

# Jadean Hoff to Lead New Fairfield Outpatient Clinic

Gaylord is proud to announce that Jadean Hoff, PT, DPT, has been promoted to Clinic Supervisor of our soon-to-open Fairfield outpatient clinic.



Since joining Gaylord, Jadean has demonstrated an unwavering commitment to patient-centered care and has quickly distinguished herself as both a clinical expert and a trusted colleague. As a Level 2 Vestibular and Concussion Specialist, she is known for her problem-solving skills and innovative ideas to enhance processes and elevate the patient experience.

Jadean has also made a lasting impact on staff and students through her active involvement in our mentorship program. Her willingness to share knowledge, support professional growth, and foster collaboration has made her a valued role model and a natural fit for this leadership position.

Her promotion comes at an especially exciting time, as Gaylord expands programs and offerings to reach more patients and families who benefit from our services. We are confident Jadean will guide our new Fairfield clinic with the same passion, integrity, and excellence she brings to work every day.

Congratulations, Jadean!

I nnovation  
T eamwork  
I nclusion  
S afety  
I ntegrity  
C ompassion  
A ccountability  
R espect  
E xcellence

## FYI DEADLINE

The deadline for the next FYI is  
**Friday, Sept 26, 2025**

Email:  
publicrelations@gaylord.org



## Storeroom Closed

**Thurs, Sept. 18 at 11am**

The Materials Management Department will be conducting its annual physical inventory **today**.

In order to expedite this process and ensure accurate tabulation, we will close the Storeroom beginning at 11:00 a.m. Only urgent patient related deliveries will be made today.

**TODAY!**

## CORKS & FORKS

FOOD • SIGNATURE DRINKS • LIVE MUSIC

**Thursday,  
September 18, 2025**

**5:30pm - 9:00pm**  
Brooker South Lawn

For more information visit [www.gaylord.org/corks](http://www.gaylord.org/corks)

## Moving Up The Ranks: Congratulating Our New Lead Respiratory Therapists

Gaylord is excited to share the promotion of three staff members to Lead Respiratory Therapists, effective August 31: **Rebecca (Becky) Nadeau, Nate Rodriguez, and Shari Williams.**

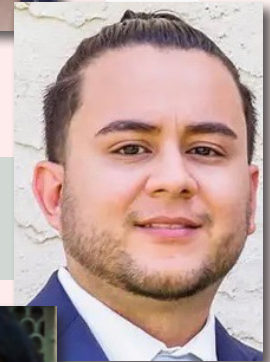
Each has already made a lasting impact as a trusted team member, and now they'll bring that same expertise and dedication to leadership. In their new roles, Becky, Nate, and Shari will support daily operations, mentor colleagues, advance clinical excellence, and help shape the future of respiratory care at Gaylord.

These promotions reflect our ongoing commitment to innovation, collaboration, and professional development. We are excited to see how these leaders will work with the Gaylord healthcare team to optimize patient outcomes and further integrate respiratory care throughout the continuum of care.

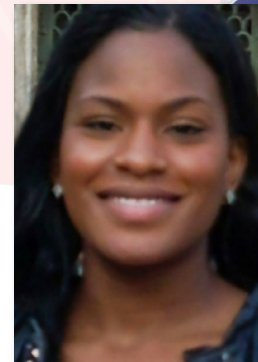
Please join us in congratulating Becky, Nate, and Shari on their critical leadership roles. We look forward to their positive impact on our teams and the patients we serve.



**Becky Nadeau**  
*Read 250 books last year*



**Nate Rodriguez**  
*Loves hiking, camping  
and hockey*



**Shari Williams**  
*Loves cooking*



Check out *tons* more photos on the Sports Association's [facebook](#) page and at:

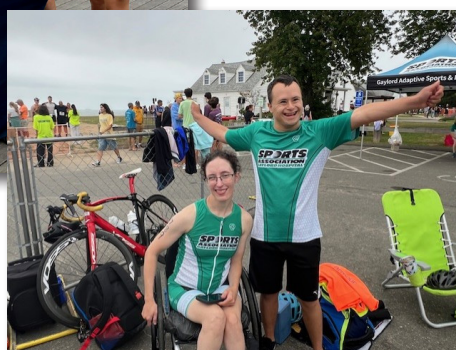
<https://www.trisignup.com/Race/Photos/Location/SwimAlbum1/CT/Madison/DaveParcellsMadisonTriathlon>

## Madison Triathlon

Another incredible year bringing the heat to the shore! On Saturday, September 6, Gaylord once again supported - and competed in- the annual Dave Parcells Triathlon in Madison.

