

# Food and Nutrition Department Awarded Gaylord Cup

At the May 27 Management Meeting, Vice President for External Affairs Tara Knapp proudly announced that the Food & Nutrition Department has been awarded the Gaylord Cup in recognition of their exceptional customer service, outstanding food quality, and extraordinary support of special events throughout the year.

In presenting the award, Knapp noted the consistent stream of praise from staff, administration, patients, and families, all highlighting the team's professionalism, creativity, and dedication. During Nurses' Week, the night shift team expressed special appreciation for an elegant pasta bar prepared just for them - an experience made even more memorable by Executive Chef John Broccoli, who personally came in to cook and ensure the evening felt truly special.

*continued on next page...*



*Pictured above (left to right): Kelley Breyer, Patricia Bailey, Meghan Zampedri, Ignacio "Nacho" Ramos, John Broccoli, Paris Perry, Roberto Torres, Tim Guodace, Claudia Torres, Rebecca Kilfeather, Dianne Acquarulo, Donna "Della" Bernard. Please note: not everyone pictured.*



## Vote for Us! The Shore Publishing's 2026 Best on the Shoreline Community Choice Awards

Gaylord has been nominated for "Best Physical Therapy Practice"

Voting ends **Sunday, June 7, 2026**

[Click here to cast your vote today](#)

Our mission is to enhance health, maximize function and transform lives.

# FYI

I nnovation  
T eamwork

I nclusion  
S afety

I ntegrity  
C ompassion  
A ccountability  
R espect  
E xcellence

### FYI DEADLINE

Submissions for the next issue due:

**Fri, June 5, 2026**

Submit requests in JIRA

## Gaylord Cup (continued)

The department has also demonstrated remarkable excellence in event execution, successfully delivering a series of high-end functions in rapid succession, including weddings, Hospital Week celebrations, and the Recognize a Star event. Guests consistently praised the quality, presentation, and creativity of the cuisine.

Beyond special events, the team’s impact is felt every day. During patient rounding, Dr. Ivy shared that one patient described their meal as the “best pork chop ever”—a testament to the department’s commitment to elevating the patient experience through thoughtful, high-quality dining.

Chef John Broccoli has also received recent recognition from both patients and staff, including Lisa Kalafus, for his dedication, culinary talent, and willingness to go above and beyond.

Congratulations to the entire Food & Nutrition team for the care, hospitality, and excellence you bring to Gaylord each day. Thank you for making patients, families, and colleagues feel welcomed, cared for, and valued.

**Check your email inbox!**



**Your participation is the**  
**KEY**



Get your free Gaylord Key Chain

**TO OUR SUCCESS!**

**Take the Great Place To Work Survey**

Look for an email from Great Place to Work

# Congratulations!

We couldn't be prouder of our own Chief Nursing Officer, **Lisa Kalafus**, who earned her Doctor of Nursing Practice from Yale University.

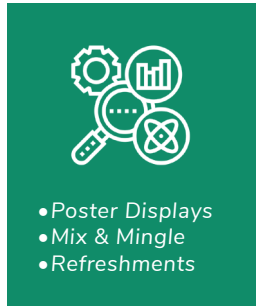
Lisa’s dedication to advancing nursing leadership, her commitment to education, and her pursuit of excellence in patient care reflect the very best of Gaylord. Her passion and compassion inspire colleagues across every department while making a meaningful difference in the lives of the patients and families we are privileged to serve.

Please join us in congratulating Lisa on her remarkable achievement!




Way to go, Lisa!





# INTERNATIONAL CLINICAL TRIALS DAY

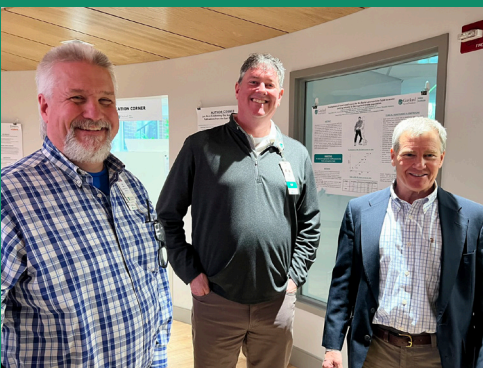
Thank you to everyone who joined us on May 15 for the Milne Institute's 6th Annual International Clinical Trials Day Celebration. This year's event showcased Gaylord clinicians' research through five published manuscripts, four oral presentations, and 14 ongoing or recently completed studies and case reports. It was a great opportunity to celebrate the innovation, collaboration, and dedication across our organization.

