities.



Check out more including media, photos and our adaptive athlete highlight on pages 4 and 5!

## America 250 Parade Float Team Wins Gaylord Cup

The June Gaylord Cup has been awarded to the America 250 Parade Float Team in recognition of an extraordinary collaborative effort that showcased Gaylord's creativity, teamwork, and community spirit.

This award celebrates the many employees who contributed at every stage of the project. Team members generated ideas, developed the float's patriotic design, coordinated decorations, and sourced materials. Our Facilities team played a critical role by constructing the trailer and bringing the vision to life.

*continued on page 12...*

**WELCOME SUMMER**

Who wants ice cream?

Come on out to the Milne Circle for ice cream on **Thursday, June 25**  
11:30 a.m.-1:30 p.m. & 4:30-6:00 p.m.

SAVING LIVES, ONE SCOOP AT A TIME

ICE CREAM EMERGENCY!

MOBILE ICE CREAM PARLOR ON BOARD SERVICE

WE CATER ALL EVENTS

ICECREAMEMERGENCY.COM


Sponsored by: Gaylord Specialty Healthcare Human Resources

- I nnovation
- T eamwork
- I nclusion
- S afety
- I ntegrity
- C ompassion
- A ccountability
- R espect
- E xcellence

### FYI DEADLINE

Submissions for the next issue due:  
**Thurs, July 2, 2026**

Submit requests in JIRA



**ELEVATING EXCELLENCE**

**2026 Healthcare HERO**

**CHA** CONNECTICUT HOSPITAL ASSOCIATION

**Congratulations Dr. Adjepong!** Full article on page 6.

## Goody Gram Drive Helmet Donation

In recognition of Brain Injury Awareness Month, the Brain Injury Committee held a Goody Grams fundraiser to support injury prevention efforts in our community. Thanks to the generosity of our staff, we raised enough money to purchase **35 helmets**, which were donated through the United Way of Meriden and Wallingford. These helmets will be distributed to children and families in our local community to help promote safety and prevent brain injuries.

Thank you to everyone who contributed to the Goody Grams fundraiser and helped make this meaningful initiative possible. Your support will have a lasting impact on the families we serve.

*Pictured below are Allie Greco, Speech Therapist, Kate Rudolf, Physical Therapist and Julia Pelletier, Marketing & Community Outreach Director for the United Way.*

**★ TAKE HOME PIZZA KITS ★**

*featuring locally made & fresh grown ingredients*

**JUNE 25 IN MILNE CIRCLE**

**FROM 11A-2P**

**OR UNTIL SUPPLIES LAST**

**FOR \$20, EACH KIT INCLUDES INGREDIENTS FOR 2 PIZZAS & WRITTEN OUT INSTRUCTIONS**

IN PARTNERSHIP WITH THE WELLNESS COMMITTEE, THE FIRST 50 CUSTOMERS WILL RECEIVE \$10 OFF!

brought to you by food & nutrition



**AVAILABLE PIZZA KITS**

**PESTO, CHERRY TOMATO, & FETA**

**BBQ CHICKEN**

**MUSHROOM**







## JOIN THE FUN!

Join us every Thursday for a “20-minute out/20 minute back” walk, run, or bike. Bring a friend, your kids or pets and enjoy some fresh air and togetherness!

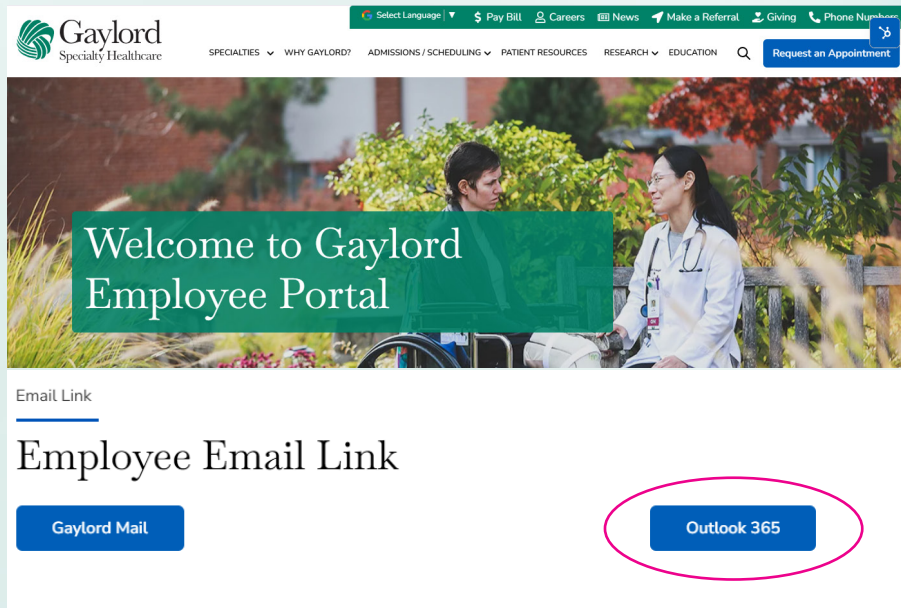
**Thursdays, 4:30PM**  
**Lock 12 Parking lot**  
**Farmington Canal Trail**  
**487 N Brooksville Road, Cheshire**

