

Administrative Professionals Awarded The Gaylord Cup



Note: Not everyone was present for the photo.

Congratulations to the Administrative Professionals for being awarded The Gaylord Cup. President and CEO, Sonja LaBarbera presented the cup to the group stating, "It is my honor today to present the Gaylord Cup. I want to take a moment to focus on this group of individuals who are so vital to the smooth running of our organization — our administrative professionals. Today, on Administrative Professionals Day, we formally acknowledge and celebrate their indispensable contributions."

Each day, these dedicated team members manage tasks that range from scheduling and correspondence to data management and customer service and so much more! They do so with exceptional skill, grace, and professionalism, often behind the scenes and without seeking recognition.

Their hard work and efficiency enables all of us to perform our duties more effectively, acting as the glue that holds our operations together. It's not just their professional contributions that we value, but the positive spirit they bring into our work environment every day.

So, on behalf of the entire Gaylord family, I extend a heartfelt thank you to all our administrative professionals. We are truly grateful for your tireless efforts and are proud to have you as an essential part of our team."

Our Values are

Integrity

Compassion

Accountability

Respect

Excellence

FYI DEADLINE

The deadline for the next FYI is Friday, May 10.

Email: publicrelations@gaylord.org

Gaylord University: GREAT Update

Gaylord Required Education Annual Training (GREAT)

- Gaylord's annual compliance training, launched April 15 and runs through May 30th
- Supports Gaylord employees understanding of important topics related to their jobs
- Maintains our readiness and compliance with the Joint Commission and CARF's requirements
- Access UKG Learning through UKG Pro and Mobile App
- Reminder: Training is not optional



Seven (7) courses for GREAT housed in UKG

- HIPAA / Ethics and Corporate Compliance
- Workplace Violence
- Emergency Preparedness
- Infection control – Basic compliance
- Bloodborne Pathogens and Sharps Requirements
- Diversity for All Employees for Healthcare

Our mission is to enhance health, maximize function and transform lives.

Defining Nursing Excellence

Congratulations to Gaylord's Nightingale Honorees

Kristina Clodfelter, RN Hooker 1



Kristina looks beyond her patients' disabilities and illnesses to see the individual she is caring for. She uses her quick wit to help her patients experience and enjoy the healing power of laughter and she seemingly

knows when her colleagues are in need of some timely words of encouragement and cheer.

Going beyond the call of duty is par for the course for Kristina, who tends to the little details that will make them more comfortable. She sees each patient as a whole person and treats them with respect, carefully tending to the little details as though she were treating one of her own family members.

At the end of her shift, you'll find Kristina personally saying goodbye to her patients, letting them know when she will be back, introducing them to their oncoming nurse, and reassuring them that they will be in good hands under their care. Her colleagues say that her change-of-shift approach helps establish instant rapport and puts new patients at ease.

Often the charge nurse on the day shift, Kristina never hesitates to make herself available 24/7 as a resource to staff on the evening shift.

Her peers say that like Florence Nightingale, Kristina's compassion and commitment to patient care and unwavering support of her colleagues are what defines her legacy.

Susanna Bennett, BSN, RN Milne 2



Susie's colleagues say that during Susie's ten years at Gaylord, she has been "giving it her all" as she brings leadership, critical thinking, and support skills to her unit.

With her trademark

contagious smile that puts patients at ease, Susie is always the first to take on complex patient cases. She leads her team with humor, a positive attitude, and a team-focused approach to get the job done all while ensuring patient safety.

Susie takes extra time to connect with her patients and their families beyond the ordinary nurse/patient relationship. Her patients, in turn, confide in her.

When one patient who was unable to have anything by mouth was cleared to eat and drink, Susie fulfilled the patient's desire for Dunkin Donuts coffee, a surprise that made the grateful patient very happy.

Susie cares about the people she works with just as much as she cares for her patients. She is always there to mentor other nurses, assist PCTs, and plan celebrations that are inclusive of everyone. Her team members respect her judgment and enjoy the positive work atmosphere she brings.

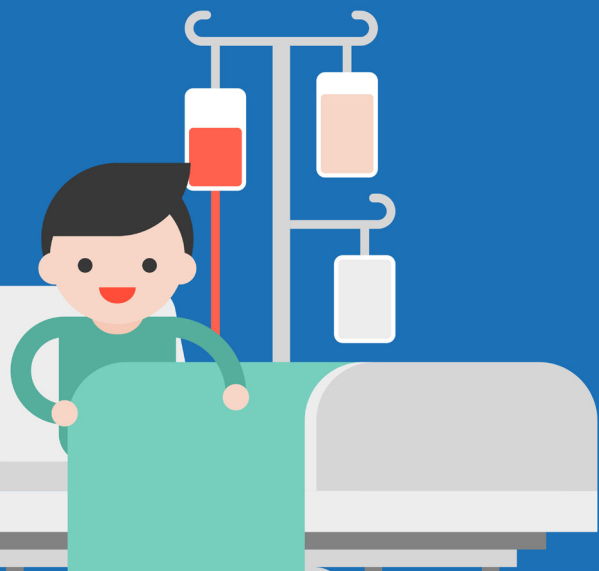
Her colleagues say that Susie has "undoubtedly mastered her leadership role on her unit."