As part of the celebration, several individuals were recognized for their outstanding contributions:

- **Heidi Fagan, MS, OTR/L, CLT, CBIS, CSRS**, received the Oral Presentation Raffle Award and a \$100 gift card for her presentation at ACRM 2025 in Chicago, IL, titled "Management of the Neuro-Behavioral Patient: An Interdisciplinary Approach."
- **Kate Rudolf, PT, DPT, CBIS, NCS**, received the Published Author Raffle Award and a \$250 gift card for her contributions to the manuscript, "Comparison of Body Weight Support-Assisted Balance and Gait Training With or Without Balance Perturbations in Poststroke Rehabilitation: Multisite Randomized Controlled Trial" that was published this past year in "JMIR Rehabilitation and Assistive Technology."
- **Laurie Jano, MSOL, RRT**, received the People's Choice Award for Poster of the Year for her presentation, "Validation of a Novel COPD-Specific Patient-Reported Outcome Measure for Pulmonary Rehabilitation." Laurie was also presented with a signed certificate of recognition from Milne Institute Executive Director Pete Grevelding.
- **Katherine McDonald, MA, CCC-SLP**, was honored with the Milne Institute for Healthcare Innovation Recognition of Research Growth Award. Over the past year, Katherine has led multiple research initiatives and played a key role in reimagining the research consent process for individuals with aphasia, helping expand research access to a previously underrepresented population. She was also recognized for her leadership and commitment to supporting colleagues across Gaylord. Katherine received a signed certificate of recognition from Milne Institute Executive Director Pete Grevelding in honor of these achievements.

Thank you again to all who participated and helped make this year's celebration such a success. We look forward to seeing you again next year!

*Pete Grevelding, Dr. David Rosenblum, Dr. Hank Hrdlicka, Roz Gilhuly, John Corbett, Dr. Socheata Morley, Emily Meise, and Raquel Conklin*  
The Milne Institute for Healthcare Innovation Strategy Group



# Speech Therapists Go for Gold: Celebrating Speech Therapy Month with an Olympic-Themed Event

Gaylord’s inpatient speech therapists invite all staff to join in celebrating Speech Therapy Month. Every day, our speech-language pathologists work to support patients’ communication, thinking skills, swallowing, and overall quality of life. Better Hearing and Speech Month is a chance to share how speech therapy services make a real difference for patients at every stage of care.

This year, the therapy team is hosting a fun and educational “Speech Olympics” for staff. The Olympic-themed event will bring departments together for some friendly competition and help everyone learn more about speech therapy. Staff can join in interactive activities, test their knowledge, and take part in team challenges focused on communication, cognition, swallowing, and voice.

Gaylord’s inpatient speech-language pathologists help people with many types of communication and swallowing problems, including those caused by stroke, neurological conditions, brain injuries, head and neck injuries, and illness. Their work helps patients become safer, more independent, more confident, and enjoy a better quality of life. With specialized evaluation and treatment, our speech therapists help patients regain important skills for daily life and meaningful activities.

Join the Inpatient Speech Department on **Tuesday, June 16 at 12:15 PM in Luscomb Gym** for some fun, learning, and friendly competition. Let the games begin!

.....



Our Therapeutic Recreation Department is excited to offer a **new weekly yoga class** for appropriate patients.

**Every Sunday  
11:00 AM–12:00 PM  
Luscomb Gym**

To help identify participants, signs will be posted on patients’ doors each Friday afternoon, similar to the Weekend Walker signs.

