

icare Fourth Quarter Nominees Honored

Four recipients of the quarterly nominations for the Joseph A. Lindenmayer Employee of the Year were announced this week. These remarkable individuals comprise the fourth recognition cycle for 2026 and, collectively, have dedicated 45 years of their lives to Gaylord and our patients.

It is our employees who make Gaylord truly special for our patients. Whether providing direct patient care or providing the myriad of support to the caregiver teams, each employee is vital to our success and to our mission of improving the health and functionality of our patients.

Our core values spell IT IS ICARE: Innovation, Teamwork, Inclusion, Safety, Integrity, Compassion, Accountability, Respect and Excellence. In its deliberations of the candidates, the voting



committee constantly reflects upon the importance of respect, not only for patients and families, but also for co-workers. Each of these nominees truly embody these values and serve as role models for the rest of us.

continued on page 3...

FYI

- I nnovation
- T eamwork
- I nclusion
- S afety
- I ntegrity
- C ompassion
- A ccountability
- R espect
- E xcellence

FYI DEADLINE

Submissions for the next issue due:
Fri, May 22, 2026
Submit requests in JIRA

Daisy Award Announced

We are thrilled to share that **Andrea Lambie, ADN, RN on Milne 1** has been nominated as our most recent Honoree of the Daisy Award.

Her nominator shares, "I have worked with this nurse a couple of times, and did not know her well. I had observed that her level of compassion, respect, empathy, and sympathy is extraordinary. I recall one night when I was called into the room of an anxious patient with complaints of shortness of breath, and Andrea came in with me.

continued on page 6...



Gaylord Required Education Annual Training (GREAT)
Completion Deadline: May 23
 Training is Mandatory.
 Compliance is a condition of employment and is required to remain in good standing.

Also access training through the UKG Pro mobile app

Login to UKG, click on **Gaylord University** button to access training

UKG

Check out the next page for:
Preceptor of the Year and Nursing Leadership Awards

Nursing Leadership Award: Jenn Lombardi, RN

Jenn is an exceptional nurse leader known for her calm, steady, and approachable presence. She creates an environment where staff feel supported and valued, no matter the situation.

She led the implementation of Gaylord's Telesitters and Virtual Nursing programs, ensuring their safe integration with careful planning and collaboration. Jenn now oversees both programs, where her leadership continues to positively impact patients and staff. Over the past two years, Jenn has also helped lead the selection and hiring of Student Nurse Technicians, strengthening Gaylord's future nursing workforce and supporting the next generation of caregivers. In addition to these responsibilities, Jenn serves as a confident and autonomous nursing supervisor during evenings and weekends, providing strong clinical oversight, sound decision-making, and dependable support during critical hours.



"What sets Jenn apart is her selfless dedication," her nominator shared. "She takes on these responsibilities without seeking recognition, driven purely by her commitment to patient care and team success." Jenn's steady leadership, compassion, and commitment to both patients and staff make her an invaluable part of Gaylord Hospital and a truly deserving candidate for this recognition.

Congratulations to our Preceptor of the Year Award Winners



Marylou Colangelo, MSN, RN:

Marylou was recognized for her exceptional guidance and encouragement to a new nurse adapting to practice. The nomination stated Marylou "actively sought out opportunities for me to learn, ensuring I was exposed to a wide range of experiences, which made a huge difference in my confidence and readiness to practice independently." She was portrayed as "consistently patient, accessible, and deeply committed" to fostering growth throughout the transition.

The nomination further illuminated Marylou's profound impact, emphasizing her unwavering positivity and caring mentorship. "She believed in me even on days when I doubted myself," the nominator recalled warmly, highlighting how Marylou's encouragement was a lifeline that helped them build confidence and feel truly valued in their new role. "Because of her, I felt not only prepared, but capable." Beyond being a mentor, Marylou was honored as a compassionate, patient-centered nurse, and a role model whose kindness continues to inspire everyone around her.



Alyson Yakowicz, BSN, RN:

Alyson's nominator shares, "I would like to sincerely acknowledge how Alyson went above and beyond to support me during my transition into my new role. She demonstrated a truly caring attitude, along with patience and dedication, which made a significant difference in building my confidence and competence. She consistently took the time to explain, encourage, and ensure I felt comfortable, even during challenging situations. I truly appreciate her caring nature and support - it made my transition much smoother and more positive."