“What matters to YOU?”

“What would make today a great day?”

These are simple questions that can make a big impact on patient care. Things that matter the most to our patients may matter differently to us. Understanding what matters most to our patients helps to align care, establish trust, and improve outcomes. In the spirit of Patient Experience Week let's all try and ask these questions.



Be Innovative.
Think Possible.



Share your
innovative
ideas with us.

Scan the QR code or
email innovation@gaylord.org

REMINDER

for all emergencies dial

3399



WE ARE **ALL** THE
PATIENT EXPERIENCE



PATIENT EXPERIENCE WEEK
April 29 - May 3, 2024

Escape Room

Situation: A patient has eloped, and a "Signal 1" has been called. Time is crucial. Your mission is to follow a series of challenges and clues to identify the missing patient and ensure their safety. You have a total of 30 minutes to find the patient and complete the escape room. The team who completes the escape room the fastest wins a prize. Make your team of 3-5 staff members.



**COMING
SOON**
to your email

Great
Place
To
Work®

Gaylord
Specialty Healthcare

Great Place To Work survey 2024

GAYLORD'S CHAMPIONS OF SERVICE



The following employees were named for providing exceptional service in a patient satisfaction survey and/or patient rounding in FY24 second quarter:

Care Management

Alicia Scillia
Jeanette Bernardo

Food & Nutrition Services

Brenda Paluszewski
Claudia Torres
Lauren Lessard

Inpatient Therapy

Bradley Fletcher
Brandon Musto
Dawn Peck
Finn LaPierre
Jaclyn Lavigne
Jennifer Stevens
Katherine Zimmerli
Kim Tetreault
Kim Tuccitto
Madeline Murgatroyd
Marcia Brassard
Michelle Saunders
Paula Savino
Stephanie Zanvettor

Tim Kilbride

Zak Hamdi

Nursing Services

Abigail Vogt
Albert Rivera
Amber Norris
Angela Savulis
April O'Neill
Christy-Ann Dobrosky
Danielle Joy
Emily Dillon
Evelyn Obarowski
Gladis Lopez
Jamie Wortman
Kamyra McGraw
Karen Doukas
Kerry Morgan
Latoya Moore
Laura Moran
Mariela Diaz
Mario D'Amore
Olga Dryfoos
Ryan Rustek

Sarah Daniels

Shauna Crawford
Siobhan Peng
Susana Nunes
Taylor Robinson
Yolanda Brown

Outpatient Therapy

Jill Ray, Madison
Kaila Morin, North Haven
Shane Gallagher, Madison

Physician Services

Dr. Alex
Dr. Aro
Dr. Kiri
Dr. Seye
Dr. Sharma

Therapeutic Recreation

Katie Joly
Chris Mallinson

MAY IS STROKE AWARENESS MONTH



STROKE CAN BE CAUSED BY:



- A clot obstructing the flow of blood to the brain called an ischemic stroke
- A blood vessel rupturing and preventing blood flow to the brain called a hemorrhagic stroke
- A transient ischemic attack (TIA) or "mini stroke" is caused by a temporary clot

HOW MANY PEOPLE HAVE STROKE EACH YEAR?

EVERY
40 SECONDS

someone in the U.S. has a stroke

#5

Cause of death and leading cause of disability in the U.S.

WHAT ARE THE LEADING CAUSES OF STROKE?

- High blood pressure
- High cholesterol
- Smoking
- Obesity
- Diabetes
- About 1 in 3 US adults have at least one of these conditions



HOW CAN YOU REDUCE YOUR RISK?

- Manage high blood pressure
- Control cholesterol
- Reduce blood sugar
- Be active
- Eat better
- Stop smoking
- Take medication as prescribed
- Join a program that includes exercise, education and counseling
- Know your family history of stroke



Early action is important for stroke.

Knowing the signs and symptoms of stroke so that you can act fast

- **Numbness or weakness** in the face, arm, or leg, especially on one side of the body
- **Confusion or trouble speaking or understanding speech**
- **Trouble seeing** in one or both eyes
- **Trouble walking, dizziness, or problems with balance**
- **Severe headache** with no known cause
- Think **F.A.S.T.**

Warning signs to look for: Think F.A.S.T.



F

Face

One side of the face may feel numb or droop. If you try to smile it may be uneven.



A

Arm

One of your arms may feel weak or numb. If you hold your arms out in front of you one arm may drift downward.



S

Speech

Ask the person to repeat a simple phrase. Is the speech slurred or strange?



T

Time

Every minute counts. Call 911 immediately and make a note of when your stroke symptoms first occurred. Patients who arrive to the ER within 3 hours of their first symptoms often have **less disability 3 months post stroke** than those who receive delayed care

Story of Determination in Honor of Brain Injury Awareness Month

"My name is Josh General, and for Brain Injury Awareness month, I'd like to share a piece of my story and explain what I've learned about myself and how my life has changed because of my brain injury. My journey started about 11 years ago



when I suffered an anoxic brain injury because of a fall. My brain was deprived of oxygen for an unknown amount of time. I was in a comatose state for six weeks, declared legally blind, on dialysis because my kidneys were failing, and doctors thought I needed a liver transplant. My brain showed no activity and I had contracted pneumonia from being on a ventilator. Doctors told my family that I would never see, walk or talk again. I

was completely dependent on others for all of my care. This would be pretty discouraging for most people, but thanks to loved ones and friends praying for me and willing me along, I felt that I was not alone. After almost 2 months, I woke up from my coma, and spoke again for the first time.

