

New Faces, New Leadership Roles

Andrew McIsaac Promoted to Director of Outpatient Therapy Operations



Gaylord is proud to announce that **Andrew McIsaac, PT, DPT**, clinical supervisor of the North Haven ortho clinic, has been promoted to Director of Outpatient Therapy Operations.

Over the last several years, Outpatient Therapy has experienced remarkable growth, nearly doubling in size in the last 6 years alone. This progress reflects the dedication of our teams, the amazing reputation they have created, and our shared commitment to providing exceptional care to the communities we serve. As our service locations have expanded, so has the need for leadership support to keep our operations running effectively to meet the needs of our staff and patients.

Continued on page 3

Gaylord Welcomes Tracy Langella to Nursing Leadership



Gaylord is pleased to welcome **Tracy Langella, MSN, RN**, to our Nursing Leadership Team as the Assistant Nurse Manager for the Rehab Division. She will be working alongside Tina

Ufferfilge to support the staff, patients, and daily operations of Lyman 2 and Hooker 2.

Tracy brings more than 20 years of nursing experience to our organization, with a background that includes both direct patient care and nursing leadership. She has worked at Yale as a direct care nurse and at Bristol Hospital where she served as a Nurse Manager and most recently held the role of Director of Residential Care.

Continued on page 3

I nnovation
T eamwork
I nclusion
S afety
I ntegrity
C ompassion
A ccountability
R espect
E xcellence

FYI DEADLINE

Submissions for the next issue due:
Thurs, Oct 22

Submit requests in JIRA

Let's celebrate Certification Nation Day with...

Cake!



Thursday, October 15

Cafeteria

11:30 am -1:15 pm

Second shift, third shift and off-sites will have cupcakes.

 Gaylord
Specialty Healthcare



Martin Johnson Heade, Sunlight and Shadow: The Newbury Marshes

PsychiatryCorner

Welcome to Psychiatry Corner!

We're excited to introduce a new feature in FYI designed to highlight the many ways psychiatry and mental health intersect with the care we provide.

Every other week, Psychiatry Corner will offer a brief, practical look at a topic relevant to our patients, our teams, and our work. Some issues may highlight psychiatry services and how to access them, while others will share clinical pearls, common psychiatric presentations, medication considerations, communication strategies, or practical approaches to supporting patients experiencing emotional or behavioral distress.

Our goal is to make mental health care feel like an integrated part of what we do—not something separate from the rest of patient care. We hope Psychiatry Corner will provide useful information, encourage conversation, and help all of us recognize opportunities to support the mental health and well-being of our patients and colleagues.

Have a question or a topic you'd like to see featured? Let us know!

OCTOBER Clinical Pearl: Screening for Depression



October is recognized as National Depression and Mental Health Screening Month, making it a good time to highlight an important point about depression screening:

A positive depression screen is a starting point—not a diagnosis. Screening tools such as the **PHQ-2** and **PHQ-9** can help identify patients who may be experiencing depression, but a positive screen should be followed by a brief clinical assessment.

When a patient screens positive, consider asking:

- “Can you tell me more about how you’ve been feeling?”
- “How much are these symptoms affecting your day-to-day life?”
- “Have you had any thoughts that life isn’t worth living, or thoughts of hurting yourself?”

Remember that depressive symptoms can occur in the context of medical illness, pain, sleep disruption, medications, substance use, grief, or other psychiatric conditions. The clinical context matters.

CLINICAL PEARL: Use the screening score to open the door to a conversation—not to close the diagnostic question. If additional assessment or support is needed, Psychiatry is available to help.

Starts TODAY!



GaylordGives

Building the Future **Together**

Gaylord Employee Giving Campaign

October 15-30, 2026

What does my gift benefit?



Gaylord Fund



Special Needs
Fund



Technology
Fund

Raffle Prizes:

(2) VIP parking spots for one year

Apple AirPods

Visa gift cards

Various restaurant gift cards
& more!