ICARE (continued from first page)



Blake Gagliardi, LCSW
Team Leader Social Worker,
Psychology

Since joining Gaylord in 2023, Blake Gagliardi has become a steady source of compassion, support, and leadership for both patients and staff. Colleagues describe her as “*an incredible asset*” whose empathy and dedication consistently go above and beyond.

One nominator shared how Blake made herself available after hours and even came in on a Saturday to support a young patient with PTSD during an especially difficult time. Whether she is sitting with patients and families through hard conversations, collaborating with therapists after hours, or simply making herself available when someone needs help, Blake is known for making people feel supported and cared for.

Her supervisor, Sarah Bullard, says Blake “*embodies the hospital’s core values in quiet, understated ways that are consistently meaningful.*” Blake currently manages two inpatient units and is widely respected for balancing professionalism and productivity with genuine compassion.

One of Blake’s most meaningful contributions has been establishing and leading Gaylord’s Hospice Committee after recognizing the need for a more consistent approach to end-of-life care. Drawing on her background in hospice care, she helped create new processes to better support patients, families, and staff during some of life’s most difficult moments. She also launched a thoughtful legacy program that gives families meaningful keepsakes such as hand-holding photographs, fingerprint mementos, and condolence cards from staff.

Blake’s impact reaches far beyond her day-to-day responsibilities. She mentors students, supports coworkers through complex situations, contributes ideas that improve patient care, and approaches every interaction with calmness and kindness. As one colleague shared, she is “*compassionate, empathic, dedicated, and reliable,*” while another simply described her as a “*rock star.*”



Alicia Hagan, LPN
Milne 2

Since joining Gaylord in 2022, Alicia Hagan has become a beloved member of the Milne 2 team, known for her positivity, compassion, and unwavering dedication to her patients and coworkers.

Colleagues describe Alicia as someone who “*puts 110% into every patient she cares for.*” She is known for noticing the small details others might miss, from nutritional concerns to outdated orders, and always works to make sure patients receive the best possible care and support.

Her nurse manager, Courtney Raynor, shared that Alicia “*doesn’t just show up for her shifts; she brings her whole heart to her work.*” Her signature “*Okay, let’s do this!*” attitude helps create a supportive, team-focused environment, even on the busiest days.

Alicia is especially known for the meaningful connections she builds with patients and families. She takes the time to learn what motivates each person and finds thoughtful ways to brighten difficult days. One nominator recalled how Alicia brought a patient a cup of Dunkin’ coffee to lift their spirits and encourage them to participate in therapy. It was a small gesture, but one that left a lasting impact.

Coworkers know Alicia as the person always asking, “*How can I help?*” Whether she is assisting with admissions, helping teammates, floating to another unit, or advocating for a patient, she consistently steps in wherever she is needed with professionalism and kindness.

Currently pursuing her RN degree at Albertus Magnus College, Alicia continues to invest in her own growth while also supporting and encouraging those around her. Her positivity, compassion, and dedication to nursing excellence recently earned her one of Gaylord’s 2026 Nightingale Awards, a recognition that reflects the impact she has on patients, families, and coworkers every day.

continued on next page...



ICARE (continued)

Kris Provost
Site Supervisor, Outpatient
Wallingford

For more than 20 years, Kris Provost has been a trusted leader, mentor, and clinician within Gaylord Outpatient Services. Coworkers describe her as approachable, dependable, and deeply committed to supporting both patients and staff.

One colleague shared that Kris “*consistently shows an unwavering commitment*” to helping others and makes herself available whenever guidance or support is needed. Her calm and steady leadership helps create an environment built on trust, teamwork, and compassionate care.

Kris is known for leading with honesty, empathy, and professionalism. She offers feedback with kindness and respect, listens carefully, and is always willing to jump in and help wherever needed. One coworker credited Kris with helping build the confidence needed to launch Gaylord’s Guilford clinic, sharing how much her mentorship and encouragement meant throughout the process.

Her supervisor, Jacob Hunter, described Kris as someone who “*embodies teamwork daily,*” fostering an environment where both staff and patients feel supported and valued. In addition to her role as a skilled speech therapist and supervisor, Kris is known for the thoughtful ways she celebrates and encourages her team, helping create a workplace where people feel appreciated.