My personality has totally changed through this ordeal. Before my TBI, I was very narcissistic, self-absorbed and self-centered. One positive outcome of my injury is that I have learned to be more empathetic to people and situations similar to mine and worse than myself. If the old Josh saw somebody in a wheelchair, using a walker or cane, he would have thought "that sucks to be them". Little did I know that soon after thinking this, it might soon be me. What a paradigm shift! I've come to appreciate the little things in life, such as being able to walk in a straight line and to stand up from a sitting position, feed myself and put on my own clothes, all of which had been taken away

from me after my initial accident. I am a different person now—I think more about how I can help others. I'm intentional in my interactions and I follow through with meaningful conversation that I've had with people. I value relationships with others instead of looking at them as a transaction.

I take accountability for myself and for my behavior. I've had to accept that my life is not that of the average 32 year old. I didn't get to finish college, I'm not married, and I don't have



Josh and his family.

a career. It has been a process to come to terms with all of that, but at the same time, to continue working hard to improve. I have goals and dreams for my future, and I now believe that I can make them happen. I used to think that I was worthless, pathetic. Now, I realize that I have value and that I can use my situation to help others in my position, as well as to help them avoid the mistakes I made.

This whole journey has been a test on me as a person and what I believe in—my values, my identity and who I am as a man, as well as a Christian. Before the injury, I used to toss the phrase "Christian" around pretty loosely. But throughout this journey, there have been way too many unexplained medical phenomena to not believe that there's a higher power up there, willing me along the way and guarding me and protecting me. For example, I contracted pneumonia and was placed on a ventilator and was told that I would not make it through the night. Initially, when I first awoke from my coma, I was blind and was told that I would never see again. But as a result of prayer on my behalf about my sight at a Christian concert, I was able to see clearly again.

Continued on page 8

TBI article continued from page 7

"You can't expect to win the race if you don't train and show up to run it." There are many days where I have to push past the challenging, uncomfortable, exhausting and painful to get better. At times, I thought my body and mind didn't have anything left, but I realized that I was more capable than I thought. For example, I had a big, ugly Baclofen pump placed near my hip that was painful, but due to 7 years of hard work building muscle to control the tone, the pump was eventually removed, which is a rare occurrence. Also, every 3 months I had to get Botox all over my body, but now the injections have been reduced to my lower limbs only. If it wasn't for my family and friends, doctors, therapists, chiropractors and trainers, I would not be where I am today.

In closing, I want to say that while this brain injury and everything that came along with it has

been a traumatic experience, I've come out on the other side as a better man. I had been strong and capable all of my life. I used to think that asking for help was a sign of weakness. When I finally realized that I needed help, I accepted the help in body, mind and spirit, and then my overall well-being improved, which allowed my therapy to truly progress. Remember, you are not alone. You can accept help, keep going, you can do it. The human body is an amazing thing. Push yourself, keep moving forward even if it stinks. Never give up on yourself, and never stop trusting those who believe in you. Thank you for the opportunity to share my story and I truly hope it inspires someone to push through their own struggles."

Josh has been a outpatient with Gaylord in both Wallingford and North Haven (Day Treatment/PT/OT/ST) for the past 2 years and wanted to share his TBI experience and recovery process.



Sunday, May 5
Lighthouse Point Park
New Haven
Check-in 9am
Walk begins at 10am



JOIN THE
"Gaylord Gait-ors"
HEART WALK TEAM



Scan to register for free

**For questions, contact Gaylord Team Captain, Stephanie Zanvettor at
szanvettor@gaylord.org**



innovation OF THE Year Award

May 13 • 12pm
Brooker Lecture Hall

4th Annual
CHAMP Awards

Gaylord
Specialty Healthcare

Vote on the best performances in our
“Message in a Minute” videos...

- Best Actor
- Best Actress
- Best Supporting Actor
- Best Supporting Actress
- Best Drama
- Best Comedy

2024
CHAMP
AWARDS

Voting is open until noon, May 8
Awards Ceremony:
Monday, May 13
Brooker Lecture Hall-12pm



**SAVE
\$10**
USE DISCOUNT CODE:
Staff24



06 15 24

REGISTER TODAY

www.gaylordgauntlet.org



Goodnight.

Did you know you can do right by the planet and Gaylord?

Many of our computers and monitors run without anyone watching them. The Snapcoms are a great way to notify us of upcoming events, but who is watching at night in an office? Did you know that if we turned off our monitors when not in use, i.e. when we go home at night, we could prevent hundreds of tons of CO2 from heating the atmosphere each year and save approximately \$33,000 per year? Just like the monitors in sleep mode, computers still draw power too. If you shut your computer down at night, we could save another \$7,000! Those savings can be re-invested here in other Green initiatives like composting!