For more information visit: Gaylord.org/EG



CENTER for EDUCATION

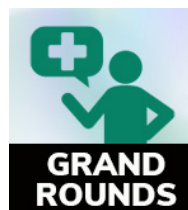
October Featured Courses:

- [Excel Essential Intermediate Level](#)
- [Diabetes: The Impact of Nutrition](#)
- [Breast Cancer: From Screening to Treatment](#)
- [Administrative Support: Interacting Effectively with Colleagues](#)

To take a featured course:

Gaylord University > Training > Catalog

Search for the course name



Save the Date! Upcoming Grand Rounds:

- » **October 29 • 12p-1p:** with **Dr. Jaclyn M. Piselli**, OTD, OTR/L, BT-C, FWEC from the Bridgeport Burn Unit
Topic: *The Power of Why*
- » **November 9 • 12p-1p:** with **Dr. Rebecca Blumenreich** from Yale Neurologist
Topic: *TBD*
- » **December 2 • 12p-1p:** with **Dr. Jayaraman** from Backus Hospital
Topic: *TBD*



GaylordGives
Building the Future **Together**

What does my gift benefit? **You choose!**



Gaylord Fund

The **Gaylord Fund** is an unrestricted fund that supports the hospital's greatest needs throughout the year. Last year, more than half of employee gifts to the Gaylord Fund helped provide tuition reimbursement for staff, staff wellness initiatives, special projects, and professional development. Contributions to the Gaylord Fund give Gaylord the flexibility to respond quickly to emerging needs, advance our mission, and ease pressure on the operating budget in lean times.

Special Needs Fund

The Goff Memorial **Special Needs Fund** provides financial assistance to Gaylord patients who are unable to afford items or services essential to their care and recovery. Support from this fund may cover non-insurance-covered medical equipment, select household expenses, Aquacize classes in Gaylord's therapeutic pool, clothing, inpatient haircuts, meals, and transportation – helping patients maintain dignity, comfort, and independence throughout their recovery journey.

Technology

Employee Giving for **Technology** helps keep Gaylord at the forefront of rehabilitation medicine by modernizing and updating equipment across the hospital. A key priority in the coming year is the Luscomb Gym Renovation, where advanced technology will transform the space into a state-of-the-art environment for patient therapy. From robotics and virtual reality to voice recognition and telemedicine, these innovations ensure our patients have access to the most effective tools for recovery and the best possible outcomes.



Questions? Email Georgette MacQuarrie at gmacquarrie@gaylord.org or ext. 2881

Scan this QR code to learn more or to make a gift.



GaylordGives
Building the Future **Together**

En qué beneficia mi regalo? **Tu eliges**



Fonda Gaylord

El Fondo Gaylord es nuestro fondo sin restricciones que apoya las necesidades más urgentes del hospital durante todo el año. El año pasado, más de la mitad de las donaciones de los empleados al Fondo Gaylord contribuyeron al reembolso de matrículas del personal, iniciativas de bienestar, proyectos especiales y desarrollo profesional. Las contribuciones al Fondo Gaylord le brindan a Gaylord la flexibilidad para responder rápidamente a las necesidades emergentes, impulsar nuestra misión y aliviar la presión sobre el presupuesto operativo en tiempos de escasez.

Fund Fondo de Necesidades Especiales

El Fondo de Necesidades Especiales de Goff Memorial brinda asistencia financiera a los pacientes de Gaylord que no pueden costear artículos o servicios esenciales para su atención y recuperación. El apoyo de este fondo puede cubrir equipo médico no cubierto por el seguro, ciertos gastos del hogar, clases de Aquasize en la piscina terapéutica de Gaylord, ropa, cortes de pelo para pacientes hospitalizados, comidas y transporte, lo que ayuda a los pacientes a mantener su dignidad, comodidad e independencia durante su recuperación.

Tecnología

Las donaciones de empleados para tecnología ayudan a mantener a Gaylord a la vanguardia de la medicina de rehabilitación mediante la modernización y actualización de equipos en todo el hospital. Una prioridad clave para el próximo año es la renovación del Gimnasio Luscomb, donde la tecnología avanzada transformará el espacio en un entorno de vanguardia para la terapia de pacientes. Desde la robótica y la realidad virtual hasta el reconocimiento de voz y la telemedicina, estas innovaciones garantizan que nuestros pacientes tengan acceso a las herramientas más efectivas para su recuperación y los mejores resultados posibles.





Gaylord Gives

Building the Future **Together**

WHY GIVE?

Employee giving is a powerful statement to our patients and the community that we believe in Gaylord's mission and are united in our commitment to provide world-class patient care. Every gift, regardless of amount, is important in helping our patients reclaim their lives!