This year, Kris played a major role in opening Gaylord’s first standalone Speech Therapy Clinic in Guilford, helping to turn a long-standing vision into reality. Since opening in January 2026, the clinic has continued to grow rapidly, reflecting her commitment to innovation and expanding access to care.

As supervisor of one of Gaylord’s largest outpatient clinics, Kris leads with accountability, compassion, and excellence while always keeping patient care at the center of every decision. Her impact on both patients and coworkers is felt every day.



Chrissy Rutigliano
Practice Manager, Outpatient
Medical Services

Chrissy Rutigliano is widely known across Gaylord for her leadership, dedication, and willingness to step in wherever she is needed. Colleagues describe her as someone who “*knows everyone and everything*” and consistently goes above and beyond to support patients, staff, and the organization.

This year, Chrissy played a critical role in launching Gaylord’s Interventional Pain Center while continuing to manage Outpatient Medical Services. Throughout the implementation process, she worked tirelessly behind the scenes, coordinating with providers, interviewing staff candidates, collaborating with billing, coding, and IT teams, and making sure every detail was in place.

At the same time, Chrissy continued supporting daily operations by working the front desk, assisting with authorizations, rooming patients, and helping wherever needed. One nominator noted that “*Chrissy can complete every role in her office,*” adding that she remained calm, compassionate, and solutions-focused despite the enormous demands placed on her.

Her commitment to patients was especially evident when insurance approval issues threatened to delay care. Rather than allowing patients to face unexpected financial burdens, Chrissy personally contacted families, explained the situation with compassion, and worked quickly to resolve the problems and improve processes moving forward.

Dr. Jerry Kaplan praised Chrissy for demonstrating the true meaning of ICARE through her innovation, teamwork, accountability, and leadership during the development of the new pain service. He shared that in more than 30 years as a physician leader, no one has “*ever matched Chrissy’s unique combination of dedication to her job, leadership skills, creativity, teamwork, and compassion for patient care.*”

Known for making everyone feel welcomed and respected, Chrissy approaches every challenge with humility, professionalism, and an unwavering commitment to excellence. Her impact across Gaylord has made her not only an exceptional leader, but someone colleagues say is truly “*known, loved, and cherished.*”

Building the Future of Neurologic Physical Therapy

New Neuro PT Mentorship Program Launching June 8

Gaylord Specialty Healthcare is starting a new Neurologic Physical Therapy Mentorship Program in June. This program will help new physical therapy graduates build their neurologic rehab skills through hands-on learning and guidance from our experienced clinical teams.

The new program includes:

- A 16-week paid mentorship experience
- Rotations through both Inpatient and Outpatient Physical Therapy
- Eight weeks in each setting to provide exposure across the continuum of care
- Direct mentorship from rehabilitation leaders and neurologic PT clinical experts
- Focused development of advanced neurologic rehabilitation skills, clinical reasoning, and confidence as new clinicians transition into practice

The program officially begins on June 8, and two participants have already accepted offers to join the inaugural cohort.

Nicole Frey, PT, serves as Program Coordinator for the initiative, which reflects Gaylord's continued commitment to mentorship, professional development, and exceptional patient care.

[Learn more here](#)

In Development: New Residency Program for Neuro PT

Gaylord is beginning an exciting new chapter in neurologic rehabilitation education and clinical excellence. A group of inpatient and outpatient physical therapists is currently working together to develop a Neurologic Physical Therapy Residency Program.

To support this effort, Gaylord has promoted Marielle Mikos, PT, DPT, NCS to guide the program's development as the Neurologic Physical Therapy Program Director. The team anticipates the potential launch of an initial resident cohort in 2027, with possible program accreditation in 2028.



Congratulations Marielle!

A PT residency is a mentorship program for licensed physical therapists who want to specialize and build their skills in a specific area. Residents learn from experienced clinicians, develop advanced clinical skills, and gain experience in research, education, and leadership. These programs help prepare skilled clinicians and improve care for patients and families.

Although the residency program is still being developed, Gaylord's therapy teams are already excited about it. The program will help train the next generation of neurologic rehabilitation specialists and strengthen Gaylord's reputation as a leader in complex rehabilitation care.

Interested in learning more or getting involved? Contact Marielle Mikos at mmikos@gaylord.org for details.