So, do your part, help the planet, save energy, and help us re-invest in ideas and projects that make Gaylord Greener!

From,
Pete Grevelding, COO and the Go Green Committee



World Hand Hygiene Day | May 5

**Accelerate
action
together**

**SAVE LIVES
Clean Your
Hands**





Nurses' Week

Schedule of Events

MAY 6
MONDAY MADNESS
Show your team spirit

Wear your favorite sports team apparel

Mobile concession cart
All shifts, all units



MAY 7
PEACE, LOVE & TIE DYE TUESDAY

Wear tie dye

Mandy, Facility
Dog unit visits

Unit superlatives announced

\$6 meal box for nurses
Cafeteria lunch & dinner



MAY 8
WILD WEDNESDAY
No uniform dress code

Wear your own scrubs

Make your own trail mix cart



MAY 9
THIRSTY THURSDAY IN THE TROPICS

Wear Hawaiian apparel

Tiki Bar Coffee and Cake Pop Cart



MAY 10
FLASHBACK FRIDAY

Dress for your favorite decade

Blessing of the Hands

Free Cookie for Nurses
Cafeteria
11:30 am - 6:30 pm



Gifts and awards throughout the week. Cafeteria specials!

2,4,6,8, Who do we appreciate? YOU!

Jeans for Charity: Friday, May 3



The featured organization is:

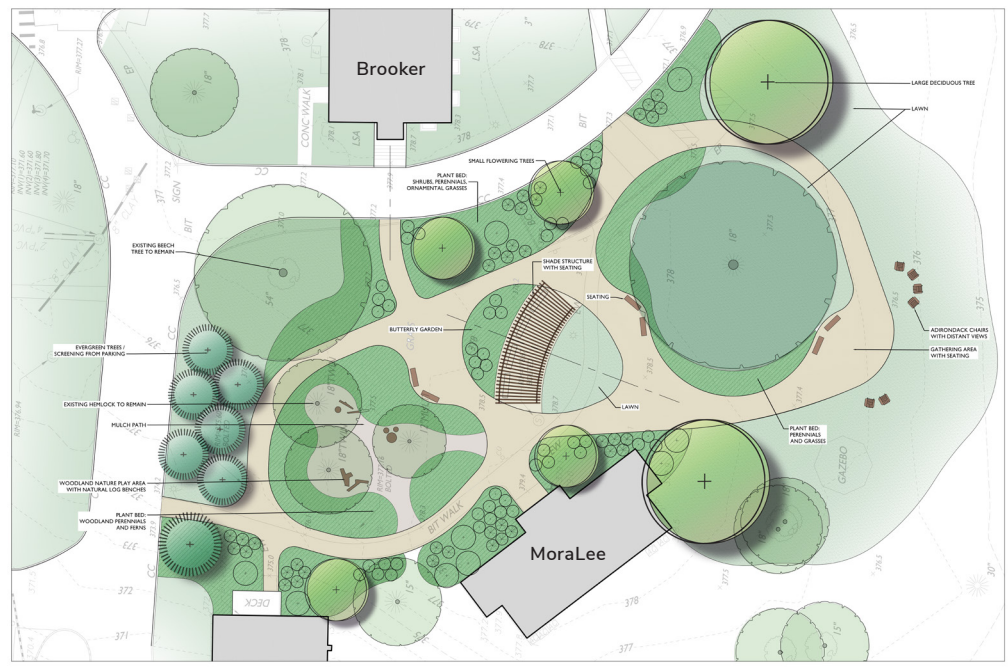
The Stroke Association

[Click here to learn more.](#)

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Human Resources, Jackson 2 outpatient, North Haven, Cheshire, Cromwell and Madison.

May	June	July	August
Stroke Awareness Month	Jeans for Charity June 7, 21	Jeans for Charity July 5, 19	Jeans for Charity August 2, 16, 30
Better Hearing and Speech Month	Great Place to Work Survey Closes: June 14	Legacy Week July 8-12	
Mental Health Awareness Month	Gaylord Golf Classic May 20	Gaylord Gauntlet 5k June 15	
Jeans for Charity May 3, 17, 31	Great Place to Work Survey Opens: May 21		
Clinical Trials Day May 10	Gaylord University: Required Employee Annual Training Deadline: May 30		



Therapeutic Garden Construction Coming Soon

On May 6, Gaylord will begin construction on a new Healing and Therapeutic Garden in front of the Family Cottages. The project plan will include the Cottage parking spots and the lawn from the Cottages to the gazebo to the Copper Beech tree. This newly constructed garden will offer a new space for patients, families and staff to rest, recharge and relax. Planned additions include new trees, seating, walking paths, native plantings and perennial gardens.

Eat This Not That

Each month in the cafeteria, the Food & Nutrition department features and compares nutrition facts with a Gaylord cafeteria meal versus a similar fast food option called "Eat This Not That." In April, the "Eat This Not That" feature was Gaylord Café vs. Noodle & Co.



Gaylord

VS.

Noodle & Co.