EMPLOYEE INFORMATION (Please print)

Name_____Department_____

Address_____Work Phone_____

City_____State_____Zip_____Location/Floor_____

AMOUNT OF GIFT*

- ☐ \$40.00 per pay period (\$1,040) ☐ \$5.00 per pay period (\$130)
☐ \$19.02 per pay period (\$494.52) ☐ \$3.00 per pay period (\$78) ☐ Other \$_____
☐ \$10.00 per pay period (\$260) ☐ \$2.00 per pay period (\$52)

**Payroll deduction will continue until you initiate a new level or terminate your deduction with the Development Office.*

GIFT DESIGNATION

- ☐ Gaylord Fund ☐ Special Needs Fund ☐ Technology

METHOD OF PAYMENT

- ☐ Payroll deduction (Please check desired amount above)
☐ My check/cash is enclosed \$_____(Make checks payable to Gaylord Hospital)
☐ Please charge my gift of \$_____to my:
☐ Mastercard ☐ Discover ☐ Visa ☐ American Express

CC#_____Exp. Date____/____CVV Code_____

(Three digit code on back of card)

Signature_____



Scan this QR code to learn more or to make a gift.

Questions? Email Katelyn Muolo at kmuolo@gaylord.org or ext. 3454



Gaylord Gives
Building the Future **Together**

¿POR QUÉ DAR?

Las donaciones de los empleados son una poderosa declaración para nuestros pacientes y la comunidad de que creemos en la misión de Gaylord y estamos unidos en nuestro compromiso de brindar atención al paciente de clase mundial. ¡Cada donación, independientemente del monto, es importante para ayudar a nuestros pacientes a recuperar sus vidas!

INFORMACIÓN DEL EMPLEADO (Por favor imprima)

Nombre _____ Departamento _____

Dirección _____ Teléfono del trabajo _____

Ciudad _____ Estado _____ Código postal _____ Ubicación/Piso _____

CANTIDAD DE REGALO*

- | | | |
|---|---|--|
| ☐ \$40.00 por periodo de pago (\$1,040) | ☐ \$5.00 por periodo de pago (\$130) | |
| ☐ \$19.02 por periodo de pago (\$494.52) | ☐ \$3.00 por periodo de pago (\$78) | ☐ otro \$ _____ |
| ☐ \$10.00 por periodo de pago (\$260) | ☐ \$2.00 por periodo de pago (\$52) | |

**La deducción de nómina continuará hasta que inicie un nuevo nivel o finalice su deducción con la Oficina de Desarrollo.*

DESIGNACIÓN DE REGALO

- ☐ Fondo Gaylord ☐ Fondo de Necesidades Especiales ☐ Nueva tecnología



Escanee este código QR para obtener más información o para hacer un regalo.

FORMA DE PAGO

- ☐ Deducción de nómina (marque la cantidad deseada arriba)
- ☐ Mi cheque/ executive esta' adjunto \$ _____ (Haga los cheques a nombre de Gaylord Hospital)
- ☐ Por favor carga mi regalo de \$ _____ para mi:
- ☐ Mastercard ☐ Discover ☐ Visa ☐ American Express

CC# _____ Fecha de caducidad ____/____/____ Código

CVV _____

(Three digit code on back of card) (código de tres dígitos)

¿Preguntas? Envíe un correo electrónico Katelyn Muolo a kmuolo@gaylord.org o ext. 3454



Andrew article continued from pg 1

To support this growth a new leadership position was created, Director of Outpatient Therapy Operations. Andrew brings 13 years of clinical experience and has extensive leadership involvement supervising three separate outpatient clinics for Gaylord.

His strong analytical and process-oriented approach will help us identify what is working well, where additional support is needed, and how we can improve the day-to-day experience for staff and patients alike. Andrew will provide another layer of leadership support as we work to maintain high operating standards for our existing sites as we explore opportunities for growth in surrounding communities.

During the next several weeks, Andrew will transition into the direct reporting role for our Therapy Clinic Supervisors for Wallingford, Cheshire, Cromwell, North Haven, Fairfield, and Madison clinics.

Congratulations to Andrew on this well-deserved promotion.

Tracy article continued from pg 1

Tracy is excited about the opportunity to return to the hospital setting and bring her experience back to an environment where she can work closely with patients, staff, and the interdisciplinary team. As a local Wallingford resident, she is also looking forward to serving patients and colleagues in her own community.