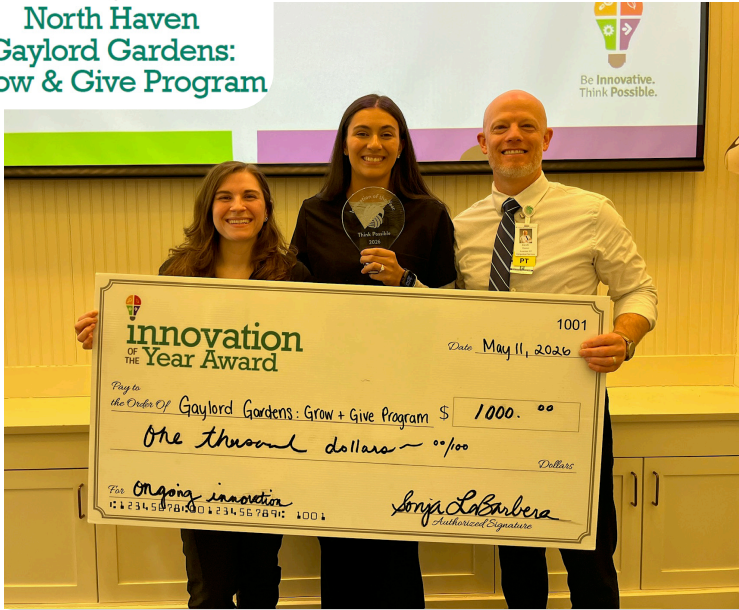
TR would like to thank the nursing staff for their continued support with this program and for assisting with transporting patients to and from class. This interdepartmental collaboration helps make these enriching weekend activities possible and provides patients with meaningful opportunities for relaxation, movement, and engagement while reducing weekend boredom on the unit.



# innovation OF THE Year Award



## North Haven Gaylord Gardens: Grow & Give Program



Be Innovative. Think Possible. The North Haven Gaylord Gardens: Grow & Give Program earned the fifth annual Innovation of the Year Award on Monday, May 18, kicking off Hospital Week festivities, besting over 70 other nominations.

Two outstanding therapists spearheading the project, Kaila Liegl and Erika Lopez, pictured left alongside Jacob Hunter, accepted the award on behalf of the program. Jacob, AVP of Outpatient Clinical Services, praised their dedication, resourcefulness, and wholistic patient care.

The program blends rehabilitation, wellness, and community service through therapeutic

gardening, creating a hands-on outdoor environment where participants can build balance, coordination, and fine motor skills while engaging in meaningful work. Designed with features like pebbles, stepping stones, and varied textures, the gardens offer restorative physical challenges in an engaging setting.

What makes the initiative especially impactful is its focus on giving back. Participants will grow and deliver fresh flowers to Gaylord Hospital inpatients, helping cultivate not only rehabilitation skills, but also purpose, generosity, and connection across the Gaylord community.

With budgets finalized and coordination completed, the program is preparing to launch in the coming weeks. Congratulations to the team behind this thoughtful and innovative idea that truly reflects Gaylord's spirit of "Think Possible."



**Be Innovative.  
Think Possible.**



## Share your innovative ideas with us.

Scan the QR code or  
email [innovation@gaylord.org](mailto:innovation@gaylord.org)

# Happy HOSPITAL WEEK



# Recognize A Star



The May 13 Recognize a Star reception welcomed more than 80 former patients and their families back to Gaylord, giving them the chance to thank the clinicians and staff who shaped their recovery. The evening was filled with smiles, meaningful

conversations, and heartfelt stories as patients reconnected with the people who supported them throughout their journey. To learn more about the Recognize a Star program, contact Priti Kapoor at [pkapoor@gaylord.org](mailto:pkapoor@gaylord.org) or call 203-697-3567.