Email Sarah Carpenter with questions  
[scarpenter@gaylord.org](mailto:scarpenter@gaylord.org)





# How to Access Microsoft 365 Email Remotely



This guide provides step-by-step instructions for accessing your Gaylord email from home using Outlook Web Access (OWA).

## Accessing Your Email

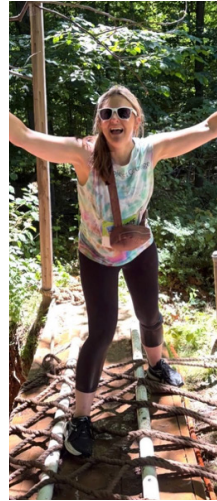
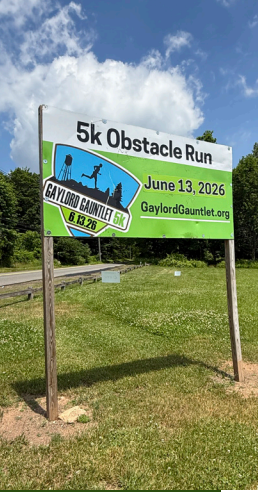
1. Open a web browser (Microsoft Edge, Chrome, Safari, or Firefox).
2. Go to: <https://outlook.office365.com>
3. Enter your Gaylord email address and click Next.
4. Enter your password and click Sign in.
5. Complete Multi-Factor Authentication (MFA) when prompted.
6. After successful sign-in, your Outlook mailbox will open.

## Multi-Factor Authentication (MFA)

1. You may be prompted to approve a sign-in using Microsoft Authenticator.
2. Enter the number shown on your screen into the Authenticator app, or approve the notification.
3. If you do not use Authenticator, you may receive a code via text message or phone call.
4. Enter the code when prompted to complete sign-in.

## Security Tips

1. Only sign in from trusted devices.
2. Never share your password or MFA codes.
3. Do not approve MFA prompts you did not initiate.
4. Always sign out when finished using shared computers.



# Watch Our Featured Adaptive Athlete Cross the Finish Line!

*“Crossing the finish line isn’t going to be the closing of a chapter; it’s going to be the beginning of a very positive one from here on out.”*

– Jared Murano

Last June, Jared Murano was diagnosed with a tennis-ball-sized brain tumor. One year later, he conquered the Gaylord Gauntlet as the 2026 Featured Adaptive Athlete.

[Follow Jared and his Gaylord support team as they face obstacles of a different kind in this three-minute feature video.](#)



## 2026 GAUNTLET BY THE NUMBERS

- **\$1 million-plus** raised for the Gaylord Sports Association since the Gauntlet’s inception!
- **1,200** runners
- **150** day-of volunteers
- **34** participating adaptive athletes
- **24** obstacles
- **18** different states – plus DC – represented
- **12th** annual Gauntlet
- **Three** new obstacles: “Last Grip Standing”, “Heavy Problems”, and “Awkward Shuffle”
- **Two** Supported Adaptive Athletes: Layla Dunn and Shawn Pierce
- **One** Featured Adaptive Athlete: Jared Murano

LOOKING FOR MORE PICTURES AND VIDEOS?  
FOLLOW [GAYLORD GAUNTLET ON FACEBOOK!](#)