As many of you know, the Rehab Division continues to grow. With the addition of 10 beds on Lyman 2, along with increased staffing needs and the complexities of patient care, Tina has taken on a significant span of responsibility. Adding an Assistant Nurse Manager will provide additional leadership support not only for Tina, but for our staff and our patients.

Welcome to the team, Tracy!



SAFETY FAIR

The annual Safety Fair took place on September 30 in the Brooker Lecture Hall. The event was a huge success, bringing together 125 attendees as departments from across the hospital hosted interactive tables highlighting key safety protocols for both patients and staff. A sincere thank you goes out to every department that hosted a table and to everyone who attended for making this year's event such a great success! The raffle winners are:

Crockpot: **Lea Grimaldi**– Integrative Medicine
Ninja Airfryer: **John Smith**– Security
JBL headphones: **Wendy Stocking** – Outpatient Therapy

Remember, Safety Starts with YOU!



Our Care Management Team Rocks!

During Care Management Week, we proudly celebrate every member of Gaylord's Care Management Department and the compassion, dedication, and teamwork they bring to our patients, families, and colleagues each day.

From guiding difficult conversations and navigating insurance benefits, denials, and appeals to overcoming discharge barriers, coordinating transportation and telehealth, and keeping daily operations



Not pictured: Jen Diaz, Ann Dwyer, Heather Hull, Jaime Kaska, and Karen Moore

organized, each team member contributes to helping patients receive the care they need and move safely to their next level of care.

Feedback gathered from Gaylord physicians and coworkers offers a glimpse of how much this department is appreciated. Their comments included:

- *"Thorough, compassionate, caring and dedicated to the well-being of the patients."*
- *"Delivering the message in a very kind and supportive way."*
- *"Go out of their way to help us and our patients."*
- *"All the Care Managers here are wonderful."*

Colleagues also praised the team's resourcefulness in finding solutions to complicated transportation needs, knowledge of benefits, timely follow-through, and willingness to troubleshoot together. Behind every successful transition is work that may happen quietly, but makes a meaningful difference.

These words reflect the strength of an entire department whose members support one another through some of the most challenging situations in patient care. Whether working directly with patients and families or providing essential coordination and support, every role matters, and every contribution is valued.

To our entire Care Management team: thank you for your persistence, kindness, and commitment to Gaylord. We see your hard work, appreciate your dedication, and celebrate all of you!



Employee Self-Assessments

Due October 23

This is the time of year when we reflect on our goals, accomplishments, and areas of growth and prepare for thoughtful conversations with our managers about our performance and career aspirations. By completing your self-assessment, you are taking the first step to maximizing this development opportunity.

- Check your UKG inbox for the action item: **Self-Assessment: 2026 Performance Review**
- Complete your self-assessment in UKG and submit it by **October 23**.
- Self-assessments are mandatory! Everyone needs to complete one.
- The self-assessment process for UKG closes at the end of the day, October 23.
- If you have any questions about the self-assessment process, please reference **All Things UKG/UKG Knowledgebase on Gaylord's Intranet** or in **UKG/Talent Management** or reach out to your **HRBP**.



2027 Benefit Open Enrollment To Begin On October 27



It's that time of year again! Open Enrollment for 2027 Gaylord benefits will occur from Tuesday, October 27 through Monday, November 9.

During this period, employees will be able to change their coverage, cancel coverage and add or remove dependents. This goes for medical, health savings accounts, dental, flexible spending accounts and any voluntary benefits.

OPEN ENROLLMENT PRESENTATION MEETING

Brooker Lecture Hall
Tuesday, October 20, 2026
12:10 p.m.

OPEN ENROLLMENT FAIR

Brooker Lecture Hall
Wednesday, October 21, 2026
12 p.m. - 3 p.m.

For more information, contact Human Resources at extension 2824.

Reminder

Make sure to complete your SELF-REVIEW portion of the 2026 Performance Assessment process by October 23.

Successful Brainwaves Lecture Series with Dr. Siegele

On October 1, Gaylord welcomed 30 community members for the latest installment of our Brainwaves Lecture Series, featuring Patrick Siegele, MD, MBA, Medical Director of Psychiatry Consults. Dr. Siegele shared his expertise on joint health and emerging treatment options designed to help individuals stay active and manage pain more effectively.