## 6th Annual CHAMP Awards



### And the CHAMP Award goes to...

- Best Actor: **Chris Porter**
- Best Actress: **Nicole Morrill**
- Best Supporting Actor: **Ronell Donovan**
- Best Supporting Actress: **Susan Stango**
- Best Safety Comedy: **Phishy Business**
- Best Safety Drama: **Organizational Safety Huddle**
- Best Narrator: **Hank Hrdlicka**
- Best Director, Writer, Producer, Editor and Screenwriter: **Matt Kraines, GreenSprings Creative**

2026  
CHAMP  
AWARDS

# Kevin Brings His Passion for Baking Back to Life

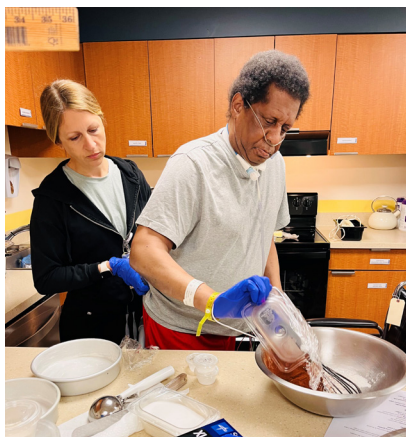
Our patient Kevin, a former head chef with a love for baking, recently achieved a meaningful personal goal during his occupational therapy sessions. Kevin made a from scratch German Chocolate Cake, his favorite dessert.

Working closely with his Occupational Therapist, Meghan O'Brien and his "sous chef," Cat Dubail, Kevin focused on rebuilding skills, confidence, and independence through a task that connected deeply to his personal interests and professional background. From mixing ingredients to preparing and decorating the cake, each step became an opportunity to engage in therapeutic activity while doing something he truly enjoys.

The experience was about more than baking a cake. It was a chance for Kevin to reconnect with a part of his identity, practice important daily living skills, and share a sense of accomplishment with others.

Kevin was proud to present his finished German Chocolate Cake to both his Milne 1 nursing staff, who he has grown close to and his amazing family. His hard work, determination, and enthusiasm were evident throughout the process, and the support from Meghan and Cat helped turn a personal goal into a meaningful success.

Congratulations to Kevin on this wonderful achievement!



## Speaking of delicious things...



In addition to ordering lunch online through Gaylord To-Go, you can find the cafeteria's **weekly breakfast lunch and dinner menus** anytime on Sharepoint?

Just go to **Food & Nutrition** (under **Departments** at the top of the Sharepoint home page) and they're linked on the right hand side.

[Cafeteria Menu](#)

### Breakfast

[Breakfast Menu](#)

### Lunch & Dinner

[Lunch & Dinner Menu](#)

[Order\\_Online](#)



[MyDiet Manual](#)





Congratulations to the following staff who were recognized by their peers in the month of May. Each month a name is pulled to win a prize.

Did your co-worker go above and beyond?



Scan the QR code to recognize them!

Yaz Ortiz	Unit Nurse Leader	
Stefanie Gaidos	Team Leader Speech Therapy	
Rosy Ramos	EVS Aide	
Kevin Winters	EVS Aide	
Daniel Hernandez	EVS Aide	
Tavon Hopkins	EVS Aide	
Gladys Padilla	EVS Aide	
Jaime Maddalena	Registered Nurse	
Vatsana Bratton	Licensed Practical Nurse	
Derek Davison	IT Support Technician	
Chris SLOSS	Intake Representative OP	
Laura Halovatch	Speech Pathologist OP NEURO	
<b>Katherine Harlow</b>	<b>Occupational Therapist OP</b>	<b>RAFFLE WINNER</b>
Hannah Cox	Speech Pathologist OP	
Lauren Pocius	Occupational Therapist OP	
Priti Kapoor	Senior Annual Giving Officer	
Meghan Zampedri	Clinical Nutrition Manager	
Joy Savulak	Publicist	
Kathryn Brophy	Marketing Associate	
Tavon Hopkins	EVS Aide	
Alfea Beausejour	Respiratory Care Specialist	
Camryn Harrigan	Speech Pathologist OP	
Kevin Johnson	Senior Marketing Specialist & Legislative Liaison	



## SAFETY STARTS WITH ME

### NEAR MISS OF THE MONTH

The Safety Coaches have selected to celebrate **Danielle Orsini, CTRS** and her use of our CHAMP tools to catch and report a Near Miss in March.

During a Therapeutic Recreation session, Danielle was working with a patient to play basketball when the patient quickly lost their balance. Danielle was able to use the gait belt to prevent a fall and called out to a coworker to help the patient stand up and return to their wheelchair safely.