Happy HOSPITAL WEEK

MONDAY MAY 11	TUESDAY MAY 12	WEDNESDAY MAY 13	THURSDAY MAY 14	FRIDAY MAY 15
Innovation of the Year Award / CHAMP Awards 12 p.m. Brooker Lecture Hall	Committee Engagement Fair 11a.m.-2 p.m. Brooker Lecture Hall	Recognize a Star Event	*Appreciation Meal Wallingford campus 11:30 a.m.-1:30 p.m. 4:30 p.m.-6:00 p.m.	Free Dress Down Day
Scholarship Presentation Brooker Lobby 3:00 p.m.			Appreciation Dinner Night Shift (1a.m.-3am Thursday, May 14)	
			Offsites will have meal delivered	
			Gaylord Gear Showcase Cafeteria	

THANK YOU!
for all that you do

Make sure to enjoy your **free appreciation meal** today!

Look out for all the Hospital Week highlights in the next issue

Need to access Gaylord's
Employee Assistance Program?
Call (860) 233-6228.



DAISY (continued from front page)

I asked the patient if she would like someone to stay with her. She shook her head no, but Andrea insisted on staying with her. She pulled up a chair, sat next to the patient, held her hand, and even put on the prayer service she enjoyed watching on her phone.

I have worked in healthcare for over 15 years, and this is one of the best RNs I have ever met. So often in our field, we forget what is important and why we are here, and sometimes we can't empathize with what our patients are going through. Andrea is a great example of how we should all act and function as healthcare professionals. She also has great communication skills and is willing to brainstorm solutions to help her patients feel more comfortable. She is a breath of fresh air and a great asset to have on Milne 1."

Congratulations Andrea!

Welcome to the Gaylord Team!

Terry Addario	PCT - Lyman 1
Ola Ajai	Food Service Associate
Ashley Bailon	Pharmacy Tech
Carrie Bautista	PT - Fairfield
Teneshia Biggs	LPN - Hooker 1
Zaria Calo	PCT - Hooker 1
Danyel Catalani	RN - Lyman 2
Annie Filingeri	OT - North Haven
Josh Freeman	SNT - Lyman 1
Uriel Isaza	PCT - Hooker 2
Caroline Kohnert	HRIS Project Assistant
Cole Lavigne	Cybersecurity Engineer
Christine Lucarelli	PCT - Milne 1
Emani Morton	LPN - Lyman 1
Emily Taylor	RTA - Inpatient Therapy
Luis Vega	EVS Aide



NURSES WEEK 2026

You Make the Magic Happen



Think First: Empowering Students to Prevent Injury

Katie Zimmerli, Gaylord Hospital Think First Education Coordinator, recently spent two sessions with students at Sheehan High School, focusing on the importance of injury prevention and making safe choices.

Traumatic injuries remain the leading cause of death among teenagers, with teens and young adults representing the highest-risk group. The most common causes include motor vehicle crashes, violence, falls, and sports or recreational activities. Among the most serious are injuries to the brain and spinal cord, which can result in long-term or permanent disabilities affecting a person's ability to think, speak, walk, move, or even breathe as they once did. The encouraging news is that many of these injuries are preventable through basic safety precautions and informed decision-making.

Katie, who is an Occupational Therapist in Inpatient, presented on a range of critical topics, including traffic safety, awareness of high-risk behaviors, basic anatomy and injury mechanics, and the core principles of the Think First philosophy.



“My message to students is to think first about the potential consequences of their actions,” Katie shared. “I want them to avoid potential life-altering injury and protect themselves from permanent harm.”

Gaylord is proud to have Katie's passion and dedication to injury prevention education. Through her work, hundreds of Connecticut youth have gained valuable knowledge and a deeper understanding of how to stay safe and make thoughtful choices.

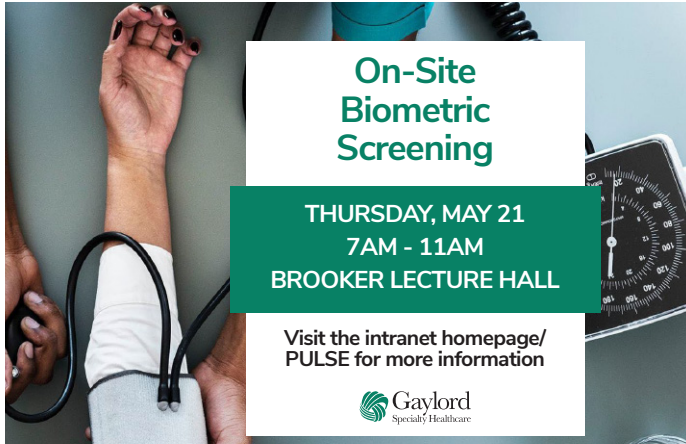


PAINT Party

TUESDAY, MAY 19
4-5 PM
Doors open at 3:30pm
BROOKER LECTURE HALL

Light refreshments and
guided facilitator


Please RSVP to hr@gaylord.org
by Friday, May 15



**On-Site
Biometric
Screening**

THURSDAY, MAY 21
7AM - 11AM
BROOKER LECTURE HALL

Visit the intranet homepage/
PULSE for more information



What is an RL?