*Huge* congratulations to all of our Paratriathlon athletes representing our Sports Association! They showed skill, grit, determination, and true 'Think Possible' spirit out there. True to form, they didn't just race... they raised the bar.

Thank you to everyone who came out to cheer, volunteer, and represent Gaylord at this fantastic community event!



## New Menu, Who Dis?

**The Menu Makeover Is Here.** Following up on our article last month, beginning on Tuesday, September 23, our patients will be treated to all-new menus as part of our ongoing mission to make hospital dining a little less “hospital” and a lot more “restaurant.”

Many staff got a sneak peek during the recent **Patient Menu Expo**, and we're thrilled to now roll out the full menu hospital-wide. These menus take a restaurant-style approach, offering gourmet-inspired dishes like:

- **Southwestern Carnitas Bowl** with shredded pork and cilantro lime rice
- **Cajun Chicken Pasta** with vegetables in a creamy white sauce
- ...and many more delicious selections to come!

While we expect a few hiccups as we roll things out (menus, not indigestion), we're confident patients will love the upgrade. Thank you in advance for your patience and support as we get everything just right and bring this exciting improvement to life!

### Need to get ahold of someone in the kitchen?

- Hooker 1 & Lyman 2: x6318
- Lyman 1: x6320
- Milne 1 & 2: x6321
- Hooker 2: x6319



*Food service supervisor should only be called in case of an emergency. x6322*

# Congrats



## Tim Guodace

After 10 years as Catering Coordinator, Tim is stepping into his well-deserved new role as Sous Chef.

The Food & Nutrition Team is proud to see such a dedicated, long-time team member step into a leadership role. Way to go Timmy!

### Help us find our next RD—spread the word!



We're looking for a **Registered Dietitian** to join our Food & Nutrition Services Team.

If you know someone who's got the right mix of passion and expertise, send them our way!

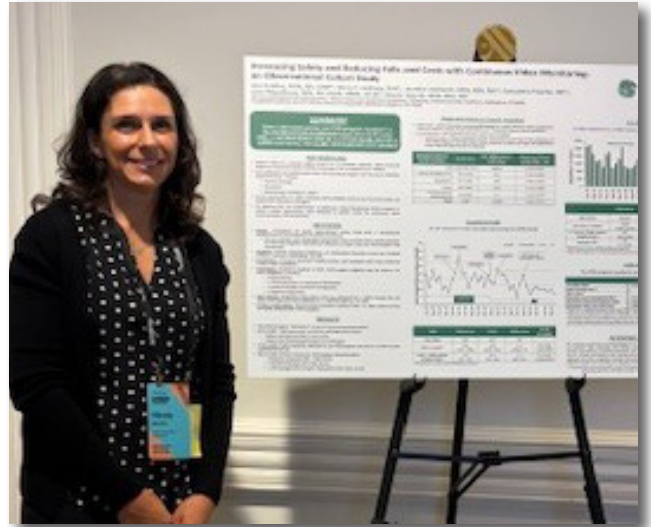
## Spotlight on Gaylord Research

Gaylord is on the national stage! **Nicole Morrill, MSN, RN, Nurse Manager of Lyman 1**, is in Charlotte, North Carolina, this week, presenting at the **2025 AvaSure Symposium**.

AvaSure, a healthcare technology company best known for its TeleSitter® platform, invited us to highlight our own exceptional outcomes from our Telesitting Research study. This study's impacts include a 25% reduction in falls, an estimated \$3.2m in healthcare savings, and an overall improvement in patient safety!

As Henry Hrdlicka, PhD, Director of Research at the Milne Institute, noted: *"Often the demand for 1:1 sitters outpaces staff availability... an alternative needed to be found."*

Stay tuned for next month's FYI for a full write-up of this vital research.



## Gaylord Represents at Quinnipiac University Networking Event

Last Saturday, our Physical Therapy team represented Gaylord at a networking event hosted by Quinnipiac University. The event offered a valuable opportunity to showcase our collaboration and connect with future potential staff members.

As a panel speaker, Pete Grevelding, COO, shared Gaylord's perspective on topics ranging from interprofessional communication to productivity expectations for new graduates. **Corey Podbielski, PT, DPT, OCS, and Supervisor of our Madison and Cromwell clinics** and **Nicole Frey, PT, DPT, NCS** did an outstanding job representing inpatient and outpatient PT, sharing their expertise and passion for the field.

Opportunities like this underscore the importance of recruitment and our ongoing commitment to strengthening the PT profession.