<HTTPS://WWW.FACEBOOK.COM/GAYLORDGAUNTLET>

## GAUNTLET MEDIA ROUNDUP



- Dozens of pre-event PSAs ran on 99.1 WPLR
- [99.1 WPLR](#) Two separate pre-event interviews with Jared Murano, featured adaptive athlete
- 97.7 WOW Radio interview with Katie Joly
- [WTNH](#) in-studio interview with Katie Joly and Jared Murano
- [WFSB](#) Susan Raff feature with Katie Joly with adaptive athletes Shawn Pierce and Jess Youngblood
- [Hartford Courant](#) Front page headline on Jared Murano featuring Jacqui Coley, Frankie Chieffo
- [Hearst publications \(New Haven Register, Record Journal, and all others across the state\)](#) front page story on NH patient and GG participant, Ginger Eliasberg, featuring Megan Chiaraluce and Marielle Mikos.
- Multiple live interviews throughout the morning on WFSB and NBC 30
- Live spots all morning on WPLR
- Feature stories on [WFSB](#), [NBC 30](#), [Fox 61](#), [WTNH](#)
- And more to come!

# Dr. Yaw Adjepong, Gaylord Nocturnist, Honored with Connecticut Hospital Association Healthcare Heroes Award

The 2026 CHA Healthcare Heroes Award celebrates and recognizes the invaluable contributions of exceptional healthcare workers to their field and to the community at large.

Among this year's winners is Gaylord nocturnist, Dr. Yaw Adjepong.

Those who work alongside Dr. Adjepong say the same thing: "We are incredibly lucky to have him."

Nights in a medical rehabilitation hospital aren't simple, say his peers. Patients are medically complex and things can change quickly. Resources are different than during the day. The physician on duty is responsible for the entire hospital. It takes a special kind of clinician to do that work well. Dr. Adjepong does it exceptionally well.

Colleagues say his clinical judgment is outstanding. He does not hesitate to come to the bedside, assess the situation himself, and partner with nursing to determine the best plan. When a patient needs to be transferred, he moves quickly, ensuring a full report is given and families are notified. When a patient can safely remain in-house, he stabilizes them with confidence and precision.



But what truly sets Dr. Adjepong apart is how he treats people.

He respects nurses' assessments and values their input. Even if he sees a situation differently, he never dismisses concerns or makes anyone feel foolish for calling him. He explains his reasoning and

teaches, using every interaction to help nurses grow stronger and more confident in their practice without making anyone feel small.

His incredible bedside manner immediately puts patients at ease. In tense or frightening moments, his calm presence reassures families and staff alike.

He handles nights that include multiple admissions, emergency transfers, rapid responses, and even end-of-life care, with kindness. He is steady when things are chaotic. He is compassionate when families are grieving. He is funny when the moment allows for it.

Gaylord night staff feel fortunate, confident, and supported working alongside Dr. Adjepong and know that their patients are in excellent hands.

Dr. Adjepong is Gaylord's own Healthcare Hero.



**Need to access Gaylord's Employee Assistance Program?**

Call (860) 233-6228.

An advertisement for the Gaylord Gauntlet 5k race. On the left, a young man in a white t-shirt is running through water, splashing. In the center, the words "SAVE THE DATE" are written in large, bold, green letters. On the right, there is a logo for the "GAYLORD GAUNTLET 5k" with the date "6.12.27". The logo features a silhouette of a runner on a path, a water tower, and trees against a blue sky.

# JUNE

## Service Awards

Thank you and congratulations to the following employees for their years of service to Gaylord:

### 40 YEARS

**Diana Veneri**  
Inpatient Therapy

### 30 YEARS

**Paige Reinwald**  
Admissions

### 20 YEARS

**Kelly Romano**  
Radiology

**Theresa Allgood**  
Outpatient Speech

**Daren Hill**  
Admissions

**Sam Osei**  
Nursing Services

### 15 YEARS

**Yaw Adjepong, MD**  
Physician Services

**Jantra Ketvichit**  
Nursing Services

### 10 YEARS

**Erin Cusanelli**  
Nursing Services

**Samantha Griffing**  
Food & Nutrition

**Deborah Gibilaro**  
Sports Association

**Christina Drogkaris**  
Human Resources

### 5 YEARS

**Jenilyn Velez**  
Admissions

**Roslyn Gilhuly**  
Development

**Rose Vazquez-Santiago**  
Psychology

**James Harkin**  
Outpatient Therapy



## Calendar of Engagement Events JUNE



**Ice Cream Emergency**  
11:30am-1:30pm  
4:30pm-6pm  
Milne Circle



**Social Security & Medicare Presentation**  
12:10pm  
Brooker Lecture Hall

# 2025 Gift Report Recognized with DANDA Award

We are excited to share that Gaylord's 2025 Gift Report has earned a Gold DANDA Award in the Physical/Print Media category. The DANDA Awards recognize the importance of design and aesthetics in healthcare, honoring excellence in both digital and print media across the industry.