An RL report is a safety event report submitted through the RLDatix system (often called RL6). Healthcare staff use it to document incidents, near misses, or safety concerns like falls, medication errors, equipment issues, or other events that could impact patients, visitors, or staff.

The goal is to identify risks, track trends, and improve safety. Reports are reviewed by leadership or investigators so issues can be addressed and processes improved, not to punish staff.

What happens after I submit an RL?!

- Your RL is reviewed by the quality and safety team, your manager, and the manager of any other department involved in the occurrence (RL).
- Feedback is provided by each person reviewing the RL.
- Depending on the severity of the occurrence, your RL may be escalated up the chain of command to resolve the concern.
- Once the RL is “closed,” your manager can provide you with an update on the outcome. Please ask your manager about any follow-up questions or updates as you will not get automatic updates.
- *NOTE*: If your RL includes an equipment issue – please also submit a work order! An RL does not take the place of a work order and will not initiate a follow up from facilities.

If you have questions about this process, please reach out to Ali Silva, Quality & Risk Coordinator, at x2783 or asilva@gaylord.org



Blood Drive Success

Thank you all who came to Brooker on April 30 to donate blood. We collected **113% of our goal!**

The results of the drive are:

- Drive Goal 30
- Appointments Scheduled 41 of 45
- Presenting Donors 35
- Units Collected: 30 Whole Blood
2 Power Red (4 Units)
= 34 Pints Total!!
- First-time donors: **8!!!**

The next Gaylord Blood Drive will be held on July 30 in Brooker Lecture Hall

To schedule an appointment call: (1-800-733-2767)
or visit: redcrossblood.org - enter Gaylord

One single blood donation can help save more than one life. Thank you for supporting our lifesaving mission!



Regenerative Medicine & Rehab Technology Showcase

**Thursday, May 21
5 - 7 p.m.
Luscomb Inpatient Gym**

The evening will include a presentation by Dr. Patrick Siegele on regenerative treatments for musculoskeletal conditions, followed by hands-on, interactive demonstrations of Gaylord's advanced rehab technology (with a special appearance from Facility Dog Mandy).

The event is designed for PTs, OTs, and SLPs, but is open to all Gaylord employees who want to learn more about non-surgical treatments and innovative rehab tools.

Registration is required. [Click here](#)

See flyer on page 16 for more information. on 16



WE HAVE A
RAFFLE WINNER:

Patty Bailey
Secretary, Food and Nutrition

Patty was selected as our Scholar Spotlight for taking one of the March/April featured courses in Gaylord U!

Every two months, one lucky scholar will **win a raffle prize** by completing any one of the monthly featured courses in Gaylord University.

May/June Featured Courses:

- [Leading an Innovation Culture to Future-proof Your Organization](#) (0.5 credit hrs.)
- [Leveraging AI as a Team Member](#) (0.5 credit hrs.)
- [Customer Service: Adapting to Your Customers' Cues](#) (0.75 credit hrs.)
- [Transfers: Using a Gait Belt](#) (0.1 credit hrs.)

CPR CLASS
for Non-Clinical Staff



Earn a American Heart Association Basic Life Support (BLS) certification

Class Details

- 📍 Clinical Education Classroom, Jackson Ground
- 📅 Wednesday May 20, 2026
- 🕒 8AM-12PM
- 💰 \$20 Fee

Who should attend?

This CPR class is intended for staff members whose roles do not require CPR certification, but who would like to be prepared and confident in an emergency.

Registration

- Seats are limited
- Advance registration is required
- Register through Gaylord University



Learn essential, potentially life-saving skills

Regenerative Medicine & Rehab Technology Showcase

Hands-on lab experience with advanced rehab technology



Info on page 14



Is someone you know interested in starting a career in healthcare?