Held twice each year, Brainwaves allows the community to connect with Gaylord's talented clinicians and learn about a variety of health and wellness topics. We want to thank Dr. Siegele for an engaging and informative presentation and look forward to future sessions.

**Have a topic you'd like to learn more about?
Or are you a Gaylord clinician interested in presenting at a future Brainwaves event?**

Please reach out to Katelyn Muolo at kmuolo@gaylord.org or ext. 3454. We'd love to hear your ideas!





Congratulations to the following staff who were recognized by their peers in the month of September. Each month a name is pulled to win a prize.

Cindy Bartholomew	Development
Marc Garcia(2)	Information Technology
Chris Porter	Information Technology
Shari Mayerson	Oupatient Speech
Lori Vickers	Quality & Safety
Kyara Rocha	Patient Access
Donna Piercey	Inpatient Therapy
Patrick Kenton	Information Technology
Brian Murray	Information Technology
Kristina Clodfelter	Nursing Services

**RAFFLE
WINNER**

Did your
co-worker go
above and beyond?



Scan the
QR code to
recognize
them!

Spotted on the Streets of Waterbury!





Friday, October 16

The featured organization is:

CT Breast Health Initiative

Our mission is to make a difference locally in the fight against breast cancer through education and research.

[Click here to learn more](#)

Friday, November 6

The featured organization is:

First Tee

We enable kids to build the strength of character that empowers them through a lifetime of new challenges. By seamlessly integrating the game of golf with life skills curriculum, we create learning experiences that build inner strength, self-confidence, and resilience that kids carry to everything they do.

[Click here to learn more](#)

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.

Fun Scrub Fridays supports with the same charities featured for each Jeans for Charity event going forward, and therefore will use the same stickers and buttons for participation.



**American
Red Cross**

BLOOD DRIVE

Sponsored by:



FRIDAY NOVEMBER 13

11AM - 4PM BROOKER LECTURE HALL

To schedule an appointment call: (1-800-733-2767)
or visit: redcrossblood.org-enter Wallingford

Donors will receive a \$10 Amazon Gift Card by email.



Flu Vaccine Clinic Information

It's that time of year again! Our annual Employee Influenza Vaccine Clinics are coming soon. PLEASE take the time to review the information below and plan to receive your annual flu vaccine. The annual influenza vaccine is mandatory for all employees, including volunteers, students, and contract staff, in accordance with hospital policy and as a condition of employment.

Employee Influenza (Flu) Vaccine Clinics

This year's Employee Influenza Vaccine Clinics will be held **now through Thursday, November 12, 2026**, and will be facilitated by Griffin Healthcare. All health insurance plans will be accepted.

Vaccines provided:

- Egg-free
- Trivalent
- High-dose for individuals 65 years of age and older

Next Steps

1. Review the flu clinic schedule (see next page)

Please review the dates and times of the scheduled flu clinics and plan accordingly.

2. Schedule your appointment

Wallingford staff should have received an email from Gaylord University with a link to schedule their flu vaccine appointment. [Click here to schedule your flu shot appointment.](#)

Off-site staff DO NOT need to schedule an appointment. Griffin Healthcare will provide flu vaccination clinics at the designated off-site locations according to the attached schedule.

3. Insurance Card Requirements

Prior to your appointment:

Upload the front and back of your insurance card into UKG. If you have not uploaded your insurance card prior to your appointment: You must bring a photocopy of the front and back of your insurance card to your scheduled appointment.

Important: A digital insurance card displayed on your phone **cannot be accepted.**

4. If you receive your flu vaccine elsewhere

If you receive or have already received your influenza vaccine from your primary care provider or a retail pharmacy, please submit your vaccination documentation along with the attached cover sheet electronically to FluVaccine@gaylord.org

5. Important Dates

Date	Important Information
------	-----------------------

November 12, 2026	Last scheduled flu clinic
November 20, 2026	Last day to submit outside flu vaccination documentation
December 7, 2026	Final list of non-compliant staff submitted to Human Resources

Thank you for helping us protect our patients, coworkers, and community throughout the upcoming flu season. Your cooperation is greatly appreciated!