# Safety Starts with Her

*Evelyn Bykowski Promoted to Safety and Risk Manager*

Help us congratulate Evelyn Bykowski as she steps into her new role as safety and risk manager.

Evelyn has been a Gaylord team member since 2016, when she joined as an RN on Hooker 2 before transitioning to the Quality and Safety Department as the Quality, Safety and Infection Prevention Nurse in 2022. There, Evelyn has made significant contributions through a variety of quality, safety, and infection prevention initiatives.

Throughout her time in the department, Evelyn has demonstrated exceptional leadership and commitment to creating a safer environment for our patients, visitors, and staff. She has led the Safety Coaches program, serves as an instructor for Safety Starts with Me, and has been instrumental in advancing safety practices and risk mitigation efforts across the organization.

In her new role as Safety and Risk Manager, Evelyn will continue to provide proactive leadership and support for our safety and risk management programs. We are excited to see her continue to grow and make a positive impact in this important position!

## Give a 🇺🇸 to our New Social Media Coordinator, Kate Mongillo!

Please join us in welcoming Kate Mongillo, Gaylord's new social media coordinator!

A graduate of Quinnipiac University, Kate joins Gaylord from Patriot Growth Insurance Services, where she served as Client Relations and Communications Coordinator. She brings a creative mindset and strong enthusiasm to showcase the people and programs that make Gaylord so special.

Kate's connection to Gaylord is also a personal one. Her mom is a former Gaylord inpatient and a current outpatient, and may even be a familiar face to many employees as one of the patients featured in our inpatient television commercial. That firsthand experience gives Kate a unique perspective on the impact Gaylord has on patients and families throughout their rehabilitation journey.

Kate is eager to dive into her new role and she's already looking forward to joining the External Affairs Department's award-winning Halloween crew. We have a feeling she'll fit right in.

Welcome to the Gaylord family, Kate!



# Nurse Residency Graduation

Congratulations to our wonderful nurse residents who recently graduated from our Vizient/AACN Nurse Residency Program!

Over the past year, these nurses have developed new clinical skills, built confidence, and grown as caregivers while providing specialized rehabilitation care to our patients.

Their hard work and dedication were recognized this past week during a graduation ceremony, where each nurse received a residency pin and certificate to mark this important milestone.

A special thank-you to the Cuno Foundation for its continued support of the Nurse Residency Program and its investment in the next generation of nursing professionals.

Congratulations to our newest graduates—we're proud to have you as part of the Gaylord team and can't wait to see all you'll accomplish in the years ahead!



Alexia Amenta	Dil Kathayat
Kenya Clemons-Jones	Andrea Lambie
Lizdaisy Delgado	Jessica Leblanc
Denise Downer	Latoya Moore
Ivy Egesa	Jallisa Rodriguez
Carol Hardy	Mary Shampang
LaSerne Icart	Heath Smith
Haley Jaquith	Hafiz Rizwan Yonas

# Standing Room Only for Aphasia Awareness

There wasn't an empty seat in the house when Gaylord Speech-Language Pathologist Shari Mayerson, MS, CCC-SLP, teamed up with former Gaylord patients Laura Malis and Paula Gallagher for a community presentation at Scranton Library in Madison during National Aphasia Awareness Month.

More than 75 people—including individuals living with aphasia, family members, speech-language pathologists, healthcare professionals, and community members—filled the room to learn more about aphasia, hear personal experiences, ask questions, and connect with others whose lives have been touched by communication challenges following stroke and other neurological conditions.

The evening also celebrated an important advocacy milestone: the efforts that helped secure Connecticut's official recognition of June as National Aphasia Awareness Month, bringing greater visibility to a condition that affects millions but is still widely misunderstood.

Thank you to Shari, Laura, and Paula for representing Gaylord and helping spark important conversations in our community.



# Furry Friends and Fresh Produce Highlight of Wellness Fair

Our Wellness Fair on June 16 was a great day filled with healthy bites, helpful wellness and financial resources, and plenty of fun! Staff got to step outside and spend some time with adorable animals from Brynn's Barnyard Buddies, which quickly became a crowd favorite. We also got an exciting sneak peek of the weekly Farmers Market coming to Gaylord this July, thanks to Killian & Bassette Farm. Congrats to all of our raffle winners, and a big thank you to everyone who came out to enjoy the day and celebrate wellness, community, and fun together!