Danielle's use of the gait belt demonstrates her

**Attention to Detail** and **200% Accountability** in adhering to the hospital policies. She also **Communicated Clearly** to her coworker that she and the patient needed assistance.

Thanks to Danielle's quick thinking and use of CHAMP tools, a fall was prevented and the patient and staff stayed safe!

We'd like to acknowledge **Heather Erichetti, M2 UNL** who submitted Near Misses in March

May Safety Habit:  
**Hand-off  
Effectively**



**Hand-off Effectively**

*We provide effective hand-offs of patients, tasks and materials to ensure understanding and ownership*

**Effective Hand-offs:**

- Must occur **prior to a change in a care provider** or **project owner**
- May be for an **entire shift** or **part of a shift**
- Involve **interactive, direct communications** between care providers or project owners
- Should **minimize distractions**
- Should follow a **standardized process** specified by the department/service
- Should use a **checklist**

**SBAR to Transfer Information**

*An outline for planning and communicating information about a patient condition or any other issue or problem*

First, introduce yourself and who is involved – the patient, employee or family member. Then provide the following, ensuring you say the highlighted words:

**SITUATION**

The bottom line (diagnosis, current condition, problem)

**ASSESSMENT**

What is happening now? (current findings, needs, concerns)

**BACKGROUND**

What do you know? (medical history, past tests or treatments)

**RECOMMENDATION**

What is next? (recommendation or request for plan of care)

*Always check to see if either party has any questions.*

**SBAR Example: Equipment Issues**

- S** ▶ Issues with malfunctioning equipment are being submitted as an occurrence report in RL.
- B** ▶ There have been multiple occurrences reported in RL about bed alarm issues and malfunctioning wound vacs.
- A** ▶ It's important to submit occurrence reports about equipment events in RL so they can be properly addressed and tracked, however please be sure to also submit a work order so the equipment can be fixed or replaced.
- R** ▶ When you submit an occurrence report in RL, also submit a work order to the appropriate service area.



**Questions about CHAMP?**

*Ask a Safety Coach. Talk to a staff member wearing the Safety Coach button.*

# A Wicked Good Time in Boston: Reeve Summit 2026

## CHRONIC COGNITIVE & NEUROPSYCHIATRIC EFFECTS OF TBI: CURRENT TREATMENT APPROACHES

A Grand Rounds Presentation, brought to you by Gaylord's Center for Education

PRESENTED BY:  
ARMAN FESHARAKI-ZADEH, MD, PHD, BMATH  
Assistant Professor of Psychiatry and of Neurology  
Yale School of Medicine



WEDNESDAY, JUNE 3, 2026  
12:00 - 1:00 PM  
BROOKER LECTURE HALL

1 AMA PRA Category 1 Credit(s)™

Seating is Limited, Sign up in Gaylord University, using the Training Calendar

Accreditation: Gaylord Hospital is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

Blake Gagliardi, LCSW, along with teammates Jaclyn Lavigne, MS, OTR/L, and Sasha Brown, RN, BSN, recently attended the Christopher & Dana Reeve Foundation Spinal Cord Injury (SCI) Summit in Boston—an inspiring event focused on innovation, advocacy, and connection within the SCI community.

The summit brought together clinicians, researchers, advocates, and individuals with lived experience to share ideas and advancements in rehabilitation and support, work that closely aligns with Gaylord's commitment to spinal cord injury care.

While there, the team also met several influential disability advocates, including Tony Award-winning actress Ali Stroker, who emceed the event, and actress Marissa Bode. Both are helping expand visibility and representation for people with disabilities.

Attending events like the SCI Summit helps Gaylord staff stay connected to the broader rehabilitation community while bringing fresh ideas and perspectives back to patient care.



## May/June Featured Courses:

Every two months, one lucky scholar will win a raffle prize by completing any one of the bi-monthly featured courses above in Gaylord University!

- [Leading an Innovation Culture to Future-proof Your Organization](#) (0.5 credit hrs.)
- [Leveraging AI as a Team Member](#) (0.5 credit hrs.)
- [Customer Service: Adapting to Your Customers' Cues](#) (0.75 credit hrs.)
- [Transfers: Using a Gait Belt](#) (0.1 credit hrs.)