APPLY NOW

Classes begin
May 26 & June 27



- ✓ Scholarships Available
- ✓ Potential for full tuition reimbursement

Flip to page 17 for more information

Refer A Friend

Employee Referral Bonus Program

Featured Open Position

Patient Care Technician (PCT)

Refer them to Gaylord and you could receive a
\$1,000 referral bonus

Contact HR for details





Gaylord's 2026 Academic Scholarships Awarded

This week, we had the privilege of celebrating the recipients of Gaylord's 2026 academic scholarships, honoring employees, volunteers, and family members pursuing careers across healthcare and healthcare leadership. From nursing and speech-language pathology to pharmacy and business management, each recipient represents the compassion, curiosity, and dedication that help make healthcare stronger.

Congratulations to this year's scholarship recipients:

- Sabrina Dwy
- Jessica Palumbo
- Cheryl Joyner
- Victoria Luedee
- Katie Savulak
- Jessica Skiffington

We're so proud to support these future (and current!) healthcare professionals as they continue their educational journeys - and we can't wait to see the impact they'll make.



NATIONAL
**SPEECH-
LANGUAGE-
HEARING**
MONTH

GET TO KNOW

GAYLORD'S SPEECH- LANGUAGE PATHOLOGISTS

OP
FAIRFIELD



Samantha Pierpont

OP
GUILFORD



Laura Halovatch Tammy Spurgeon

OP
NORTH HAVEN



Taylor Devine Abigail Tubis Shari Mayerson

OP
WALLINGFORD



Kris Provost Carrie Belcourt Shannon Masella Ellen Isaacson Camryn Harrigan

IP
WALLINGFORD



Hannah Cox Allison Greco Cheryl Tansley Kimberly Tuccitto Rachel Noia Stefanie Galidos Paula Cappota Katherine MacDonald Kali Cika





- Poster Displays
- Mix & Mingle
- Refreshments

JOIN GAYLORD RESEARCHERS TO CELEBRATE

INTERNATIONAL CLINICAL TRIALS DAY

Come celebrate **International Clinical Trials Day** at Gaylord with an afternoon of research and discovery.

FRIDAY, MAY 15, 2026
12:00PM - 1:00PM
THE INSTITUTE FOR ADVANCED REHABILITATION AT GAYLORD

Meet Jared Murano, Featured Adaptive Athlete of the 2026 Gaylord Gauntlet



"I once heard that every man has two lives – and that the second begins when he realizes he only has one.

In July 2025, I was a US Merchant Mariner and a former 3rd officer and surface rescue swimmer for the US Navy's Military Sealift Command. I was trained to sail ships of any size, horsepower, or tonnage in the world, rescue those in danger, and push my body to its limits.

I had already faced more than most 28-year-olds, having lost my father to brain cancer two years earlier, but I was moving forward ... until the day when everything stopped.

Last June, I had a life-threatening seizure at sea. I was airlifted to a hospital in Hawaii, where I was diagnosed with a rare, tennis-ball-sized brain tumor called an astrocytoma that had grown undetected for years.

I returned home to Connecticut for surgery. Doctors were able to remove 97% of the cancer, but that was only the beginning. I had to rebuild everything: my strength, my independence, my life.

That's why I came to Gaylord Hospital.

I spent a month in inpatient rehabilitation, relearning what I had always taken for granted: standing, walking, and using my left side. Going from peak physical condition to a wheelchair took a massive emotional toll. There were moments I felt defeated, but my Gaylord team of doctors,

nurses, and therapists never let me give up.

With their guidance and Gaylord's amazing technologies, I quickly began to rebuild strength. Gaylord gave me so many additional opportunities to try, from high-intensity cardio groups, weightlifting, and adaptive cooking classes, to archery and basketball. I said 'yes' to everything before I went home four weeks later using only a walker.

I returned to Gaylord for outpatient rehab, a routine I continue to this day. Aquatic therapy is the highlight of my week. In the pool, I feel a sense of freedom that's hard to describe. I'm more like myself again, more like the Navy rescue swimmer I once was.

Less than one year after my brain surgery, I will take on the Gaylord Gauntlet as the 2026 Featured Adaptive Athlete - navigating 24 obstacles over a 5k course alongside the same therapists who have guided me through my own recovery challenges.