House-made spinach pasta, lemon butter cream sauce, spinach, sautéed kale, plum tomatoes and house aqua fresca - \$9.50

Penne Rosa with shrimp and Gold Peak Tea - \$16.37

Gaylord's option is healthier and more affordable.
Check out this month's feature:

Tuesday, May 7
Gaylord vs. Moe's

eat THIS not THAT

GAYLORD VS. NOODLES & CO

Penne Rosa

Nutrition Facts	
Serving size	
Amount Per Serving	
Calories	810
Total Fat 27g	
	54%
Saturated Fat 11g	
	22%
Trans Fat 0g	
	0%
Sodium 1400mg	
	63%
Total Carbohydrate 104g	
	38%
Dietary Fiber 0g	
	0%
Total Sugars 0g	
	0%
Includes 0g Added Sugars	
	0%
Protein 20g	
	74%

Spinach Pasta with Shrimp

Nutrition Facts	
Serving size	
Amount Per Serving	
Calories	510
Total Fat 14g	
	28%
Saturated Fat 6g	
	12%
Trans Fat 0g	
	0%
Sodium 1000mg	
	42%
Total Carbohydrate 67g	
	24%
Dietary Fiber 7g	
	28%
Total Sugars 0g	
	0%
Includes 0g Added Sugars	
	0%
Protein 30g	
	60%

- Chef Gabe and John made the spinach pasta from scratch - can't get that at Noodle & Co!
- Chef Gabe is able to use varying spices to help boost flavor without increasing sodium
- A meal cooked to order is always better than fast food!

Think Possible T-Shirt Sale



FRONT



BACK

\$10

CASH or
VENMO only

Tuesday, May 14
Brooker Lobby
11 a.m. - 1:30 p.m.
2:30 p.m. - 5 p.m.



Near Misses:

Heroic Efforts From Our Safety-Minded Staff

A near miss is an event that might have resulted in harm but the problem did not reach the patient because of timely intervention by our amazing staff.

The Safety Coaches have selected the Near Miss submitted by **Joan Buckley, RN** from the Admissions Department, recognizing **Jennifer Kleinschmidt RN**, Care Manager, and her **Attention to Detail**. After noticing there were more than one pre-registrations for a patient, Jennifer used her CHAMP -behavior and tools: **Practice a Questioning Attitude**, and notified the Admissions Department to **validate and verify**. The medical records were able to be merged and no harm came to the patient due to the timely response of the Care Management, Admissions, and IT departments.



The Quality and Safety Department would like to thank the following staff for submitting Near Misses in February!

- Carrie Micker
- Jaime Cassidy
- Joan Buckley
- Kevin Pedone
- Marcia Brassard
- Paige Reinwald
- Ryann Collette
- Stephen Verdolino

Thank you for Speaking up for Safety!

Employee Meeting

Q2

Missed the
meeting?
Click below
to read the
powerpoint.

CLICK HERE



Hospitalist Schedule Available on Intranet

In an effort to make the Hospitalist schedule easily available, the schedule is now also available on the "Frequent Links" square on the Gaylord Intranet home page.

Click "Frequent Links", and then it is listed under "Helpful Links" > Hospitalist Schedule

This is the most current and up-to-date schedule for the Hospitalist team.

MAY Service Awards

Congratulations to the following employees
for their years of service to Gaylord:

25 YEARS

Doug Owens
Materials Management

Lynn Krieg
Care Management

20 YEARS

Jon Mace
Finance

10 YEARS

Halina Domitrz
Nursing Services

5 YEARS

Amir Mohammad, MD
Physician Services

Elena Baxter
Accounting

Amanda Perriello
Food & Nutrition

September

Jeans for Charity
Sept. 6, 20

Corks & Forks
Sept. 19

October

Jeans for Charity
October 4, 18

November

Jeans for Charity
November 1, 15, 29

December

Jeans for Charity
December 6, 20

January 2025

Happy New Year

— MAY —

MENTAL HEALTH

AWARENESS MONTH



Visit the intranet homepage/PULSE for resources.



Research EDucation Development **(REDD)** Series

Writing a Manuscript Part 2: Refining Your Article

Thursday, May 9
12:10 p.m., Via Zoom

To participate email:

John Corbett, jcorbett@gaylord.org for
details and ZOOM login information.

A week of gratitude

Hospital Week

May 13 - 17, 2024

See the schedule of events
on the intranet/PULSE



- *Poster Displays*
- *Mix & Mingle*
- *Refreshments*



Gaylord
Specialty Healthcare

Milne Institute

JOIN GAYLORD RESEARCHERS TO CELEBRATE

INTERNATIONAL CLINICAL TRIALS DAY

FRIDAY, MAY 10, 2024

12:00PM - 1:00PM

**THE INSTITUTE FOR ADVANCED
REHABILITATION AT GAYLORD**

*Come celebrate
International
Clinical Trials Day at
Gaylord with an
afternoon of
research and
discovery.*



Clinical Trails Day

Friday, May 10, 2024

Submit the signatures of 3 research authors to be entered into a drawing to win a gift card!