## Cheshire Fall Festival

This past weekend, Gaylord was proud to be part of the annual Cheshire Fall Festival! Our team hosted a booth to share information, connect with the community, and join in the fun.

A huge thank you to everyone who stopped by to say hello, including Mike Weed (*pictured right*), a former inpatient who is now heavily involved in our Sports Association. And a big thank you to Kara Dorsey for lending us her handmade plinko board—a festival hit with kids and kids-at-heart alike, who lined up all day to play!

As always, we loved seeing familiar faces and meeting new ones. Community events like this are a great way to spread the word about our mission and our programs.



# Updated Return-to-Work Guidance for Respiratory Illness

Effective August 28, 2025, Gaylord Hospital adopted the Department of Public Health's (DPH) updated interim guidance for healthcare personnel with suspected or confirmed COVID-19, seasonal influenza, or other acute respiratory viral infections.

## Return-to-Work Criteria

Staff must remain out of work until **all** of the following are met:

- At least 3 days have passed since symptom onset (or since the first positive test if asymptomatic)
- Fever-free for 24 hours without fever-reducing medications
- Symptoms are improving
- The individual feels well enough to return to work

## Upon Returning to Work

- Mask/source control is required through Day 7
- Day 0 = symptom onset or first positive test
- Day 4 = earliest return-to-work date

This guidance applies **whether or not viral testing was performed.**

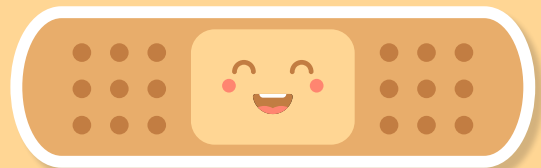
For full details, see the [DPH letter here](#).

Questions? Contact Sonnia Belcourt at ext. 2795.



Did your co-worker  
go above and  
beyond?

Scan the QR code and fill out the form  
to recognize them.



I CAN'T WAIT  
TO BE ON  
YOUR ARM!

OCTOBER  
FLU VACCINES BEGIN



# Summer BBQ

pg 6





The **Gaylord Graduate Program** welcomes former patients to revisit and reconnect with their dedicated care team.

If you know a Graduate who would like to return for a visit, please contact Priti Kapoor at [pkapoor@gaylord.org](mailto:pkapoor@gaylord.org) or call ext 3567.



Our North Haven clinic is piloting **SELF-CHECK-IN KIOSKS**, which will soon be available for our patients.

Stay tuned for more info!



*Special thanks* to our **Interdisciplinary Clinical Educators**

*Shout out* to all of our clinical instructors! Thank you for making an impact on future clinicians.



**Kristen Berg, RN, BSN**  
CNA Program Coordinator



**Brittany Brown, RRT**  
Clinical Educator



**Beth Benigni, RN, BSN**  
Clinical Educator



**Emily Clifford, RN, BSN**  
Clinical Educator



**Raquel Conklin, RN, BSN**  
Nursing Professional Development Specialist



**Caitlin Cote, MSN, RN, PCCN, NPd-BC**  
Director of the Center for Education



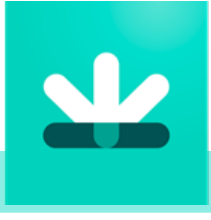
**Rosie Delgado, RN, MSN**  
Nursing Professional Development Specialist



**Heidi Fagan, OTR/L, CLT, CBIS, CSRS**  
Clinical Educator

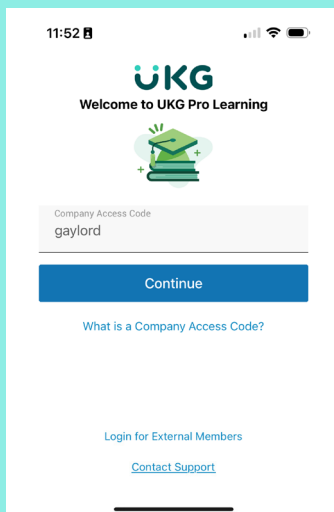


**Beverly Teixeira, PCT**  
PCT Trainer



Download the UKG Pro Learning App to access Gaylord University from anywhere, anytime.

Use Access Code “gaylord”



**CENTER**  
for EDUCATION

## Have You Explored the New Courses in Gaylord University Yet?

Gaylord University has grown—big time. **With over 3,000 new training courses now available in UKG**, there’s something for everyone, from sharpening clinical skills to exploring non-clinical interests.

**Looking for CE credits?** Many courses qualify, making it easier than ever to maintain licensure while building your expertise.