## Raffle Winners:

**Yoga Mat**

Paula Cappola, Inpatient Speech

**Spa Kit**

Olga Dryfoos, Nursing Services

**\$50 Gift Card**

Jennifer Nelson, EVS

**\$50 Gift Card**

Laura Wiley, IT

**Crock Pot**

Erin Cusanelli, Nursing Services

**Instant Pot**

Jenilyn Velez, Admissions



**WELLNESS FAIR GINGER SHOTS RECIPE.....CHECK OUT POWER BITES RECIPE ON NEXT PAGE**

### Ingredients

- 1/2 lb fresh ginger root (about 1 cup of 1-inch chunks)
- 1 to 2 cups filtered water (use less for a stronger concentrate)
- 1 fresh lemon, juiced
- 1 Tbsp honey (optional, to balance the spice)

### Instructions

1. Prep the Ginger: Thoroughly scrub the ginger root. Registered Dietitians note that you do not need to peel it, as the skin holds extra nutrients and will be strained out later. Roughly chop into 1/2-inch chunks.
2. Blend: Add the ginger chunks and the filtered water to a high-speed blender. Blend on high for about 60 seconds until a thick, pulpy mixture forms.
3. Strain: Pour the blended mixture over a bowl through a fine-mesh strainer. Alternatively, use a nut milk bag or cheesecloth. Press or squeeze firmly with a spoon or your hands to extract every last drop of liquid.
4. Finish: Discard the dry ginger pulp (or save it to toss into a stir-fry). Stir the fresh lemon juice and honey into the extracted ginger juice.
5. Storage: Transfer the juice to an airtight glass container and store in the fridge for up to 2 weeks. You can also freeze it in silicone ice cube trays to drop into morning teas.

# WELLNESS FAIR POWER BITES



## BASE RECIPE INGREDIENTS

2 cups	Pitted dates (~20 each)
2 Tbsp	Maple syrup
3 Tbsp	Cocoa powder
1 ½ cups	Rolled oats, divided
1 tsp	Sea salt

### For Coconut Bites add:

¾ Tbsp	Shredded coconut
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### For Banana bites add:

½ cup	Additional rolled oats
1	Banana, mashed
¼ cup	Chocolate chips
½ cup	Pumpkin seeds
¼ cup	Craisins
¼ Tbsp	Cinnamon

## DIRECTIONS

### Base Recipe

- In a large bowl, cover the dates with 2 cups of boiling water and allow to sit for 10 minutes.
- Remove dates from water, shake off excess, and place in a food processor fitted with a steel blade.
- To the food processor add 2 tablespoons of the water along with the maple syrup, cocoa powder, and 1 cup of rolled oats.
- Process until smooth, scraping down sides. If mixture doesn't process, add water 1 tablespoon at a time until it does. Add the remaining ½ cup of rolled oats and pulse until it's mixed in.
- Put the food processor in the fridge for at least 10 minutes before rolling into 1 tablespoon sized balls.

### For Coconut bites

- Roll into 1 tablespoon sized balls, and toss to coat in remaining ¼ cup of shredded coconut.
- Store in the fridge/freezer

### For Banana bites

- Add the remaining ½ cup of rolled oats, pumpkin seeds, craisin, cinnamon and the chocolate chips. Pulse 5-10 times until mixed in evenly.
- Place food processor in the fridge for at least 10 minutes to chill. Roll into 1 tablespoon sized balls.
- Store in the fridge/freezer

<b>YIELD</b> 20 servings	<b>PREP TIME</b> 20 minutes
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## CHEF'S NOTES

Once you make the base recipe you can fold in or roll the bites in any ingredients you enjoy! Dried fruits, nuts, chia seeds, flax seed, dark chocolate! You can always change sweeteners or omit for peanut butter & add a few tablespoons of the hot water you used to soak the dates in!