Refer them to Gaylord and you could receive a

# \$1,000 referral bonus


Contact HR for details

**Featured Patient Care Open Position**

**Technician (PCT)**







CNA Academy

**Summer Session Enrolling Now**

- ✓ Scholarships Available
- ✓ Potential for full tuition reimbursement

More info on page 16

# Regenerative Medicine & Rehab Technology Showcase

On May 21, Gaylord hosted a Regenerative Medicine and Rehabilitation Technology Showcase featuring a presentation by Dr. Patrick Siegele on the latest regenerative treatments for musculoskeletal conditions.

The event also included interactive, hands-on demonstrations led by Gaylord clinicians, showcasing advanced rehabilitation technologies such as ZeroG, Ekso, Meta Quest VR, ARC-Ex, Excite, and Phagenyx.

Clinicians and students from hospitals and academic institutions across the state attended and shared glowing feedback, highlighting Gaylord's innovative, patient-centered approach and leadership in integrating advanced technology into rehabilitation care.



## Need to communicate to all staff in a snap?

If you would like a SnapComms screen saver created, please submit a request through JIRA on Sharepoint with detailed information.



## Small Green Habits for a More Sustainable Summer

Sustainability isn't something we focus on just one day a year. As we head into summer, it's a great reminder that small, everyday choices can have a lasting impact on our environment, our communities, and our collective well-being.

### Here are some easy ways to keep up green habits all summer:

- **Cut back on single-use waste:** Bring reusable water bottles, bags, utensils, and coffee cups to picnics, outings, work - whenever possible.
- **Use water wisely:** Water plants early or late in the day and turn off the tap when it's not needed.
- **Save energy at home:** Close blinds during peak heat, use fans when you can, and unplug electronics when they're not in use.
- **Choose greener transportation:** Walk, bike, carpool, or combine errands to reduce fuel use and emissions.
- **Eat seasonally:** Support local farms and enjoy fresh, seasonal foods-while incorporating more plant-forward meals when possible.
- **Shop thoughtfully:** Buy only what you need and look for durable, reusable, or eco-friendly products.
- **Respect the outdoors:** Stay on marked trails, clean up after yourself, and help protect local wildlife and natural spaces.

Small steps really do add up. By making a few sustainable choices part of your daily routine, we can all help create a healthier future - one habit at a time.



2-200.10 SUBJECT: HIPAA Disposal of Confidential Documents and Protected Health Information

## Did you know...

**Shred bins are not for recycling paper but only for destroying any documents that are confidential in nature or containing PHI (protected health information).**

**DO NOT** throw garbage, magazines, or papers that do not have confidential information on them in the shred bin.

# A Peek at the Spring Paint Party With *Shine Your Light CT*



**SKECHERS**  
**DIRECT**  
MORE THAN JUST WORK SHOES

FRIENDS & FAMILY DAYS

**30% OFF**

**SKECHERS FOOTWEAR, APPAREL & ACCESSORIES**  
**06/04/2026 - 06/10/2026**

**EXCLUSIVELY FOR EMPLOYEES,  
THEIR FRIENDS AND FAMILIES**

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**PROMO CODE: SDFAF226** at checkout.




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SKECHERS Retail stores nationwide.



Offer valid 06/04/2026 - 06/10/2026 on select regular priced items at [skechers.com](https://skechers.com) and Skechers Store Locations. Not valid at other stores and websites carrying Skechers products. Offers exclude prior purchases, test styles, select accessories, sale or clearance items, gift cards, applicable taxes, and shipping charges. Not redeemable for cash. Cannot be combined with other offers or promotions. Valid in the U.S. only. Limit one (1) code per customer. Limited to 10 pairs per customer. Excludes select styles.



- **June 20** - Wallingford's America 250  
Parade: Gaylord has a float in the parade!
- **Aug 2** - Southington-Cheshire YMCA  
Charity Golf Tournament

● Community Events   ■ Sponsorships

# Do you have **APHASIA?**

Know someone who does?

Or just want to learn about it?