Though I'm still undergoing chemotherapy to treat any remaining cancer, thanks to Gaylord, I have the tools and the confidence to move forward one step at a time in this second life I have been given.

Thank you, all, for your support and I look forward to seeing you at the Gaylord Gauntlet!"





Vote for us in Shore Publishing's 2026 Best on the Shoreline Community Choice Awards

Voting: **Monday, May 18 – Sunday, June 7, 2026**

Winners announced: Thursday, October 8 in *On the Shoreline* magazine and online [Click here](#) to cast your vote today



Pictured above, left to right: Kiersty Neeman (Outpatient OT), Jared Murano, Frankie Chieffo (Inpatient OT)

Path of Hope 5k

At last weekend's 2026 Path of Hope Walk & Run at Bushnell Park in Hartford, Gaylord received the Community Impact Award from the Connecticut Brain Tumor Alliance in recognition of its commitment to supporting individuals and families affected by brain tumors and neurological conditions. The CTBTA raises funds for research and patient support programs throughout Connecticut.

The event also honored Jared Murano, the 2026 Featured Adaptive Athlete for the Gaylord Gauntlet, with the Courage Award for his "strength, perseverance, and willingness to share his journey" with others facing neurological challenges.



Gaylord and the COMMUNITY

- **May 21** - Middlesex Chamber Golf Tourn. Tee Sponsor
- **Aug 2** - Southington-Cheshire YMCA Charity Golf Tournament

● Community Events ■ Sponsorships



2335 Dixwell Ave Suite F-1,
Hamden, CT 06514



Gaylord is hosting a private event on:

Saturday, June 6

Arrive: 10:00 AM, Start: 10:30 AM
1hr class

(30min cardio, 30 min strength training)

Free of charge

All Gaylord staff who would like to try

Orangetheory Fitness
in Hamden

Employees who would like to attend please email
HR@gaylord.org



Be part of the conversation

See something you like? Don't keep it to yourself!



Facebook
Join the conversation



Instagram
Like, comment & follow along



LinkedIn
Weigh in & connect



YouTube
Watch, learn & subscribe

Committee Spotlight: Get to Know the Outcomes Committee

At Gaylord Hospital, patient outcomes are an important measure of the quality and effectiveness of the care we provide. Tracking outcomes helps us better understand which treatment approaches are most effective, identify opportunities for improvement, and ensure patients are making meaningful progress toward their functional goals. Strong outcomes also reflect the collaboration between disciplines and Gaylord's commitment to evidence-based, patient-centered care.

The Gaylord Outcomes Committee is chaired by Victoria De La Rosa, DPT, in Inpatient Therapy. The committee brings together team members from multiple departments to review patient outcomes, discuss best practices, and identify opportunities to further enhance the rehabilitation experience for our patients.

A major focus of the committee is HIT (High Intensity Training) education and implementation. Through ongoing discussion, data review, and shared clinical experiences, the group works to support staff in delivering evidence-based interventions that promote optimal patient recovery and functional outcomes.



Victoria, whose leadership helps guide meaningful dialogue and collaboration among members, shared, "By fostering open communication and a shared commitment to

excellence, the Outcomes Committee continues to strengthen our patient-centered approach to care."

DURING THE MONTH OF MAY

FLOWER FUNDRAISER FOR GAYLORD

Support local flowers & a beautiful campus!

**Beaumont
Farm**

20%

of your purchase donated to
Gaylord Specialty Healthcare

Visit

📍 Beaumont Farm
945 East Center Street, Wellingford

🕒 9:00 AM – 5:00 PM | Sunday–Saturday

How to Participate

- Shop for flowers anytime in May
- ➔ **Tell them you are from Gaylord when you check out**
- Enjoy beautiful blooms while giving back

Gaylord
Specialty Healthcare

CONGRATS! PX PUZZLE RAFFLE WINNERS

- 1.) **Aubrey Marotta**, H2 Nursing
- 2.) **Katelyn Muolo**, Development
- 3.) **Kaitlyn Koch**, Development

PATIENT EXPERIENCE WEEK
April 27 - May 1

We all have a hand in patient care.

BENEFITS UPDATE

401(k) Employer Match **INCREASE** to

3%

Starting second payroll May 2026

Gaylord
Specialty Healthcare

VOLUNTEERS NEEDED

Help Clean-up
Gaylord Farm Road

Wednesday, June 3

3:30 pm - 5pm

To sign-up, email Cammy Nigro at cnigro@gaylord.org
Free refreshments, courtesy of the Community Relations Committee

≡ DON'T FORGET! ≡
As we close out **HOSPITAL WEEK** tomorrow - **FRIDAY, MAY 14** is a **FREE JEANS/SCRUBS** for Charity Day!