date power bites

## Nutrition Facts

<b>Serving Size</b>	<b>1 Serving</b>	
<b>Amount Per Serving</b>		
<b>Calories</b>	<b>102.4</b>	
	% Daily Value*	
<b>Total Fat</b>	1.1 g	1 %
Saturated Fat	0.7 g	3 %
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0 %
<b>Sodium</b>	1 mg	0 %
<b>Total Carbohydrate</b>	24 g	9 %
Dietary Fiber	2.6 g	9 %
Total Sugars	17.3 g	
Added Sugars	1.2 g	2 %
<b>Protein</b>	1.4 g	

banana power bites

## Nutrition Facts

<b>Serving Size</b>	<b>1 Serving</b>	
<b>Amount Per Serving</b>		
<b>Calories</b>	<b>127.8</b>	
	% Daily Value*	
<b>Total Fat</b>	1.5 g	2 %
Saturated Fat	0.6 g	3 %
Trans Fat	0 g	
<b>Cholesterol</b>	0.5 mg	0 %
<b>Sodium</b>	2.8 mg	0 %
<b>Total Carbohydrate</b>	29.3 g	11 %
Dietary Fiber	3.3 g	12 %
Total Sugars	20.7 g	
Added Sugars	3.5 g	7 %
<b>Protein</b>	1.9 g	



## Continued from front page

On parade day, members proudly represented Gaylord, including the float drivers, actors portraying Uncle Sam and George and Martha Washington, and walkers who engaged spectators while distributing American flags and Gaylord giveaways. Together, they created a memorable and visually impressive float that celebrated America's 250th birthday and reflected Gaylord's pride in the community we serve.

What makes this accomplishment especially noteworthy is the timeline. Construction, decorating, and participation all took place immediately following the largest Gaylord Gauntlet in the event's history. While many staff members were coming off weeks of intense work and long hours, they embraced the opportunity to participate in this once-in-a-generation celebration and delivered an outstanding result.

The float's success came from many people contributing unique talents to a common goal. The America 250 Parade Float Team embodies the collaboration, dedication, and 'Think Possible' spirit that the Gaylord Cup recognizes.

Congratulations to everyone who made this historic community event a success.

- |                  |                  |                   |
|------------------|------------------|-------------------|
| Tara Knapp       | Kara Dorsey      | Paige Reinwald    |
| Valerie Acabbo   | Cat Dubail       | Jim Russo         |
| Amy Benoit       | Robert Hall      | Scott Sieputowski |
| Kristen Berg     | Jacob Hunter     | Bogdan Stepien    |
| Michele Connolly | Tim Polaske      | Chris Travali     |
| Caitlin Cote     | Kristine Provost |                   |

Special thanks to Tim Polaske, Chris Travali, Bogdan Stepien, Scott Sieputowski, Jacob Hunter (George Washington), and Sarah Hunter (Martha Washington)



*Put it on the Calendar!*

- |             |  |
|-------------|--|
| Mondays:    | Weekly Zumba Series, 4:10pm, Inpatient Gym   |
| Tuesdays:   | "Take a Breath Tuesdays" - Ten Minute Meditative Moment, 12:10pm, Chapel on Jackson Ground |
| Wednesdays: | Weekly Yoga, 4:10pm, Brooker Lecture Hall  |
| Th 6/25:    | Ice Cream Emergency Truck  |
| M 7/6:      | Farmers Market   |
| F 7/10:     | Jeans for Charity/ Fun Scrubs for Charity  |
| Th 7/16:    | Employee of the Year Event   |
| Th 7/30:    | Blood Drive  |
| AUG 20-21:  | CARF Survey  |

*June Safety Habit:*  
**Communicate Clearly  
 using 3-Way Repeat Backs  
 and Read Backs**



**Communicate Clearly**

- ◆ What should we do?
  - ▶ Ensure that we hear things correctly and understand things accurately
- ◆ Why should we do this?
  - ▶ To prevent wrong assumptions and misunderstandings that could cause us to make wrong decisions
- ◆ Error Prevention Tools
  - ▶ 3-way Repeat-backs & Read-backs
  - ▶ Clarifying Questions
  - ▶ Phonetic & Numeric Clarifications

**Closed-Loop Communications**

**Clear**  
**Complete**  
**Accurate**

Sent and Received

Ha ha ha, Biff. Guess what? After we go to the drugstore and the post office, I'm going to the vet's to get tutored.

**3-Way Repeat Backs**

*When information is transferred...*

- ▶▶ **Sender initiates** communication using Receiver's Name. Sender provides a request or information to Receiver in a clear and concise format.
- ◀◀ **Receiver acknowledges** receipt by repeat-back of the request or information
- ▶▶ **Sender acknowledges the accuracy** of the repeat-back by saying **"That's correct!"** If not correct, Sender repeats the communication.