**Come to our presentation!**

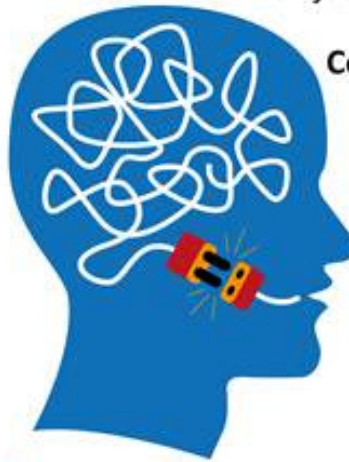
**Tuesday, June 16 at 4pm**

Lifelong Learning Room  
Scranton Library  
801 Boston Post Rd.  
Madison, CT 06443

*Hosted by:*

*Speech-Language Pathologist*  
**Shari Mayerson MS, CCC-SLP**  
*and*

*Two area women who have aphasia*  
**Laura Malis and Paula Gallagher**



Aphasia is a language disorder that can affect a person's ability to speak, read, write and understand language. It is most often caused by a stroke or other brain injury. It does not affect intelligence. Over two million people in the United States have aphasia.

## **Orangetheory® FITNESS**



2335 Dixwell Ave Suite F-1,  
Hamden, CT 06514



Gaylord is hosting a private event on:

**Saturday, June 6**

Arrive: **10:00 AM**, Start: **10:30 AM**

**1hr class**

(30min cardio, 30 min strength training)

**Free of charge**

**All Gaylord staff who would like to try  
Orangetheory Fitness  
in Hamden**

Employees who would like to attend please email  
[HR@gaylord.org](mailto:HR@gaylord.org)



## Does your child, 14 or over, need volunteer hours?

We are looking for volunteers to help prep Gauntlet runner supplies:



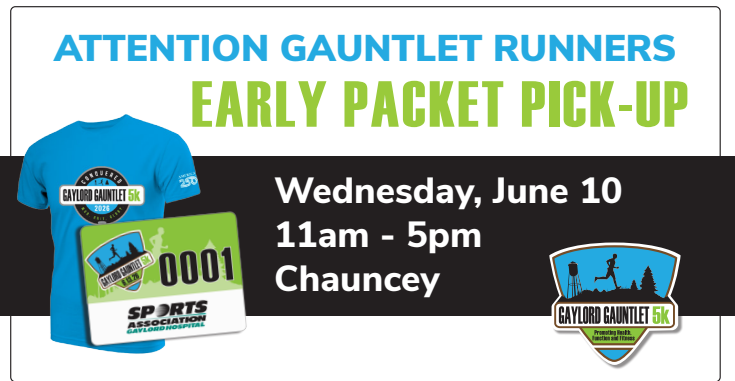
**Fold Shirts and Label Bags**  
 June 1 - June 8  
 Monday through Friday  
 Any hours between 8 a.m. - 4:30 p.m.

**Stuffing Runner Bags**  
 Tuesday, June 9  
 9 a.m. - 1 p.m. or until finished

Contact Georgette MacQuarrie: [gmacquarrie@gaylord.org](mailto:gmacquarrie@gaylord.org)



**VOLUNTEERS NEEDED**  
 Help Clean-up  
**Gaylord Farm Road**  
 Wednesday, June 3  
 3:30 pm - 5pm  
 To sign-up, email Cammy Nigro at [cnigro@gaylord.org](mailto:cnigro@gaylord.org)  
 Free refreshments, courtesy of the Community Relations Committee



**ATTENTION GAUNTLET RUNNERS**  
**EARLY PACKET PICK-UP**  
 Wednesday, June 10  
 11am - 5pm  
 Chauncey

## Did you know Gaylord holds a weekly 'Photo of the Week' Contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org) with your name, department, title and brief description of the photo.





**WELLNESS FAIR 2026**  
HEALTHY HABITS, HEALTHIER LIFE

**TUESDAY, JUNE 16**  
BROOKER LECTURE HALL  
**11 AM - 3 PM**

Gaylord Specialty Healthcare

Health Information • Healthy Snacks & Recipes • Financial Planning • Raffles  
• And more! For information visit the intranet homepage/PULSE



Friday,  
May 29

The featured organization is:

### Donate Life CT

Donate Life Connecticut promotes organ and tissue donation awareness, honoring donors and supporting lifesaving transplantation efforts statewide.