You can meet the authors on Friday, May 10 from 12-1pm in the Institute for Advanced Rehabilitation on Jackson Ground. Authors of research papers, case studies and posters are all applicable. Written signatures or an email “signature” to you from an author of research studies, case reports or poster presentations all qualify. Authors can be from any Gaylord location and you may mix and match if you like.

Completed signature forms can be put in the labeled box on the refreshment table during the poster session on May 10 or emailed to: hhrdlicka@gaylord.org.

Clinical Trails Day

Author Signature Form

1. _____

2. _____

3. _____

Name: _____

Department: _____



Committee Engagement FAIR

Learn more about
Gaylord's committees

Tuesday, May 14

11 am - 1:30pm

2:30 pm - 5 pm

Brooker Lecture Hall

Refreshments and
Raffle Prizes!

Stop by for your chance to
win Blackstone Portable
Grill, iPad Mini Tablet, Apple
Ear Pods.



SAFETY FAIR

Thursday, May 16 • Brooker Lecture Hall • 7am-5pm

Educational, Fun, Raffle Prizes and Giveaways!

Yankees Healthcare Workers Appreciation Week

May 17 - May 22

Join your fellow healthcare professionals and the New York Yankees for select games in May at Yankee Stadium.

Each Special Event Ticket includes:

Either a New York Yankees Scrub top or tumbler co-branded with their healthcare appreciation logo and \$15 New York Yankees Food & Beverage Voucher* (ONLY FOR 5/20, 5/21, 5/22 Games)

[Click HERE for ticket information](#)



Gaylord Represents at Career Fair



Mario D'Amore (PCT), Jim Russo (HR), Kimberly Tuccitto (IP SLP), Marcia Annunziata (IP OT), Paula Savino (IP PT), represented Gaylord at the Middlesex County High School Career Fair at Wesleyan University on April 25th. Hundreds of students learned about career opportunities in physical therapy, occupational therapy, speech language pathology, and nursing. Educating current high school students about healthcare careers is crucial as it not only helps them make informed decisions about their future but also addresses the growing demand for healthcare professionals. By inspiring and guiding the next generation of healthcare professionals, we help ensure a sustainable workforce that can meet the evolving healthcare needs of our communities.

In honor of Nurses' Week, check out our billboard across the state, May 6-12.



Our Nurses Think Possible.



Celebrating National Nurses' Week

Hospital Week

May 13-17, 2024



A week of gratitude

MONDAY
MAY 13

**Innovation of the
Year Award / CHAMP
Awards / Department
of the Year Award**
12 p.m.
Brooker Lecture Hall

TUESDAY
MAY 14

**Committee
Engagement Fair**
11a.m.-1:30 p.m.
2:30 p.m.-5:00 p.m.
Brooker Lecture Hall

WEDNESDAY
MAY 15

Appreciation Lunch
Wallingford campus
11:30 a.m.-1:30 p.m.

Appreciation Dinner
Wallingford campus
Second Shift
4:30pm-6:00pm

Appreciation Dinner
Night Shift
(1:00 a.m., Thursday,
May 16)

THURSDAY
MAY 16

Safety Fair
7 a.m. - 5 p.m.
Brooker Lecture Hall

**Peer Support
Breakfast**
8:30 a.m.
Cafeteria

FRIDAY
MAY 17

Free Dress Down Day

Escape Room
Jackson Ground
Starting at 8 a.m.
Sign-ups required

Scholarship Presentation
Brooker patio
3:00 pm

**DEBI Committee Cultural
Foods**
Cafeteria
11:30 a.m.-1:30 p.m.



Quick Reference Pocket Guide Not Just For Pockets Anymore

The Quick Reference Guide for 2024 contains:

- **Emergency Codes**
- **Support Services Help Desk Options**
- **National Patient Safety Goals**
- **Performance Improvement Plans**
- **Patient Safety/Reportable Events**
- **Quality/Safety Monitors**
- **Electrical Safety**
- **Medical Device Failure**
- **Medical Waste Reminders**
- **Hazardous Chemical Spills**
- **Eye Wash Station Info**
- **Infection Prevention Tips**

Since there is so much helpful information, the guide will be available in print and via QR code to view on your phone. Scan the code TODAY! Courtesy of the Quality and Safety team.

QUICK REFERENCE POCKET GUIDE 2024

Regulatory and Safety Tips



Scan here for digital version

VOLUNTEERS NEEDED



We are excited by spring's arrival and even more excited that the Gaylord Gauntlet is coming up on Saturday, June 15, 2024! The event will be held on Saturday, June 15, from 7:00AM – 3:00PM. *Please note that this is a different weekend than in past years.*

Why volunteer for the Gaylord Gauntlet? That's EASY – first you are helping to support adaptive athletes like Natalie, Jay and Jillian get involved in adaptive sports like obstacle racing... and second, it's a BLAST! You get to cheer on all the runners challenging themselves to complete this 5K obstacle run! AND you will get a free beer for all your hard work (those under 21 get a Gatorade). We will provide a bag lunch, plus you will get a volunteer T-shirt.