**3-Way Read Backs**

The same as the Repeat Back, except . . . **The Receiver writes down the information, then reads back what they have written.**



Don't rely on your memory...  
***Write it down whenever you receive critical information that may be difficult to remember.***

This is so important that *The Joint Commission* requires this for communication of **all critical test results, verbal orders, and telephone orders.**

A Safety Phrase:  
**"Let me repeat that back..."**

*Train our ears to listen for "That's Correct!"-it's a codeword for "we understand each other"*



**Questions about CHAMP?**

Ask a Safety Coach. Talk to a staff member wearing the Safety Coach button.

Thank you!

# PCT 2020 APPRECIATION AVENGERS OF EXCELLENCE

## PCT Appreciation Week: Avengers of Excellence

Gaylord celebrated our PCT staff with awards, unit superlatives, and plenty of treats. Thank you, PCTs, for being the superheroes of patient care – your compassion, dedication, and hard work deserve a standing ovation!

Chief Nursing Officer, Lisa Kalafus said, “I want to thank all of our PCTs for the work you do-your dedication to our patients and your teams does not go unnoticed. You are all such vital assests to the nursing team. We could not function without you!”



**PCT Teamwork  
Award**

Miriam Felton, PCT  
Milne 1



**PCT who  
consistently goes  
Above & Beyond**

Tomika Williams, PCT  
Lyman 1



**PCT Role Model/  
Preceptor Award**

Angela Savulis, PCT  
Milne 1



**PCT who exudes  
Compassion**

Nia Mayo, PCT  
Lyman 1



# innovator OF THE Month

— **Brian Murray** —

**Congratulations to our Innovator of the Month for June:  
Brian Murray, Information Technology!**

Brian's idea focuses on improving safety for employees crossing between parking areas on campus. He proposed adding flashing warning signs or lights at the Woodside and Lot B crosswalks to increase driver awareness and help protect pedestrians.

With vehicles frequently traveling too quickly through these areas, this enhancement could improve visibility, encourage drivers to slow down, and create a safer overall environment for staff.

Thank you, Brian, for your proactive thinking and commitment to employee safety. Your idea is a great example of how small improvements can make a meaningful difference for our team!

**Got a brilliant idea for a new product or process improvement?**

**We want to hear it!**



**Scan the QR code and share your genius with us!**



## Friday, July 10

*The featured organization is:*

### In A Heartbeat

Our mission is to prevent death from sudden cardiac arrest by providing primary and secondary prevention!

[Click here to learn more](#) or visit:

[www.inaheartbeat.org](http://www.inaheartbeat.org)



## Friday, July 10

**Sticker: \$2**

Fun Scrub Fridays supports with the same charities featured for each Jeans for Charity event going forward, and therefore will use the same stickers and buttons for participation.

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.

## New Introduction to Spanish Curricula Now Available in Gaylord University

We're excited to introduce two new **Introduction to Spanish** curricula in Gaylord University: **Part 1** and **2**.

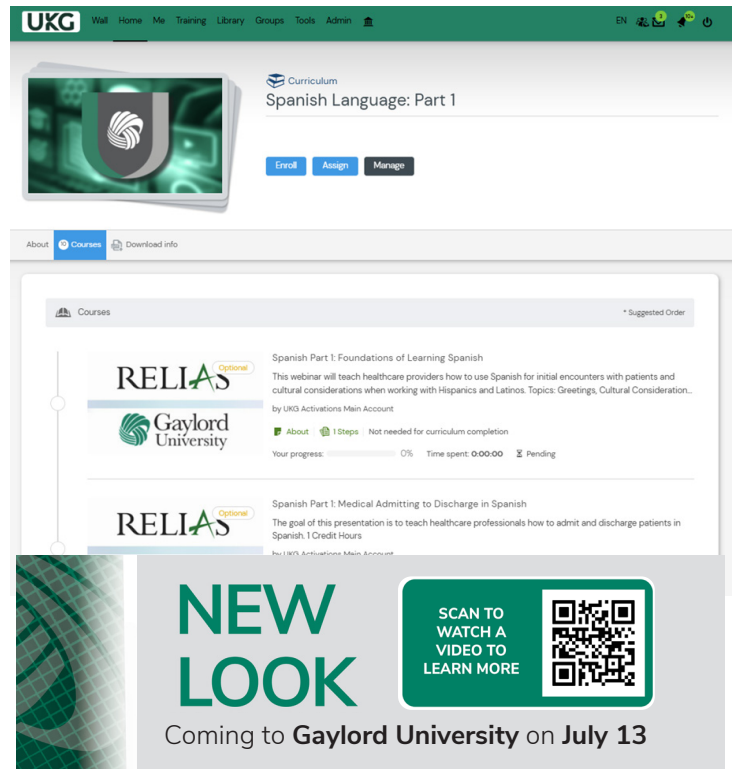
To access the curricula:

Sign in to **Gaylord University** through UKG.