No need to purchase a sticker or wear your buttons, just enjoy your dress-down day!

Put it on the Calendar!

Mondays:	Weekly Zumba Series, 4:10pm, Inpatient Gym
Tuesdays:	"Take a Breath Tuesdays" - Ten Minute Meditative Moment, 12:10pm, Chapel on Jackson Ground
Wednesdays:	Weekly Yoga, 4:10pm, Brooker Lecture Hall
5/11-5/15:	Hospital Week
F 5/15:	FREE Jeans for Charity/ Fun Scrubs for Charity
T 5/19:	Paint Party
W 5/20:	CPR Class for Non-Clinical Staff
Th 5/21:	Rehab Technology Showcase Biometric Screening
S 5/23:	Annual GREAT Training Due
F 5/29:	Jeans for Charity/ Fun Scrubs for Charity
W 6/3:	Road Cleanup Volunteer Event
Sa 6/6:	Free Class at OrangeTheory in Hamden
Sa 6/13:	Gaylord Gauntlet!



Friday, May 29

The featured organization is:

Donate Live CT

Donate Life Connecticut promotes organ and tissue donation awareness, honoring donors and supporting lifesaving transplantation efforts statewide.

[Click here to learn more](http://www.donatelifect.org/) or visit: www.donatelifect.org/

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.

FUN SCRUB FRIDAYS FOR CHARITY

Friday, May 29
Sticker: \$2

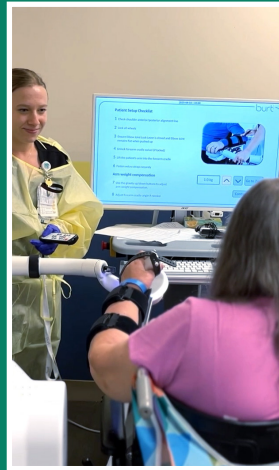


Fun Scrub Fridays supports with the same charities featured for each Jeans for Charity event going forward, and therefore will use the same stickers and buttons for participation.

Regenerative Medicine & Rehab Technology Showcase

Hands-on lab experience with advanced rehab technology

Earn
2.0 CEU
Credits



Why Attend?

- Designed for PTs, OTs, and SLPs. Earn 2.0 CEU Credits
- This free CEU event gives therapists expert-level insight into regenerative treatments for musculoskeletal conditions, followed by hands-on experience with advanced rehabilitation technology used in everyday patient care at Gaylord.


Register Today





Scan to register

Hosted by:
 **Gaylord**
Specialty Healthcare

Event Details

 Gaylord Specialty Healthcare
50 Gaylord Farm Road, Wallingford

 Thursday, May 21, 2026

 5-7PM

 FREE

Everyone in attendance will automatically be entered into our raffle for the chance to win door prizes, including a \$50 American Express gift card, a custom Bluetooth speaker, and Gaylord gear.

Winners must be present!

Jump start your career in healthcare TODAY!

Become a Certified Nursing Assistant and begin a rewarding career in healthcare. With our dedicated simulation lab and clinical learning on Gaylord's state-of-the-art rehabilitation units, you can complete all of your training under one roof. Let Gaylord be the catalyst for your healthcare career by becoming a CNA!



Student Benefits

- Immediate employment after course completion for eligible candidates
- Potential reimbursement of program fees with employment commitment
- Shadowing and mentoring opportunities with RN, LPN, PT, OT, and RT staff



Student Requirements

- 18 years or older
- Fluent in English
- High school diploma or GED
- Resume
- Flu shot required
- Must pass a criminal background check, physical and drug screening



Then Join Our Team & Enjoy Our Employee Benefits!

- Tuition reimbursement for college courses
- Dedicated to work-life balance with robust programs promoting health and wellness
- Opportunities to gain valuable clinical experience:
 - Progressive care, stroke, traumatic brain injury, telemetry, medical pulmonary and more



Scan our QR Code to apply online or email CNAacademy@gaylord.org.

Visit gaylord.org/center-for-education/cna-academy

Apply for an upcoming session TODAY!

Contact
(203) 284-2784
for questions.