[Click here to learn more](#) or visit:  
[www.donatelifect.org/](http://www.donatelifect.org/)



*Put it on  
the Calendar!*

- Mondays: Weekly Zumba Series, 4:10pm, Inpatient Gym
- Tuesdays: "Take a Breath Tuesdays" - Ten Minute Meditative Moment, 12:10pm, Chapel on Jackson Ground
- Wednesdays: Weekly Yoga, 4:10pm, Brooker Lecture Hall
  
- F 5/29: Jeans for Charity/ Fun Scrubs for Charity
- W 6/3: Road Cleanup Volunteer Event  
Grand Rounds with Dr Fesharaki
- Sa 6/6: Speech Olympics  
Aphasia Presentation  
Free Class at OrangeTheory in Hamden
- Sa 6/13: Gaylord Gauntlet!
- Th 7/30: Blood Drive, Brooker Lecture Hall

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.



**Friday, May 29**  
Sticker: \$2



Innovation Idea

Fun Scrub Fridays supports with the same charities featured for each Jeans for Charity event going forward, and therefore will use the same stickers and buttons for participation.

# One Membership. Thousands of Ways to Stay Active and Save Money.

 **12,200+ Gyms**

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 **Enroll Your Spouse<sup>2</sup>**

**No annual fees or long-term contracts.  
Switch gyms anytime.**



**Plus: 5,800+ Premium Gym Options** at exercise studios, outdoor experiences, and others with **20% – 70% discounts** at most locations<sup>3</sup>



**Get Started:** <https://discoverhealthyrewards.sites.cigna.com>

<sup>1</sup> Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

<sup>2</sup> Monthly fees are subject to applicable taxes.

<sup>3</sup> Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

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# Jump start your career in healthcare TODAY!

Become a Certified Nursing Assistant and begin a rewarding career in healthcare. With our dedicated simulation lab and clinical learning on Gaylord's state-of-the-art rehabilitation units, you can complete all of your training under one roof. Let Gaylord be the catalyst for your healthcare career by becoming a CNA!



## Student Benefits

- Immediate employment after course completion for eligible candidates
- Potential reimbursement of program fees with employment commitment
- Shadowing and mentoring opportunities with RN, LPN, PT, OT, and RT staff



## Student Requirements

- 18 years or older
- Fluent in English
- High school diploma or GED
- Resume
- Flu shot required
- Must pass a criminal background check, physical and drug screening



## Then Join Our Team & Enjoy Our Employee Benefits!

- Tuition reimbursement for college courses
- Dedicated to work-life balance with robust programs promoting health and wellness
- Opportunities to gain valuable clinical experience:
  - Progressive care, stroke, traumatic brain injury, telemetry, medical pulmonary and more



**Apply for an upcoming session TODAY!**

Scan our QR Code to apply online or email [CNAacademy@gaylord.org](mailto:CNAacademy@gaylord.org).

Visit [gaylord.org/center-for-education/cna-academy](http://gaylord.org/center-for-education/cna-academy)

Contact  
(203) 284-2784  
for questions.

# Summer II 2026

## JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
<b>WEEK 1</b>	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	

## AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
<b>WEEK 2</b>	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	
9	10	11	12	13	14	15
<b>WEEK 3</b>	CLASS/LAB 8:00 a.m. - 3:00 p.m.	CPR COURSE 8:00 a.m.-1:00p.m.	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	
16	17	18	19	20	21	22
<b>WEEK 4</b>	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	CLINICAL 7:00 a.m. - 3:30 p.m.	
23/30	24/31	25	26	27	28	29
<b>WEEK 5</b>	CLASS/LAB 8:00 a.m. - 3:00 p.m.	MAKE UP DAY CLINICAL/SKILLS 8:00 a.m. - 3:00 p.m.	CLASS/LAB 8:00 a.m. - 3:00 p.m.		CLASS/LAB 8:00 a.m. - 3:00 p.m.	

Students who are eligible for hire will be required to attend New Employee Orientation September 7-11, 2026, followed by Skills Week from September 14-18.