Sonnica Belcourt, BSN, RN, CIC
Certified Infection Preventionist



**NEED PHOTOCOPY
front & back**

Flu Vaccine Clinic Schedule

Schedule your flu vaccine appointment
in Gaylord University

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12  FIRST DAY 6am-11am Brooker	13	14  12pm-5pm Brooker	15	16  8am-12pm Brooker	17
18	19  1pm-5pm Brooker	20  6am-10am Brooker	21	22  12pm-4pm Brooker	23	24
25	26	27	28  6am-11am Brooker	29	30  12pm-4pm Brooker	31

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3  Guilford 12pm-1pm Madison 2pm-3pm	4  6am-11am Brooker	5  Cromwell 11am-12pm Cheshire 2:30pm-3pm	6  Fairfield 9am-10am North Haven 12pm-1pm	7
8	9  6am-11am Brooker	10	11  12pm-4pm Brooker	12  6am-11am Brooker LAST DAY OF CLINICS	13	14
15	16	17	18	19	20 LAST DAY TO SUBMIT ANY OUTSIDE DOCUMENTATION	21
22	23	24	25	26	27	28
29	30					

RESPIRATORY THERAPY EVERY *Breath* EVERY MOMENT

aarc.org

Celebrating Our
Respiratory Care
Team And Their
Exceptional Care



Respiratory Care Week | October 25-31, 2026



*Put it on
the Calendar!*

Tuesdays: "Take a Breath Tuesdays" - Ten Minute Meditative Moment, 12:10pm, Chapel on Jackson Ground

OCTOBER

Physical Therapy Month

10/11-10/17: Case Management Week
10/23: Self-Assessments Due
10/15-10/30: Employee Giving Campaign
Fr 10/16: Jeans for Charity
10/18-10/24: National Pharmacy Week
Tu 10/20: Pharmacy Tech Day
10/27-11/9: Benefits Open Enrollment
10/25-31: Respiratory Care Week
Th 10/29: Halloween Bake Sale: *Helping Hands*
Fr 10/30: Halloween Parade

We appreciate your
support in helping the
community.



FOOD DRIVE

to benefit Master's Manna shelter in Wallingford

**November
1-13**

**Non-perishable
food items**

Donation boxes are located in Brooker,
Jackson and Milne lobbies.



Questions:
Contact
cnigro@gaylord.org

Recruiting walkers!

WALK TO END[®] ALZHEIMER'S ALZHEIMER'S ASSOCIATION[®]

Sunday, October 25

**Sherwood Island State Park
Westport, CT**

Walk begins at 8:30am



**JOIN
Team Gaylord**



Scan to register

For questions, contact Gaylord Team Co-Captain, June Napolitano at jnapolitano@gaylord.org



Human
Resources

Calendar of Engagement Events OCTOBER



**EVERY
MON
OCT**
Farmer's Market
10am-2pm
Jackson Entrance

PAYMENT
ACCEPTED:
Cash, credit cards,
Venmo, SNAP and
EBT



**THUR
8
OCT**
**Transamerica: Investing
for Retirement**
Webinar



**EVERY
MON
OCT**
Onsite Zumba
4:10pm
Inpatient Gym



**TUE
20
OCT**
Open Enrollment Meeting
12:10pm
Brooker Lecture Hall
Lunch provided



**EVERY
WED
OCT**
Onsite Yoga
4:10pm
Brooker Lecture Hall



**TUE
20
OCT**
**Cigna Exclusive Conversation on
Perimenopause & Menopause**
12 pm, Webinar



**WED
7
OCT**
Onsite Massages
12pm-4pm
Library



**WED
21
OCT**
Open Enrollment Fair
12pm -3 pm
Brooker Lecture Hall



**THUR
8
OCT**
Onsite Massages
8am-1pm
Library



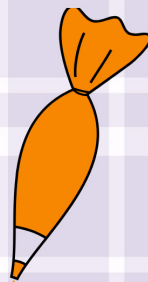
**TUE
27
OCT**
2027 Open Enrollment Begins
Make benefit changes on UKG
Oct 27-Nov 9

2 0 2 6

Your efforts make a difference for
a family in need this holiday season!

Sign Up: Cat x2876 or Stef x3482

Bakers Needed



Helping Hands Halloween Bake Sale

October 29th 11:30 AM - 1:30 PM

*Individually wrapped treats
are preferred*



OCTOBER IS

NATIONAL
**PHYSICAL
THERAPY**
MONTH
AMERICAN PHYSICAL THERAPY ASSOCIATION

*Holiday
Craft Fair*

To reserve a table contact Georgette MacQuarrie at
gmacquarrie@gaylord.org

December 10 • Jackson Lobby • 9 am - 5 pm



PATIENT FINANCIAL SERVICES WEEK



OCTOBER 19-25 | 2026

Please join us in celebrating our Patient Financial Services team during PFS Week! As the financial detectives of Gaylord, they work behind the scenes every day to solve complex challenges, support our patients and families, and help ensure the financial health of our organization.