1. Navigate to **Training > Curricula**.
2. Search for **"Spanish."**

Each curriculum offers **10+ CEU hours** upon successful completion.

**Please remember:** These courses do not provide medical interpreter certification and do not replace professional interpreter services. Staff should always follow **Hospital Policy 2-500-09: Language Access and Effective Communication** and use interpreting services whenever indicated to ensure safe, accurate, and effective patient communication.



The screenshot shows the UKG Learning Management System interface. At the top, there's a navigation bar with 'UKG' and various menu items like 'Wall', 'Home', 'Me', 'Training', 'Library', 'Groups', 'Tools', and 'Admin'. Below that, a course card for 'Spanish Language: Part 1' is displayed, featuring the Gaylord University logo and buttons for 'Enroll', 'Assign', and 'Manage'. A second screenshot shows a course list with two entries: 'Spanish Part 1: Foundations of Learning Spanish' and 'Spanish Part 1: Medical Admitting to Discharge in Spanish'. Each entry includes the RELIAS logo, course title, description, and progress indicators. At the bottom, a green banner reads 'NEW LOOK Coming to Gaylord University on July 13' with a QR code and the text 'SCAN TO WATCH A VIDEO TO LEARN MORE'.

**June 17**  
**Grand Rounds**  
presented by  
**Dr. Mark Godfrey**



## May/June Featured Courses:

- [Leading an Innovation Culture to Future-proof Your Organization](#) (0.5 credit hrs.)
- [Leveraging AI as a Team Member](#) (0.5 credit hrs.)
- [Customer Service: Adapting to Your Customers' Cues](#) (0.75 credit hrs.)
- [Transfers: Using a Gait Belt](#) (0.1 credit hrs.)



Every **two months**, one lucky scholar will win a raffle prize by completing any one of the bi-monthly featured courses above in Gaylord University!

## Save the Date!

### Next Grand Rounds

- » **July 29 : Neuro Oncology** with Dr. Galluzzo from Yale New Haven Hospital

Is someone you know interested in starting a career in healthcare?

**Our CNA Academy is Now Accepting Applications!**

Visit [gaylord.org/center-for-education/cna-academy](http://gaylord.org/center-for-education/cna-academy)



## SAFETY STARTS WITH ME NEAR MISS OF THE MONTH



The Safety Coaches have selected to celebrate **Hannah Cox, Speech Pathologist**, and her use of our CHAMP tools to catch and report a Near Miss in April.

Hannah was scheduled to see a patient for a speech therapy session focusing on a breakfast meal trial. When she went to pick up the patient's tray from the nursing station, she noticed it was not the patient's prescribed diet level. The PCTs on Milne 1 had used **STAR (Stop – Think – Act – Review)** when handing out breakfast trays when they noticed the incorrect diet level and waited to have the speech therapist **Cross Check**. Hannah then used **SBAR (Situation – Background – Assessment – Recommendation)** to let the nurse know the patient would need alternative nutrition as they are unable to have a solid food trial with the provided tray.

Thanks to Hannah and the Milne 1 PCTs' **200% Accountability**, a dangerous episode of choking or aspiration was prevented.

We'd like to acknowledge the following staff who submitted Near Misses in April:

- Denise Downer
- Joshua Martowski
- Shannon Masella
- Patricia Haskell

*Thank You  
from the Quality & Safety  
Department*



celebrate  
**LEGACY WEEK**  
JULY 13-17

Service Award Events, Employee of the Year  
Ceremony and Volunteer Luncheon

## 2026 EMPLOYEE of the YEAR



Who will it be?  
**Join us:** Thursday, July 16  
12pm, Brooker Lecture Hall



**American  
Red Cross**

## BLOOD DRIVE



**THURSDAY  
JULY 30**  
10:30 AM - 3:30 PM  
BROOKER LECTURE HALL

To schedule an appointment

- Call: (1-800-733-2767)
  - Visit: [redcrossblood.org](http://redcrossblood.org) and enter "Wallingford"
- Donors will receive a Fandango Movie Reward by email to see a movie on us!