### How to Get Started:

1. Sign into UKG.
2. Open Gaylord University.
3. Select Courses and search by your topic of interest.
4. Check the course description to see if CE credits are included.



*Tip: Download the UKG Pro Learning App with access code “gaylord” to access courses anytime, anywhere.*

Log in to UKG > Gaylord University > Courses to explore.

Take advantage of this valuable resource for Gaylord staff—don’t miss out on the chance to grow your skills and advance your career!

### SAVE THE DATE: UPCOMING EDUCATION

- **Grand Rounds (CMEs Offered!)** Register in Gaylord University via the Course Calendar
  - 10/15, 12–1 PM: *Scott Capozza, Oncology Rehab*
  - November (Date TBD): *Dr. Randy Schulman, Neuro Optometry*
- **Medically Complex Specialist Series** – *Coming Soon*
- **Spinal Cord Injury Seminar (PTs & OTs)** – *October 11 & 12*
- **Mulligan Movement** – *March 7 & 8, 2026*

# Welcome to the Gaylord Team!

<b>Melvin Ayala</b>	EVS-Porter
<b>Kayla Baker</b>	PCT- L2
<b>Christina Boyle</b>	PCT-M1
<b>Jacqueline Coley</b>	PT- Outpatient Neuro
<b>Shelly Decolline</b>	PCT-H1
<b>Lawrence Deloatch</b>	Food Services Assistant
<b>Ali Jacobi</b>	Respiratory Care Practitioner
<b>Haley Jaquith</b>	LPN-M2
<b>Brittney Juarez-Torres</b>	Rehab Therapy Aide- NH
<b>Emily Kusinski</b>	Physical Therapist- Inpatient
<b>Jessica LeBlanc</b>	RN- L1
<b>Brianna Longobardi</b>	Occupational Therapist- OP
<b>Nicole Lundstrom</b>	Occupational Therapist- IP
<b>Brooke Marconi</b>	PT- Inpatient
<b>Isabella Matarazzo</b>	Graduate Nurse- L1
<b>Autumn Murray</b>	Mobility Tech-Float
<b>Meghan O'Brien</b>	OT-IP Wallingford
<b>Nicole Patterson</b>	LPN- Float Pool
<b>Samantha Perry</b>	EVS Aide
<b>Naybelis Rivera</b>	Food Production Asst
<b>Ottar Ruglass</b>	PCT-L2
<b>Kelly Seifert</b>	PCT- H2
<b>Kimberly Sivels</b>	PCT-Float
<b>Lydia Sobkiewicz</b>	RTA- NH
<b>Natalie Veneri</b>	Physical Therapy Assistant
<b>Charles Wallhofer</b>	Cybersecurity Engineer



Georgette MacQuarrie of Public Relations and Development is thrilled to welcome her grandson, Carter, born on September 16.

Carter weighed 9 lbs. 8 oz. and measured 22" long. He is the son of Sydney Cline, Georgette's daughter, and a former Gaylord employee who is well-known to many of us.



## Rings, Rice & Rattles

Have exciting news to share? We love highlighting the milestones that make our Gaylord family shine.

- **Engaged?** Send us: your name, department, fiancé's name (optional), and your wedding date if it's set.
- **Just Married?** Send us: your name, department, wedding date, spouse's name, location (optional), and any last name change.
- **New Baby or Adoption?** Send us: your name, department, child's name, date of birth, and length & weight (optional).

Email your info to [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org).

By submitting, you are giving us the green light to share your story internally in FYI.

# 2025 Benefit Open Enrollment To Begin On October 23



It's that time of year again!

Open Enrollment for 2025 Gaylord benefits will occur from:

**Thursday, October 23 - Thursday, November 6.**

During this period, employees will be able to change or cancel coverage and add or remove dependents. This applies to medical, health savings accounts, dental, flexible spending accounts, and any voluntary benefits.

If you won't be making changes to your coverage this year, then there's nothing that you need to do.

Keep an eye out for updates from HR with more information.

For questions or details, contact Christina Drogkaris in Human Resources at extension 2832.



Gaylord and the  
COMMUNITY

- ■ **Sept 20** - North Haven Festival and Business Expo
- ■ **Oct 3** - Health & Wellness Fair, Elim Park
- **Oct 4 & 5** - BIAC Walk for Thought
- **Oct 5** - Fishbein/Wallingford YMCA Race
- ■ **Oct 5** - Apple Harvest Road Race, Southington
- **Oct 26** - Walk to End Alzheimer's
- ■ **Nov 8** - Cheshire Hot Cocoa 5k, Walk & Kids Fun Run
- **Nov 27** - Madison Turkey Trot

● Community Events ■ Sponsorships



## Need to communicate to all staff in a snap?

If you would like a SnapComms screen saver created, please email [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org) with your information.