Their dedication, expertise, and commitment make a difference every day.

Thank you, PFS Team, for all that you do!



Get what you need when it matters most

Pay over time—right from your paycheck

Purchasing Power is a reliable way to buy computers, appliances, electronics and more when paying with cash or credit is challenging. Get your product upfront and pay over 6 or 12 months directly from your paycheck. While not a discount program, you'll always know the total cost when you order—no surprises.



20% off* your first order.

Promo Code: **WELCOMEESH**

No credit check. Fixed payments. No hidden fees.



Televisions
as low as
\$12/paycheck**



Computers
as low as
\$22/paycheck**



Furniture
as low as
\$10/paycheck**



Refrigerators
as low as
\$39/paycheck**

How it works.

-  Sign up for free online.
-  Shop thousands of brand-name products.
-  Receive your order upfront.
-  Pay over time, directly from your paycheck.

Can I participate?

- You must be at least 18 years of age
- You must be a full time active employee of Gaylord Specialty Healthcare
- You must earn at least \$16,000 a year
- You must have a bank account or credit card (to be used in case of non-payment via payroll deduction)

**Scan Here to
Learn More:**



Get started at **Gaylord.PurchasingPower.com**
or call **1-888-923-6236** [Hablamos español!]

*Promo valid online only for 20% off through 12/31/2026 at 11:59pm PT. First time buyers only. Offer excludes Nintendo Switch 2 Consoles, Select New Product Releases, PS5 Consoles, Brand & Product Specials, Automotive, Travel, Doorbusters, Flash Sales, and Allstate Protection Plans. Promo code must be entered at time of checkout for discount to be applied. Only one promo code may be used per order. Promo code cannot be combined with other offers. Offered discount applies to cost of products only, not applicable to warranty upgrades. Spend total is based on cost of qualifying products only, and does not include shipping, taxes, installation or other fees. Products and pricing are available while supplies last and are subject to change without notice, so call or go online for the latest offering. Individual eligibility requirements and spending powers may apply. Offer is subject to change and/or end without notice. Go online to purchasingpower.com/exclusions for full details.

**Pricing is based upon 24 pay periods per year, which may vary by customer. Products and pricing are available while supplies last and are subject to change without notice, so go online for the latest offering. Individual eligibility requirements and spending limits may apply.

"A Better Way to Buy" is a trademark, and "Purchasing Power" is a registered trademark, of Purchasing Power, LLC. Other trademarks or registered trademarks used are the property of their respective owners. © 2026 Purchasing Power, LLC. All rights reserved.

Hands-On Orthotics: Master the Art of Splinting

A lab-intensive course for occupational therapists

Earn
8 CEU
Credits



Course Description

Hands-on Orthotics is a customized, lab-intensive course designed to strengthen orthotic fabrication skills for beginner to intermediate practitioners and hand therapists.

Through hands-on fabrication, participants will build practical skills they can take directly into clinical practice. Orthoses are customized according to the class, and each participant receives a digital course manual.

By the end of the course, participants will be able to:

- Fabricate several custom orthoses
- Identify indications and contraindications for the orthoses presented
- Apply orthotic concepts and techniques to practical clinical situations

Event Details



Gayle Severance, MS, OT/L, CHT



Gaylord Specialty Healthcare, North Haven
8 Devine St, North Haven, CT 06473



Saturday, November 21, 8am-5:30pm



\$325 | \$280 ASHT members

Register Today

Hosted by:
 **Gaylord**
Specialty Healthcare



 Scan Me

Advancing patient care through professional education.

Welcome

to the Gaylord Team!