Here is some information about the event and the volunteer roles:

- The event will be held from 7:00AM – 3:00PM. The first running wave will kick off at 8:00am and the last wave will start at 2:00pm.
- Volunteer time slots are: (1) All Day, 7:00 AM-3:00 PM, (2) Half Day 7:00 AM-11:00AM and (3) Half Day 10:00 AM – 3:00 PM.
- If you are also running the race, we can usually work within your availability if you would also like to volunteer.
- Volunteer roles include: Obstacle volunteer (the most volunteers are needed in this role), registration area, festival area, race start/finish line and the medical tent (for qualified volunteers).
- There is a place on the registration page to let us know if you have any limitations or other requests.
- We typically need about 120 volunteers to make this event possible, so thank you for your support! If you know anyone else who may be interested, please feel free to pass along the information.

If you would like to volunteer for this year's event, volunteer registration is open and can be accessed on the event webpage at: www.gaylordgauntlet.org.

Gaylord Gauntlet Volunteer Committee Co-Chairs

Craig Stearns – cstearns@gaylord.org

Katie Joly – kjoly@gaylord.org

Joe McAndrew – JMcAndrew@gaylord.org






innovation

OF THE Year Award May 13 • 12pm
Brooker Lecture Hall

Help us choose the winner!

Read through the four finalist innovations and pick one who deserves to win. To vote, scan the QR code. One vote per person. **Be Innovative. Think Possible.**




Nursing Competency Validation

Opportunity

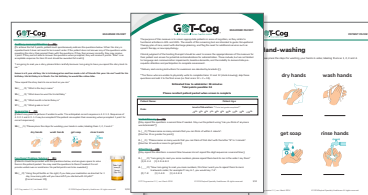
Traditionally, the Nursing department held a two-day annual event called "Validation Day" where competencies were validated. Many hours of planning and preparation went into Validation Day each year. Nursing staff and other disciplines were pulled away from their patients to help teach. Make-ups were organized each year for staff who were unable to attend the event. Feedback from participants was that the topics were repetitive, too time consuming and validators were often teaching rather than verifying competency. The cost of just the nursing staff who attended validation day in 2022 was over \$20,000. This did not include the nurse educators, administrative support, other disciplines who taught, catering, supplies, etc.

Innovation

In 2023, the Nursing Education team implemented a revised competency process where skills were validated over a seven week period. Staff were given the choice to have their skills validated in real time on the nursing unit or in a simulated environment with Nursing Education.

Today

Feedback was overwhelming positive that the new competency process was more efficient. Nursing will continue this revised competency process in 2024. A future innovation would be to make this competency process paperless with electronic record.




GOT-Cog

Opportunity

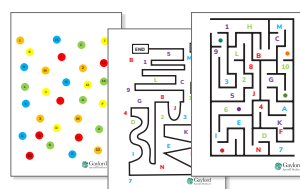
Occupational therapists (OTs) evaluate functional cognition using occupation-based measures and completing performance-based tests. This is conducted by evaluating patients' cognitive strengths and limitations in the context of activities of daily living (ADLs) and instrumental activities of daily living (IADLs). Assessing functional cognition in the context of ADLs and IADLs is necessary to identify cognitive impairments that may challenge a patient's ability to accomplish real-world tasks. Many tools can assess cognition (i.e. MoCA, SLUMS, SBT, etc), however, these tools often have one or more barriers that limit their use. In particular, these tools often: require costly training to access and deliver; are designed to assess community-dwelling populations, not inpatients; are developed as a disease-specific diagnostic tool; and lack key domains of cognitions relevant to patients' rehabilitation.

Innovation

In 2021, Emily Meise, MS OTR/L saw this need and approached the research department for their help in creating a new OT-derived cognitive screen. Together, Emily and the research department worked with an internal expert panel to refine Emily's initial draft, resulting in the creation of the Gaylord Occupational Therapy Cognitive (GOT-Cog®) Screen. This tool has 24 items that represent 9 domains of cognition typically impacted by brain injury, stroke, and hospitalization, including: Verbal Fluency, Attention, Orientation, Delayed Recall, Visuospatial, Divided Attention, Auditory Memory, Sequencing, and Functional Problem Solving.

Today

After 2.5 years, the GOT-Cog has been developed and is the current assessment of record for Gaylord's inpatient OT department. A multiphase study was conducted to evaluate the validity (accuracy), reliability (precision), and responsiveness (change over time) of GOT-Cog. From this study, 1 manuscript was published in the American Journal of Occupational Therapy, with a second currently being considered for peer review, and at least 2 more on the way. Following the initial manuscript, Emily and the research department have been contacted by other OT practitioners and investigators across the US and internationally for more information on the measure.




Vestibular and Vision Rehab Exercises

Opportunity

In North Haven, Jadean Hoff, outpatient neuro physical therapist, realized a need with our vestibular and concussion patients for a more diverse set of vision, vestibular, and cognitive exercises. With large poster boards, I started hand drawing mazes; complex line patterns; and shapes, dots, and number charts. I had 4-5 types for use in the clinic with extras made to give to patients for their HEP. Each one would take about 10-15 minutes to make. At a certain point, it was neither time efficient nor cost effective to continue making these.