September 22 is  
National Fall Prevention  
Awareness Day

Do your patients know their  
fall risk assessment score?

Cuddle a goat for stress relief

## Goat Cuddling for Staff



Brooker South Lawn  
**Thursday, September 25**  
3pm - 5pm

Please bring a towel to sit on



Free women's health webinar for  
Menopause Awareness Month

## Perimenopause and Menopause: Understand the changes & feel your best

October 1, 2025  
4:00 PM EST | 60 minutes



**Bethany Cook**  
**RN, MS, WHNP-BC,**  
**CNM, RNFA**  
Women's health provider

Through our partnership with Visana, we're happy to share that registration is now open for the October webinar: [Perimenopause and Menopause: Understand the changes and feel your best!](#)

**Open to all**, this webinar will focus on recognizing and managing symptoms, evidence-based treatment options, the long-term impact on your health, and why breaking the silence is the first step to regaining power.

# FALLS PREVENTION JEOPARDY!



**MONDAY, SEPT 22**  
**CAFETERIA**  
**11AM - 1PM**

Test your falls  
prevention  
knowledge

Come take your chances at a game of Falls Jeopardy!

Monday, Sept 22  
11am – 1pm  
In the Cafeteria

Complete a few word games to be eligible for raffle prize, all shifts are encouraged to participate.

Watch out for the email on Monday, September 22<sup>nd</sup> for your chance to win!



## BACK TO SCHOOL Supply Drive

Support the Hamden School Supply Closet (Pre-K - College)

### Items Needed:

- Backpacks
- Notebooks
- Pocket Rolders
- 3 Ring Binders
- Crayons
- Highlighters
- Magic Markers
- Crayons
- Pens
- Pencils
- Erasers
- Pencil Sharpeners
- Scissors
- Rulers
- Tape
- Glue

**Sept 8-26**

### Donation Bins Located in:

Jackson Lobby  
Milne Lobby  
Cafeteria  
Brooker Lobby  
Outpatient



## Weekly Yoga Moved to Wednesdays

Same time, same place

ATTENTION STAFF



### Yoga Class Series

**Wednesdays**  
Sept 17, 24, Oct 1, 8  
4:10 p.m.  
Inpatient Gym

RSVP: Reach out to Paul Pacileo at [ppacileo@gaylord.org](mailto:ppacileo@gaylord.org) to register for the 4 week session




If you are not already registered to receive emergency alerts, text **Gaylord to 67283** from your smartphone.



**We're Great Place to Work-Certified™!**

# 94%

of our employees said that when you join the company, you are made to feel welcome

Source: 2025 Great Place To Work Trust Indebell Survey

**5 years in a row!**

**Great Place To Work®**




*Put it on the Calendar!*

More details can be found on our internal Sharepoint Snapcomm page.

Tuesdays: "Take a Breath Tuesdays" - Ten Minute Meditative Moment, 12:10pm, Chapel on Jackson Ground

Wednesdays: Weekly Yoga, 4:10pm, Inpatient Gym

Thursdays: Weekly Walking Group, 12:15- 12:45pm, meet in Jackson Lobby

### SEPT

**SCI Awareness Month**  
**Sepsis Awareness Month**  
**Hispanic Heritage Month (9/15-10/15)**

9/8-9/26: Back to School Supply Drive

Th 9/18: Corks and Forks Event

F 9/19: Jeans for Charity

S 9/20: Gaylord's Anniversary (of First Patients Admitted in 1902)

M 9/22: Falls Prevention Jeopardy in the Cafeteria

T 9/23: New Patient Menu Launches

Th 9/25: Goat Cuddling on the South Lawn

W 10/01: New Fiscal Year Begins- FY2026  
Perimenopause and Menopause Webinar, 4pm

F 10/03: Jeans for Charity

W 10/15: Grand Rounds

F 10/17: Jeans for Charity

**Reminder:** For all emergencies dial **3399**

**Friday, Sept 19**

## Jeans for Charity

The featured organization is:

### Michael J. Foundation

is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today.

"When the cure for Parkinson's is found — and it will be — it will be because of all of us." -Michael J. Fox, Founder.

[Click here to learn more](https://www.michaeljfox.org/) or visit:

<https://www.michaeljfox.org/>

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.