Alison Adamo	PT-Fairfield	Lili Nagy-Leranth	PCT-Lyman 1
Chase Allen	Rehab Aide-NH	Michael Pearson	PCT-Lyman 1
Nancy Barrie	PCT-Lyman 2	Stephanie Pesapane	Clinical Dietitian
Leah Black	Rehab Aide-NH	Rebecca Peters	PT-Madison
Carmen Font	EVS Aide	Katie Pontacoloni	SLP-North Haven
Haley Forcier	OT-NH	Keyla Robinson	PCT-Milne 2
Alosany Janneh	Respiratory Therapist	Kristen Shuster	Inpatient Speech
Mya Jimenez	PCT-Milne 2	Tabitha Spokas	PCT-Milne 2
Tracy Langella	Assist. Nurse Manager- Rehab Units	Alan Yang	Business & Innovation Strategist
Mooreblessing Mwanza	LPN-Lyman 2		



MEASURING WHAT MATTERS:

CONNECTING OUTCOMES TO REAL-WORLD IMPACT

Ever wonder how we measure a milestone? At Gaylord, recovery is about more than just feeling better—it's about concrete, trackable progress. In this new monthly update from the Outcomes Committee, we are pulling back the curtain on the exact tools our therapists use to map out your recovery journey. Check back each week to see how we turn clinical data into real-world independence!

The Gaylord Occupational Therapy Cognitive Screen (GOT-Cog™)

Did you know?



Cognitive changes can have a significant impact on a patient's safety, independence, and ability to participate in everyday activities—even when these changes may not be immediately obvious.

The Gaylord Occupational Therapy Cognitive Screen (**GOT-Cog™**) is a standardized cognitive screening measure designed to evaluate cognitive skills through a functional, occupational therapy-focused lens. Unlike traditional cognitive screens that may focus primarily on memory or orientation alone, **GOT-Cog™** assesses how cognition impacts everyday function, including activities of daily living (ADLs), instrumental activities of daily living (IADLs), safety awareness, and the ability to participate meaningfully in rehabilitation. It looks at multiple cognitive skills that are essential for daily life, including **attention, memory, executive functioning, visuospatial skills, and problem-solving**. By using the GOT-Cog™ throughout a patient's rehabilitation stay, occupational therapists can objectively track cognitive changes, identify areas for intervention, and tailor treatment to the patient's individual needs. [Click here](#) to learn more about GOT-Cog™

Why it matters

Assessing functional cognition helps us better understand the whole patient and determine how cognitive abilities may impact **safety, participation in therapy, independence, and return to meaningful daily activities.**

Did you know Gaylord holds a weekly 'Photo of the Week' Contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to publicrelations@gaylord.org with your name, department, title and brief description of the photo.



REMINDER:

For all
emergencies dial
3399



Got a brilliant idea for a new product or process improvement?

We want to hear it!



Scan the QR code and share your genius with us!



innovator OF THE Month

Hannah Meister, Pharmacy

Congratulations to our Innovator of the Month for October: Hannah Meister, Pharmacy

Hannah proposed adding abbreviated job titles and certifications to Mobile Connex usernames, helping staff more easily identify colleagues and their roles throughout the hospital.

This simple change could strengthen communication between team members, support collaboration, and help contribute to a better patient experience.

Thank you, Hannah, for identifying an opportunity to improve hospital-wide communication and patient care!

September 15 - October 31

FLOWER FUNDRAISER FOR GAYLORD

Support local flowers & a beautiful campus!

**Beaumont
Farm**

20%

of your purchase donated to
Gaylord Specialty Healthcare

Visit

Beaumont Farm
945 East Center Street, Wallingford

9 AM - 7 PM | Monday - Saturday
9 AM - 6 PM | Sunday

When you purchase flowers at
Beaumont Farms, they will donate 20%
of your purchase to Gaylord Specialty
Healthcare to support the Campus
Beautification Fund.



How to Participate

• Shop all annuals, perennials, perennial mums and all fall decorations are included.

(Regular garden veggies not included.)

➔ • Tell them you are from Gaylord when you check out

PLEASE JOIN US FOR THE
THIRD ANNUAL

Lighting Hope AT GAYLORD

MONDAY, NOVEMBER 23, 2026
4:30 p.m. with lighting celebration at 4:45 p.m.

Gaylord Hospital
Jackson Main Entrance
50 Gaylord Farm Road
Wallingford, CT

Kindly RSVP by November 13 to Katelyn Muolo at
(203) 741-3454 or kmuolo@gaylord.org

Join us as we illuminate our outdoor courtyards and bring hope and joy to patients recovering at Gaylord Hospital. Thanks to a generous donation from our community partner, Amazon, we'll spread the light and the magic of the season, together.