Innovation

Upon suggestion from Joy Savulak, who saw my designs, I submitted an idea to the committee to create something more permanent. With the assistance of Laura Phipps, Kaila Morin, and Jacob Hunter, we made the posters come to life. Now there are 9 unique posters, consisting of 3 categories and 3 levels of difficulty. They are called mazes, lines, and dots; levels I-III.

Today

North Haven has 3 sets of each pattern (total 27) of laminated posters, which are used for vision, vestibular, and cognitive exercises. The vestibular and concussion, physical therapists, as well as the occupational therapists, utilize them. There are no set instructions, so the therapist can create a very individualized and unique treatment for each patient. The next stage of this project, since the first stage has been successful, is to print paper copies of the posters, to be given to patients for their HEP. This project has saved significant time for myself (Jadean Hoff) and the aides in drawing the original poster boards, leading to greater productivity for patient care and other duties.




Paper Reduction

Opportunity

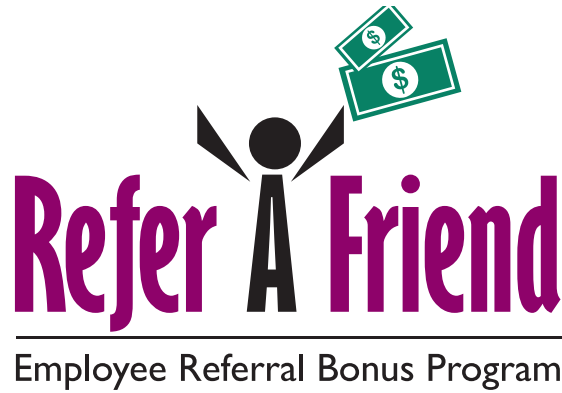
For the past year I've had the pleasure of working on every floor in multiple roles at Gaylord. In that time I have consistently heard a specific gripe from countless staff. "Erik, why do they even print these, [dietary reports], we don't need them." Time after time I have seen these reports go directly into a shred bin. Everyday, on every floor, for every patient these reports that are accessible in an electronic format were being printed, and wasted.

Innovation

Initially, during my Meditech expense CSA onboarding, I brought up the waste of these reports. I asked if it were possible to stop sending them, if the information was available in the new expense system. I didn't hear a follow-up, but there was definitely interest in limiting this waste. A few months later I found myself having the same conversations with Dr. Sicklick, discussing the waste, the cost and the ability to present this information in a useful format.

Today

We now have an opportunity to address not only a cost concern, but also make an environmental impact. The dietary reports are a great start, and will hopefully lead to further innovation to bring our information sharing into a digital age. Just by addressing dietary reports 65,700 pieces of paper a year, thousands of dollars in paper, and many trees are saved. My ultimate goal is for this to be the beacon for additional improvements that can further address our environmental footprint and wasted costs.



Helping fill jobs is **ALL** our job.
Get paid to help.

*REFERRAL BONUS	POSITION
\$2,000	RN
\$2,000	Respiratory Therapist
\$2,000	PT
\$1,500	LPN
\$1,000	PCT
\$1,000	Residential Rehab Tech
\$1,000	Intake Rep
\$500	EVS or F&N

Taurig
House

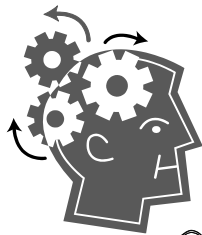
***For program details and payout schedules, contact HR.**



May Safety Habit:
**Practice & Accept a
Questioning Attitude**

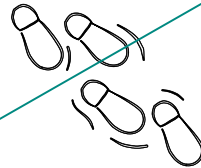


Validate & Verify



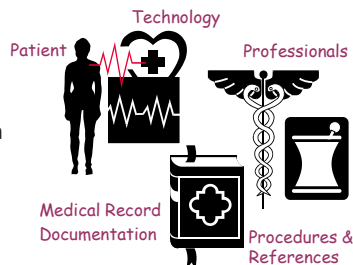
Validate:

Qualify the source and ask yourself, does it make sense to me?



Verify:

Check it out with an independent, expert source



**Practice & Accept a
Questioning Attitude**

What should we do?

Think critically by questioning information we **HEAR** and **SEE** if it doesn't fit with what we know.

Why should we do this?

- To detect incorrect information and assumptions that can lead to erroneous decisions or actions
- To help ensure work activities are stopped when faced with uncertainty or unsafe conditions

Error Prevention Tool

- Validate and Verify

VALIDATE

- Your internal smoke detector
- It takes just a few seconds to run this check in your head, so make it a habit

Ask yourself:

- Does this make sense to me?
- Is it what I expected?
- Does it fit in with what I already know?

VERIFY

- An 'external' check with someone or something else
- You must find an expert source to ensure the information is correct
- 3 times when you **MUST VERIFY**:
 - You cannot validate
 - All high risk situations
 - When the plan of action changes

**It's not about asking
questions—it's about
questioning the answers!**



**Questions about
CHAMP?**

Ask a Safety Coach. Talk to a staff members wearing the Safety Coach button.

Source: HPI, Healthcare Performance Improvement, LLC.